Osteoporosis management in women with a fracture (OMW)
Effectiveness of Care HEDIS® Measure

Measure definition
Female patients ages 67–85 who suffered a fracture and had either a bone mineral density test or received a prescription to treat osteoporosis within six months of the fracture.

Exclusions
Patients are excluded if they:
- Had a bone mineral density test 24 months prior to the fracture.
- Received osteoporosis therapy 12 months prior to the fracture.
- Fractured their finger, toe, face or skull.
- Received hospice care during the measurement year.
- Are age 81 or older with frailty.
- Are ages 67–80 with advanced illness and frailty (for additional definition information, see the Advanced Illness and Frailty Guide).

Patient medical records should include either
- A BMD test within six months/180 days of the fracture.
- A prescription to treat osteoporosis that’s filled within six months/180 days of the fracture.

<table>
<thead>
<tr>
<th>Category</th>
<th>Prescription</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bisphosphonates</td>
<td>• Alendronate</td>
</tr>
<tr>
<td></td>
<td>• Alendronate-cholecalciferol</td>
</tr>
<tr>
<td></td>
<td>• Ibandronate</td>
</tr>
<tr>
<td>Others</td>
<td>• Abaloparatide</td>
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<tr>
<td></td>
<td>• Denosumab</td>
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<tr>
<td></td>
<td>• Raloxifene</td>
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<td></td>
<td>• Teriparatide</td>
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<tr>
<td></td>
<td>• Risedronate</td>
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<tr>
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<td>• Zoledronic acid</td>
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</tbody>
</table>

Tips for success
- The U.S. Preventive Services Task Force\(^1\) recommends BMD screening for:
  - Female patients starting at age 65 to reduce the risk of fractures.
  - Postmenopausal women younger than age 65 if they are at high risk.
- Provide patients with a BMD prescription and where to call for an appointment. Encourage them to obtain the screening and follow up with the patient to ensure the test was completed.
- Prescribe pharmacological treatment when appropriate.
Tips for talking with patients

- Discuss osteoporosis prevention, including calcium and vitamin D supplements, weight-bearing exercises and modifiable risk factors.

- Ask patients if they have had any recent falls or fractures, since treatment may have been received elsewhere.

- Discuss fall prevention, such as:
  - The need for assistive devices, such as a cane or walker.
  - Removing trip hazards, using night lights and installing grab bars.