



Experience a Patient-Centered Medical Home doctor

Your health is your life.

There's no better way to protect it than with a Blue Cross Blue Shield of Michigan PCMH doctor.

Why choose a PCMH doctor?

When you choose a PCMH doctor as your primary care physician, you choose a higher standard of care. That's because PCMH-designated doctors focus on preventing problems from happening in the first place by improving your overall health and helping you reach your health goals.

The PCMH difference

When you see a PCMH doctor, you experience a number of benefits you may not otherwise enjoy, including:

- 24-hour access to your PCMH team
- A central location for your medical history, housed by your primary care physician
- Strategies for managing your individual health
- Coordination of specialist care
- Personalized tracking of your test results and prescriptions

PCMH doctors have lower rates of patients being hospitalized and going to the emergency room. Blue Cross' PCMH program is the largest of its kind in the nation, with more than 4,630 doctors in 1,700 practices throughout Michigan.

Find a PCMH-designated doctor today

A list of PCMH-designated doctors in Michigan is available at bcbsm.com by clicking on *Find a Doctor* on the home page.



**Blue Cross
Blue Shield**
of Michigan



**BlueCross
BlueShield**
of Michigan

BlueDistinction®
Total Care