Outpatient rehabilitation — A Blue Care Network benefit

Outpatient rehabilitation
Blue Care Network members can get outpatient rehabilitation to help recover from surgery, disease or injury.

Treatment may include one or more of the following:
- Physical therapy
- Occupational therapy
- Speech therapy
- Physical medicine services provided by chiropractors and athletic trainers
- Cardiac and pulmonary rehabilitation

Getting specialized care
Outpatient rehabilitation is provided by specialists. You’ll need a referral from your primary care provider to get treatment from a provider in BCN’s network. Also, we must authorize the services.

Changing your primary care provider while a specialist is treating you may change your treatment authorization. Your treatment may not be covered until your new doctor authorizes it.

Check out BCN specialists by logging in to your member account at bcbsm.com. Select Doctors & Hospitals in the navigation menu and then select Find a Doctor from the drop-down menu. Enter your request in the search box.

Exclusions
Outpatient rehabilitation coverage doesn’t include the following services:
- Vocational rehabilitation
- Treatment during school vacations for children who would otherwise be able to receive therapy through their school or a public agency
- Treatment for developmental impairment
- Speech therapy for the following:
  - Chronic conditions or congenital speech abnormalities
  - Learning disabilities
  - Deviant swallow or tongue thrust
  - Mild and moderate developmental speech or language disorders
  - Voice therapy in absence of vocal cord nodules or polyps
- Swallowing and feeding therapy for food aversions
About your coverage

- Outpatient rehabilitation coverage may vary by group and diagnosis.
- A copayment may be required for each covered visit.
- There may be treatment limits.

You can check your benefits by logging in as a member at bcbsm.com. Select My Coverage from the navigation menu; then, select Medical from the drop-down menu and then Plan Documents.

Questions?

If you have questions, call the Customer Service number on the back of your BCN member ID card between 8 a.m. and 5:30 p.m. Monday through Friday.