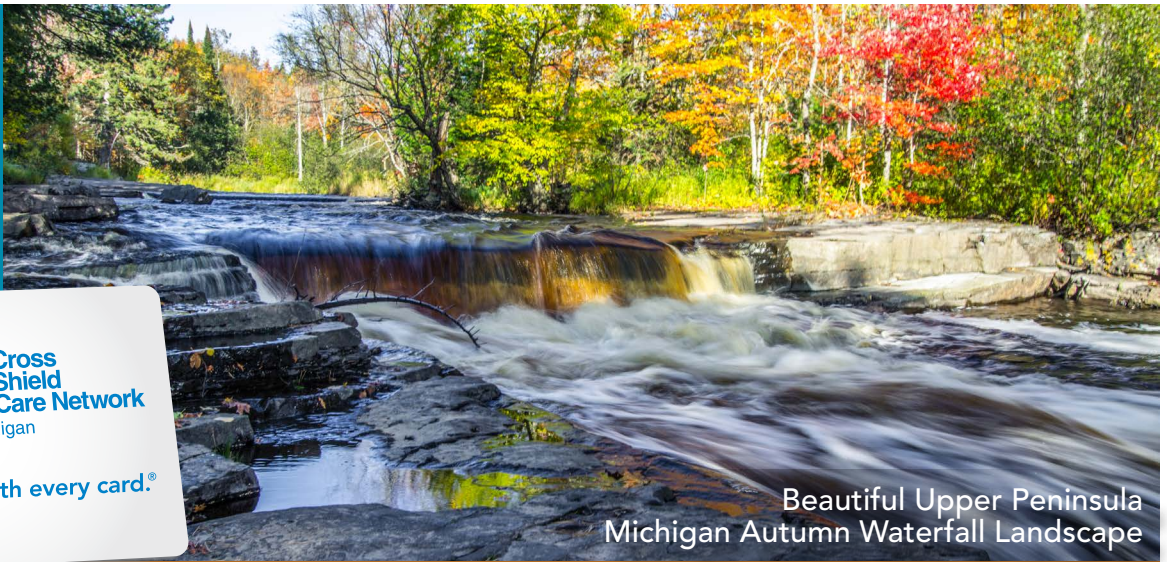


2023



Blue Cross
Blue Shield
Blue Care Network
of Michigan

Confidence comes with every card.®



Beautiful Upper Peninsula
Michigan Autumn Waterfall Landscape

Blue Care NetworkSM HMO

Benefits at a Glance

The benefit information provided in this guide is a summary of covered services. It's not a contract. Limitations, exclusions, copayments and restrictions may apply. Benefits, copayments and coinsurance may change on January 1 of each year. Contact the plan for more information. For a complete description of benefits, please see the applicable *Blue Care Network Certificate of Coverage* and accompanying riders. You can access them online by logging in to your account at bcbsm.com/mpsers.

Payment amounts are based on the Blue Care Network approved amount, less any applicable deductible and copayment amounts required by the plan. This coverage is provided pursuant to a contract entered into in the State of Michigan and is subject to the laws of the State of Michigan.

Your primary care provider, or PCP, provides your care or manages it through a referral process. Only your PCP can refer you to specialist care. If your PCP doesn't refer you, you're responsible for the charges. Certain services must also be authorized by BCN.

EFFECTIVE DATE: JANUARY 1, 2023

Certificate of coverage: BCN 5 with deductible

Riders: 35RP, CO25, ER150, UR65, IMG150, HCRMNS, PSCR, D400, VACR50, BCN10%, 750ECM, SN120, HA, 2060CS, PDCSR, RETDIS and MOPD20

000172582
0001
0001/C001

Michigan Public School Employees' Retirement System
www.bcbsm.com/mpsers

MICHIGAN PUBLIC SCHOOL EMPLOYEES' RETIREMENT SYSTEM 2023 BENEFITS AT A GLANCE

Deductible, copayments and dollar maximums	
Deductible	\$400 per member/\$800 per contract per calendar year
Fixed-dollar copays	\$5 for allergy injections, \$25 for office visits, \$35 for specialist visits, \$65 for urgent care visits, \$150 for emergency room visits
Coinsurance	50% or 10% for select services, as noted below
Fixed-dollar copay maximum	None
Annual coinsurance maximum — medical services; excludes services with a flat dollar copay or 50% coinsurance	\$750 per member/\$1,500 per family per calendar year
Preventive services	
Annual gynecological exam	Covered — copay \$25 for physician office visit \$35 copay for specialist care when referred
Health maintenance exam	Covered — copay \$25
Immunizations — pediatric and adult	Covered — 100%
Prostate specific antigen (PSA) screening	Covered — 100%
Mammography screening	Covered — 100%
Pap smear screening	Covered — 100%
Screening colonoscopy	Covered — 90%, with a 10% coinsurance after deductible
Well-baby and child care	Covered — copay \$25
Physician office services	
Chiropractic spinal manipulation — when referred	Covered — copay \$35 after deductible
Consulting specialist care — when referred	Covered — copay \$35 after deductible
Office visits	Covered — copay \$25 per primary care physician office visit
Online visits	Covered - copay \$25 for a designated online BCN participating provider
Outpatient physical, speech and occupational therapy — limited to 60 consecutive days per episode	Covered — copay \$35, after deductible
Emergency medical care	
Ambulance services — medically necessary	Covered — 90% for ground and air services, with 10% coinsurance after deductible
Hospital emergency room – copay waived if admitted, inpatient hospital benefits apply	Covered — copay \$150 after deductible
Urgent care center	Covered — copay \$65
Diagnostic services	
Diagnostic tests and X-rays	Covered — 90%, with a 10% coinsurance after deductible
High-technology radiology imaging	Covered — copay \$150, after deductible
Laboratory and pathology tests	Covered — office visit copay may apply per member, per visit
Radiation therapy	Covered — 90%, with a 10% coinsurance after deductible
Hospital care	
Inpatient physician care, general nursing care, hospital services and supplies	Covered — 90% for unlimited days, with a 10% coinsurance after deductible
Outpatient surgery	Covered — 90%, with a 10% coinsurance after deductible

MICHIGAN PUBLIC SCHOOL EMPLOYEES' RETIREMENT SYSTEM 2023 BENEFITS AT A GLANCE

Alternatives to hospital care	
Home health care	Covered — copay \$35, after deductible
Hospice care	Covered — 100%, after deductible, when authorized
Skilled nursing care	Covered — 90%, with 10% coinsurance after deductible, up to 120 days per calendar year
Surgical services	
Human organ transplants (subject to medical criteria)	Covered — 90% coinsurance, with a 10% coinsurance after deductible
Male mastectomy (subject to medical criteria)	Covered — 50% coinsurance, after deductible
Orthognathic surgery (subject to medical criteria)	Covered — 50% coinsurance, after deductible
Reduction mammoplasty (subject to medical criteria)	Covered — 50% coinsurance, after deductible
Surgery — includes all related surgical services and anesthesia	See <i>Hospital Care</i> for surgical copay, after deductible
Temporomandibular joint syndrome (subject to medical criteria)	Covered — 50% coinsurance, after deductible
Voluntary sterilization	Covered — Male: 50% on all associated costs after deductible Female: 100%
Behavioral health, mental health and substance use disorder services	
Inpatient mental health care	Covered — 100%, up to 30 days per calendar year
Inpatient substance use disorder	Covered — 50% coinsurance: One program per 12-month period (A program of treatment may include outpatient or intermediate services or both.)
Outpatient mental health care	Covered — 50% coinsurance, up to 20 visits per calendar year
Outpatient substance use disorder	Covered — 50% coinsurance
Autism spectrum disorders, diagnoses and treatment	
Applied behavioral analyses (ABA) treatment Limited to 25 hours a week for line therapy for children through age 18 (limits may be waived on an individual consideration basis)	Covered — copay \$25, after deductible
Outpatient physical therapy, speech therapy, occupational therapy, nutritional counseling for autism spectrum disorder	Covered — copay \$35, after deductible
Other covered services, including mental health services, for Autism Spectrum Disorder	See <i>Outpatient mental health care and Physician office service</i>
Durable Medical Equipment (DME)	
Durable medical equipment	Covered — 50% coinsurance
Prosthetic & Orthotics	Covered — 50% coinsurance
Maternity services provided by a physician	
Delivery and nursery care	Covered — 100% for professional services (See <i>Hospital Care</i> for facility charges, after deductible.)
Prenatal and postnatal care	Covered — \$25 copay

MICHIGAN PUBLIC SCHOOL EMPLOYEES' RETIREMENT SYSTEM 2023 BENEFITS AT A GLANCE

Additional services	
Allergy injections	Covered — copay \$5
Allergy testing and therapy	Covered — 50% coinsurance, after deductible
Breast pumps (DME guidelines apply) — limited to no more than one every 24 months	Covered only when medically necessary
Hearing aid	Covers one hearing aid and exam every 36 months
Infertility counseling and treatment (excludes in-vitro fertilization)	Covered — 50% coinsurance on all associated costs, after deductible
Weight reduction procedures	Covered — 100%, after deductible
Prescription drugs	
Prescription drugs	Generic (Tier 1) — \$20 copay Preferred (Tier 2) — \$60 copay Non-preferred (Tier 3) — \$80 copay Specialty (Tier 4) — 20% coinsurance (maximum copay \$200/prescription) Specialty (Tier 5) — 20% coinsurance (maximum copay \$400/ prescription) Specialty annual coinsurance maximum (Tiers 4 and 5) — \$4,800 per member
30-day supply	All the tiers
Sexual dysfunction	50% coinsurance (30-day supply)
Mail order prescription drugs	Two times the applicable copay, up to a 90-day supply
Prescription drug deductible	None

Customer Service

1-800-662-6667
(Or the number on the back of your BCN member ID card)
TTY users should call 711.
8 a.m. to 5:30 p.m. Eastern time
Monday through Friday

bcbsm.com/mpsers



A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association