



“Alexa, open MIBBlue.”

MIBBlue (“My Blue”) Skill for Amazon Alexa

Access health and wellness
resources on any Amazon
Alexa-enabled device.

Just say, “Alexa, open MIBBlue.”



“Alexa, ask MIBBlue
to Play Like a Lion.”

Work out with Detroit Lions quarterback Matthew Stafford.

“Alexa, ask MIBBlue for
a meditation session.”

Relax and reset your mind to sounds
from Michigan’s wilderness.

“Alexa, ask MIBBlue for
a kids’ activity.”

Get health-related jokes, trivia questions
and fun activities to get kids moving.

“Alexa, ask MIBBlue for
a workout.”

Got 5 minutes? Get a total body workout.

“Alexa, ask MIBBlue
what is an HMO?”

Need health insurance terms
defined? Just ask.

“Alexa, ask MIBBlue for a
healthy recipe.”

Healthy dinner, snack and salad
recipes await.