

# State Health Plan MA Behavioral Health Substance Abuse — Intensive Outpatient Programs



**Blue Cross  
Blue Shield**  
of Michigan

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## Applies to:

Medicare Plus Blue PPO<sup>SM</sup>  Medicare Plus Blue Group PPO<sup>SM</sup>  Both

## Behavioral Health Substance Abuse — Intensive Outpatient Programs

An intensive outpatient program, or IOP, is treatment that lasts a minimum of three hours a day for a minimum of three days per week in a structured program. The program consists of regularly scheduled sessions of structured addiction treatment and mental health counseling. Addiction and co-occurring mental health problems require varying levels of care to correspond to a gradual ability to navigate life without the desire for drugs and alcohol abuse. The intensive outpatient program for substance abuse is a middle ground between residential treatment and aftercare.

Intensive outpatient programs are a step-down level of care for individuals who have completed detox and residential treatment, so they can continue to receive the support of treatment programming without the need for 24-hour supervision.

## Original Medicare

Medicare will pay for treatment of alcoholism and substance use disorders in both inpatient and outpatient settings. Medicare Part A pays for inpatient substance abuse treatment; individuals will pay the same copayments as for any other type of inpatient hospitalization. Likewise, Medicare Part B will pay for outpatient substance abuse treatment services from a clinic or hospital outpatient department.

## Medicare Plus Blue<sup>SM</sup> Group PPO enhanced benefit for State Health Plan MA

Medicare Plus Blue is a Medicare Advantage plan that provides at least the same level of benefit coverage as Original Medicare (Part A and Part B) and may provide enhanced benefits beyond the scope of Original Medicare within a single health care plan. This flexibility allows Blue Cross to offer enriched plans by using Original Medicare as the base program and adding desired benefit options.

Coverage for Behavioral Health Substance Abuse — Intensive Outpatient Programs is provided to members under the State of Michigan Medicare Plus Blue Group PPO plan. Because Original Medicare doesn't cover alcohol or drug treatment services in an intensive outpatient treatment program, the scope of benefit, reimbursement methodology, maximum payment amounts and the member's cost sharing are determined by the group.

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[bcbsm.com/provider/ma](https://bcbsm.com/provider/ma)

## Conditions for payment

The table below specifies payment conditions for behavioral health substance abuse — intensive outpatient programs.

Conditions for payment	
Eligible provider	No restrictions
Payable location	No restrictions
Frequency	No frequency. Prior authorization is required.
CPT/HCPCS codes	Revenue Code 0905: Intensive Outpatient Services — Psychiatric Revenue Code 0906: Intensive Outpatient Services — Chemical Dependency
Diagnosis restrictions	None
Age restrictions	None

## Member cost sharing

No member cost sharing.

### Revision history

Policy number: MAPPO

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Reviewed: 11/20/2020

Revised: