



Nonprofit corporations and independent licensees  
of the Blue Cross and Blue Shield Association

## Your Expanded HDHP Preventative Drug List

Your Blue Cross Blue Shield of Michigan and Blue Care Network benefits include coverage for preventive prescription drugs for a healthier lifestyle. This includes drugs that help you lose weight, lower your cholesterol and blood pressure, and drugs that treat other common conditions. You don't have to meet a deductible before these drugs are covered and you pay your coinsurance or copayment amount.

The high-deductible health plan preventive drug categories include:

- [Alcohol dependence](#)
- [Antidepressants - only includes Selective Serotonin Reuptake Inhibitors](#)
- [Cholesterol-lowering agents](#)
- [Diabetic medications](#)
- [Fluoride preparations](#)
- [Hypertension - high blood pressure-lowering agents](#)
- [Inhaled steroids](#)
- [Osteoporosis / Osteopenia](#)
- [Prenatal vitamins](#)
- [Weight loss](#)

For a list of preventive drugs, see the following pages. Depending on your plan, some drugs on this list may not be covered and you'll have to pay the full price of the drug. Your plan's approved drug list and coverage rules determine what's covered.

For more information, please call the Customer Service number on the back of your Blue Cross or BCN member ID card.

# Expanded HDHP Preventative Drug List

## Alcohol dependence

Acamprosate  
Antabuse  
Disulfiram

## Antidepressants

Celexa  
Citalopram Hbr  
Escitalopram Oxalate  
Fluoxetine Dr  
Fluoxetine Hcl  
Lexapro  
Olanzapine-Fluoxetine Hcl  
Paroxetine Er  
Paroxetine Hcl  
Paxil  
Paxil Cr  
Pexeva  
Prozac  
Sarafem  
Sertraline Hcl  
Symbyax  
Zoloft

## Cholesterol lowering

Advicor  
Altoprev  
Amlodipine-Atorvastatin  
Antara  
Atorvastatin Calcium  
Caduet  
Cholestyramine C  
holestyramine Light  
Colesevelam Hcl  
Colestid  
Colestipol Hcl  
Crestor  
Ezetimibe  
Ezetimibe-Simvastatin  
Fenofibrate  
Fenofibric Acid  
Fenoglide  
Fibracor  
Flolipid

Fluvastatin Er  
Fluvastatin Sodium  
Gemfibrozil  
Lescol  
Lescol Xl  
Lipitor  
Lipofen  
Livalo  
Lofibra  
Lopid  
Lovastatin  
Lovaza  
Niacin Er  
Niacor  
Niaspan  
Omega-3 Ethyl Esters  
Pravachol  
Pravastatin Sodium  
Prevalite  
Questran  
Questran Light  
Rosuvastatin  
Calcium Simvastatin  
Tricor  
Triglide  
Trilipix  
Vascepa  
Welchol  
Zetia  
Zocor

## Diabetic medications

Acarbose  
Actoplus Met  
Actoplus Met Xr  
Actos  
Adlyxin  
Afrezza  
Amaryl  
Avandamet  
Avandia  
Basaglar Kwikpen U-100  
Bydureon  
Byetta  
Chlorpropamide

Cycloset  
Diabeta  
Duetact  
Farxiga  
Fiasp  
Fiasp  
Flextouch  
Fortamet  
Glimepiride  
Glipizide  
Glipizide Er  
Glipizide Xl  
Glipizide-Metformin  
Glucagon Emergency Kit  
Glucophage Glucophage Xr  
Glucotrol  
Glucotrol Xl  
Glucovance  
Glyburide  
Glyburide Micronized  
Glyburide-Metformin Hcl  
Glynase  
Glyset  
Glyxambi  
Humalog Junior Kwikpen  
Humulin R U-500  
Invokamet  
Invokamet Xr  
Invokana  
Janumet  
Janumet Xr  
Januvia  
Jardiance  
Jentadueto  
Jentadueto Xr  
Lantus  
Lantus Solostar  
Levemir  
Levemir Flextouch  
Metformin Hcl  
Metformin Hcl Er  
Miglitol  
Nateglinide  
Novolin 70-30  
Novolin N

Novolin R  
Novolog  
Novolog Flexpen  
Novolog Mix 70-30  
Novolog Mix 70-30 Flexpen  
Ozempic  
Pioglitazone Hcl  
Pioglitazone-Glimepiride  
Pioglitazone-Metformin  
Prandimet  
Prandin  
Precose  
Qtern  
Repaglinide  
Repaglinide-Metformin Hcl  
Riomet  
Segluromet  
Soliqua 100-33  
Starlix  
Steglatro  
Symlinpen  
Synjardy  
Synjardy Xr  
Tolazamide  
Tolbutamide  
Toujeo Max Solostar  
Toujeo Solostar  
Tradjenta  
Tresiba  
Trulicity  
Victoza 2-Pak  
Victoza 3-Pak  
Xigduo Xr  
Xultophy 100-3.6

### Fluoride preparations

Clinpro 5000  
Denta 5000 Plus  
Dentagel  
Fluoridex  
Fluoridex Daily Defense  
Fluoridex Sensitivity Relief  
Prevident  
Prevident 5000  
Prevident 5000 Enamel  
Prevident 5000 Plus  
Prevident 5000 Sensitive  
SF  
SF 5000 Plus  
Sodium Fluoride  
Stannous Fluoride

### Hypertension

Accupril  
Accuretic  
Acebutolol HCL  
Aceon  
Adalat CC  
Afeditab CR  
Aldactazide  
Aldactone  
Altace  
Amiloride HCL  
Amiloride-HCTZ  
Amlodipine Besylate  
Amlodipine Besylate-  
Benazepril  
Amlodipine-Olmesartan  
Amlodipine-Valsartan  
Amlodipine-Valsartan-Hctz  
Atacand  
Atacand Hct  
Atenolol  
Atenolol-Chlorthalidone  
Avalide  
Avapro  
Azor  
Benazepril Hcl  
Benazepril-HCTZ  
Benicar  
Benicar Hct  
Betapace  
Betapace Af  
Betaxolol Hcl  
Bisoprolol Fumarate  
Bisoprolol-HCTZ  
Bumetanide  
Bystolic  
Byvalson  
Calan  
Calan SR  
Candesartan Cilexetil  
Candesartan-HCTZ  
Captopril  
Captopril-HCTZ  
Cardizem  
Cardizem CD  
Cardizem LA  
Cardura  
Cardura XL  
Carospir  
Cartia XT  
Carvedilol  
Carvedilol ER

Catapres  
Catapres-TTS  
Chlorothiazide  
Chlorthalidone  
Clonidine  
Clonidine Hcl  
Clorpres  
Coreg  
Coreg Cr  
Corgard  
Corzide  
Cozaar  
Demadex  
Demser  
Dibenzyline  
Diltiazem 12Hr ER  
Diltiazem 24Hr CD  
Diltiazem 24Hr ER  
Diltiazem Hcl  
Dilt-Xr  
Diovan  
Diovan Hct  
Diuril  
Doxazosin Mesylate  
Dutoprol  
Dyazide  
Dyrenium  
Edarbi  
Edarbyclor  
Edecrin  
Edecrin  
Enalapril Maleate  
Enalapril-HCTZ  
Epaned  
Eplerenone  
Eprosartan Mesylate  
Ethacrynic Acid Exforge  
Exforge Hct  
Felodipine Er  
Fosinopril Sodium  
Fosinopril-HCTZ  
Furosemide  
Guanfacine Hcl  
Hemangeol  
Hydralazine Hcl  
Hydrochlorothiazide  
Hyzaar  
Indapamide  
Inderal La  
Inderal XI  
Innopran XI  
Inspra

Irbesartan  
Irbesartan-HCTZ  
Isradipine  
Labetalol Hcl  
Lasix  
Lisinopril  
Lisinopri-HCTZ  
Lopressor  
Lopressor Hct  
Losartan Potassium  
Losartan-HCTZ  
Lotensin  
Lotensin Hct  
Lotrel  
Mavik  
Maxzide  
Methyldopa  
Methyldopa-HCTZ  
Metolazone Metoprolol  
Succinate  
Metoprolol Succinate Er-Hctz  
Metoprolol Tartrate  
Metoprolol-HCTZ  
Micardis  
Micardis Hct  
Microzide  
Minipress  
Minoxidil  
Moexipril Hcl  
Moexipril-HCTZ Nadolol  
Nadolol-  
Bendroflumethiazide  
Nicardipine Hcl  
Nifedical XI  
Nifedipine  
Nifedipine Er  
Nimodipine  
Nisoldipine  
Norvasc  
Nymalize  
Olmesartan Medoxomil  
Olmesartan-Amlod-HCTZ  
Olmesartan-HCTZ  
Phenoxybenzamine Hcl  
Pindolol  
Prazosin Hcl  
Prestalia  
Prinivil  
Procardia  
Procardia XI  
Propranolol Hcl  
Propranolol Hcl Er

Propranolol-HCTZ  
Qbreliis  
Quinapril Hcl  
Quinapril-HCTZ  
Ramipril  
Sectral  
Sotalol  
Sotalol Af  
Sotylize  
Spironolactone  
Spironolactone-HCTZ  
Sular  
Tarka  
Tekturna  
Tekturna Hct  
Telmisartan  
Telmisartan-Amlodipine  
Telmisartan-HCTZ  
Tenex  
Tenoretic 100  
Tenoretic 50  
Tenormin  
Terazosin Hcl  
Teveten  
Teveten Hct  
Tiazac  
Timolol Maleate  
Toprol XI  
Torsemide  
Trandolapril  
Trandolapril-Verapamil Er  
Triamterene-Hctz  
Tribenzor  
Twynsta  
Valsartan  
Valsartan-HCTZ  
Vaseretic  
Vasotec  
Vecamyl  
Verapamil ER, PM  
Verapamil Hcl  
Verapamil SR  
Verelan  
Verelan PM  
Zebeta  
Zestoretic  
Zestril  
Ziac

### Inhaled steroids

Advair Diskus  
Advair HFA  
Airduo Respiclick  
Alvesco  
Armonair Respiclick  
Arnuity Ellipta  
Asmanex  
Asmanex HFA  
Breo Ellipta  
Budesonide  
Dulera  
Flovent Diskus  
Flovent HFA  
Fluticasone-Salmeterol  
Pulmicort  
Pulmicort Flexhaler  
Symbicort  
Wixela Inhub

### Osteoporosis and osteopenia

Actonel  
Alendronate Sodium  
Atelvia  
Binosto  
Boniva  
Calcitonin-Salmon  
Etidronate Disodium  
Evista  
Fosamax  
Fosamax Plus D  
Ibandronate Sodium  
Miacalcin  
Raloxifene Hcl  
Risedronate Sodium  
Risedronate Sodium Dr

### Prenatal vitamins

Active Ob  
Atabex Ec  
Bal-Care Dha  
Bal-Care Dha Essential  
Cadeau Dha  
Calcium Pnv  
Citranatal 90 Dha  
Citranatal Assure  
Citranatal B-Calm  
Citranatal Dha  
Citranatal Harmony

Citranatal Rx	Obstetrix One	Preplus
C-Nate Dha	Obtrex Dha	Preque 10
Complete Natal Dha	O-Cal Prenatal	Pretab
Completenate	Paire Ob Plus Dha	Primacare
Concept Dha	Pnv 29-1	Provida Dha
Concept Ob	Pnv Ob+Dha	Provida Ob
Dothelle Dha	Pnv-Dha	Purefe Ob Plus
Duet Dha 400	Pnv-Dha + Docusate	Relnate Dha
Duet Dha Balanced	Pnv-Ferrous Fumarate-Docu-	R-Natal Ob
Elite-Ob	Fa	Rulavite Dha
Elite-Ob 400	Pnv-Omega	Select-Ob
Enbrace Hr	Pnv-Select	Select-Ob + Dha
Extra-Virt Plus Dha	Pnv-Total	Se-Natal 19
Focalgin 90 Dha	Pnv-Vp-U	Se-Tan Dha
Focalgin Ca	Pr Natal 400	Taron-Bc
Folet Dha	Pr Natal 400 Ec	Taron-C Dha
Folet One	Pr Natal 430	Taron-Prex Prenatal
Folinatal Plus B	Pr Natal 430 Ec	Thrivite Rx
Folivane-Ob	Prefera Ob	TI Folate
Hemenatal Ob	Prefera-Ob One	Tricare
Hemenatal Ob + Dha	Prefera-Ob Plus Dha	Tricare Prenatal
Inatal Advance	Prena1 Chew	Tricare Prenatal Dha One
Inatal Ultra	Prena1 Pearl	Tricare Prenatal With Dha
Infanate Balance	Prena1 True	Trinatal Gt
Infanate Plus	Prenaissance	Trinatal Rx 1
Kosher Prenatal Plus Iron	Prenaissance 90 Dha	Trinate
Levomefolate Dha	Prenaissance Balance	Tristart Dha
Macnatal Cn Dha	Prenaissance Dha	Tri-Tabs Dha
Marnatal-F	Prenaissance Next	Triveen-Duo Dha
Maxinate	Prenaissance Next-B	Trust Natal Dha
Mynatal	Prenaissance Plus	Ultimatecare One
Mynatal Advance	Prenaissance	Ultimatecare One Nf
Mynatal Plus	Promise	Vemavite-Prx 2
Mynatal-Z	Prenata	Vinate Care
Mynate 90 Plus	Prenatabs Fa	Vinate Dha Rf
Natachew	Prenatabs Rx	Vinate li
Natelle One	Prenatal 19	Vinate One
Neevodha	Prenatal Low Iron	Vinate-M
Nestabs	Prenatal Plus	Virt Nate
Nestabs Abc	Prenatal Plus-Dha	Virt-Advance
Nestabs Dha	Prenatal Vit Plus Low Iron	Virt-C Dha
Nestabs One	Prenatal-U	Virt-Nate
Newgen	Prenate Am	Virt-Nate Dha
Nexa Plus	Prenate Chewable	Virt-Pn
Ob Complete	Prenate Dha	Virt-Pn Dha
Ob Complete Gold	Prenate Elite	Virt-Pn Plus
Ob Complete One	Prenate Enhance	Virtprex
Ob Complete Petite	Prenate Essential	Virt-Select
Ob Complete Premier	Prenate Mini	Virt-Vite Gt
Ob Complete With Dha	Prenate Pixie	Vitafol Fe+
Obstetrix Dha	Prenate Restore	Vitafol Gummies
Obstetrix Ec	Prenate Star	Vitafol Nano

Vitafol Ultra  
Vitafol-Ob  
Vitafol-Ob+Dha  
Vitafol-One  
Vitamedmd One Rx  
Vitamedmd Plus Rx  
Vitamedmd Redichew Rx  
Vitapearl  
Vitatru  
Vp-Ch Plus  
Vp-Ch-Pnv  
Vp-Ggr-B6  
Vp-Heme Ob  
Vp-Heme Ob + Dha

Vp-Heme One  
Vp-Pnv-Dha  
Zatean-Ch  
Zatean-Pn  
Zatean-Pn Dha  
Zatean-Pn Plus  
Zingiber

#### Weight-loss products

Adipex-P  
Benzphetamine HCL  
Bontril PDM  
Contrave

Didrex  
Diethylpropion HCL  
Diethylpropion HCL ER  
Lomaira  
Phendimetrazine Tartrate  
Phentermine HCL  
Qsymia  
Regimex  
Saxenda  
Suprenza ODT  
Xenical

Please note:

- This list is not all-inclusive and is subject to change.
- Many of these drugs are available as generics and are listed by the brand and generic names. If a brand is available as a generic equivalent, the brand is typically not covered or requires a higher copay, depending on your plan.
- Preventive drugs must be covered under your prescription drug plan to be payable.
- The approved drug list rules override the preventive drug list. Drugs that are not covered under the “closed formulary” of approved drugs won’t be covered under the preventive drug program.
- Your preventive drug list may differ from the standard program. Call the Customer Service number on the back of your Blue Cross or BCN member ID card to see if a drug is included in your preventive drug program.
- Blue Cross and BCN believe that these compounds likely satisfy the safe harbor for preventive care. However, Blue Cross and BCN cannot guarantee or provide any legal advice on the manner in which these products are prescribed for preventive purposes or that the Treasury Department would agree that all satisfy the definition of “preventive care.”