



## Patient-Centered Medical Home program Employer benefits

### Improving health care quality while driving down costs

As an employer, you want the most value for your health care dollars. Blue Cross Blue Shield of Michigan's PCMH program delivers just that through a focus on prevention.

### How does the PCMH program work?

It's simple and effective. Primary care doctors lead a team of health care professionals all committed to improving your employees' overall health and helping them reach their health goals.

The PCMH experience includes a number of benefits your employees may not otherwise enjoy, including:

- Increased access to their care team
- Strategies for managing individual health
- Expanded after-hours care options
- Coordination of specialist care
- Personalized tracking of test results and prescriptions

Blue Cross' PCMH program is the largest of its kind in the nation, with 4,630 doctors in 1,700 practices throughout Michigan. With a program this size, chances are good your employees will find a PCMH doctor near their work or home.

### Delivering results

As a result of these efforts, PCMH-designated physicians are achieving valuable outcomes that reduce health care costs, including:

- 27 percent lower rate of hospital stays for chronic conditions
- 16 percent lower rate of emergency room visits
- 8 percent lower rate of CT scan and MRI use

Additional details about the Blue Cross' PCMH program can be found at [valuepartnerships.com](http://valuepartnerships.com). A list of PCMH-designated doctors in Michigan is available at [bcbsm.com](http://bcbsm.com) by clicking on *Find a Doctor* on the home page.



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