



## MYTH

I'll get the flu from  
the flu shot.



## FACT

You can't —  
the flu shot does  
not contain any strains  
of an active flu virus.

Source: Centers for Disease Control and Prevention

Find out the facts at [bcbsm.com/preventflu](https://bcbsm.com/preventflu)  
**Stay healthy — get your flu shot.**

Register your online member account at [bcbsm.com/register](https://bcbsm.com/register)  
and begin maximizing the benefits of your health plan.

