

Outpatient rehabilitation



Outpatient therapy is a benefit

Blue Care Network members may receive outpatient rehabilitation when appropriate to help recover from surgery, disease or injury. Therapy may include one or more of the following services:

- Physical therapy
- Occupational therapy
- Speech therapy
- Cardiac and pulmonary rehabilitation services

Outpatient rehabilitation is covered when medically necessary. You must have a referral from your primary care physician for these services, and the services must also be preauthorized by BCN.

Getting specialist care

Outpatient rehabilitation is provided by specialists. Your primary care physician will refer you to an appropriate specialist for your condition.

Only certain specialists (rheumatologists, orthopedic and hand surgeons, neurosurgeons, physiatrists and sports medicine providers) can refer you for occupational and physical therapy when the therapy provider is in network. You will also need an additional referral from your primary care physician.

If you change your primary care physician while a specialist is treating you, your new primary care physician must reauthorize the treatment you are receiving. Your treatment may not be covered until that occurs.

Contract terms

Consult your *Certificate of Coverage* for the terms and conditions of your outpatient rehabilitation coverage. Terms and conditions may include:

- A specialist office visit or copayment percentage may apply for each covered visit.
- Treatment may be limited by time (from 30 to 365 days) and frequency (number of visits per episode).

Exclusions

Outpatient rehabilitation does not include coverage for the following services:

- Cognitive retraining
- Vocational rehabilitation
- Therapy to maintain current functional level and prevent further deterioration
- Treatment during school vacations for children who would otherwise be able to receive therapy through the school or a public agency
- Treatment for chronic conditions
- Treatment for developmental impairment
- Speech therapy for the following conditions:
 - Chronic conditions or congenital speech abnormalities
 - Learning disabilities
 - Deviant swallow or tongue thrust
 - Mild and moderate developmental speech or language disorders
 - Voice therapy in absence of vocal cord nodules or polyps
- Swallowing and feeding therapy for food aversions

Questions?

If you have questions, call the Customer Service number on the back of your ID card between 8 a.m. and 5:30 p.m. Monday through Friday.

You can view our list of specialists on our Web site (**MiBCN.com/find**), or in our Provider Directory (available from Customer Service).

MiBCN.com



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Network
of Michigan**

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