



Blue Cross
Blue Shield
Blue Care Network
of Michigan

PRESCRIPTION FOR SUCCESS: LEARN HOW YOUR PRESCRIPTION DRUG BENEFIT WORKS

FORD MOTOR COMPANY

Speakers

01

BLUE CROSS

Tracy Samples
Director of Ford Account

Marybeth Arnold
Manager of Ford account

02

EXPRESS SCRIPTS

David Anderson
Account Manager

Kathleen O'Dell
Senior Digital Technical Product Owner

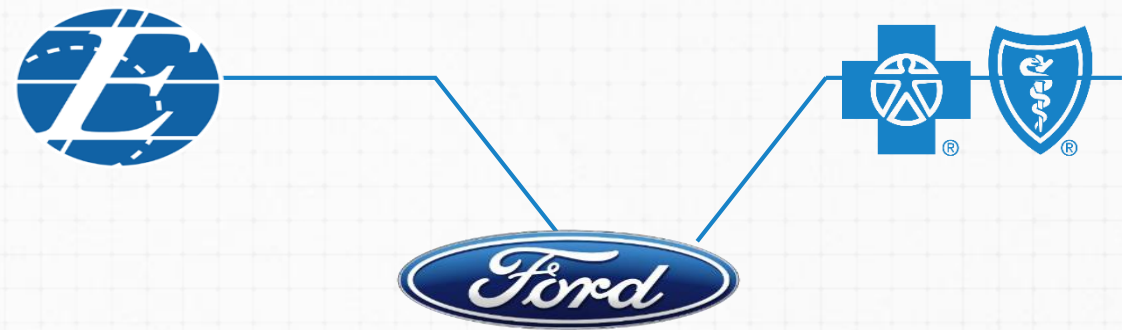


YOU MAY HAVE QUESTIONS

- What is an integrated pharmacy and medical benefit?
- Who is Express Scripts?
- Do I get any medication savings with my Ford benefit plan?
- Can I pay for medications with my Health Savings Account?
- Why are some medications no cost?
- Do my medication costs apply to my deductible?
- When do I use home delivery for my medications?
- Who do I call for questions about my pharmacy benefit?

BLUE CROSS AND EXPRESS SCRIPTS WORK TOGETHER

55%
OF AMERICANS
REGULARLY TAKE
PRESCRIPTION DRUGS*



*SOURCE: Consumer Reports National Research Center nationally representative survey of 1,947 adults, conducted in April 2017

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THIS INTEGRATION HELPS TO DELIVER YOUR PHARMACY BENEFITS

Integration means:



One member ID Card

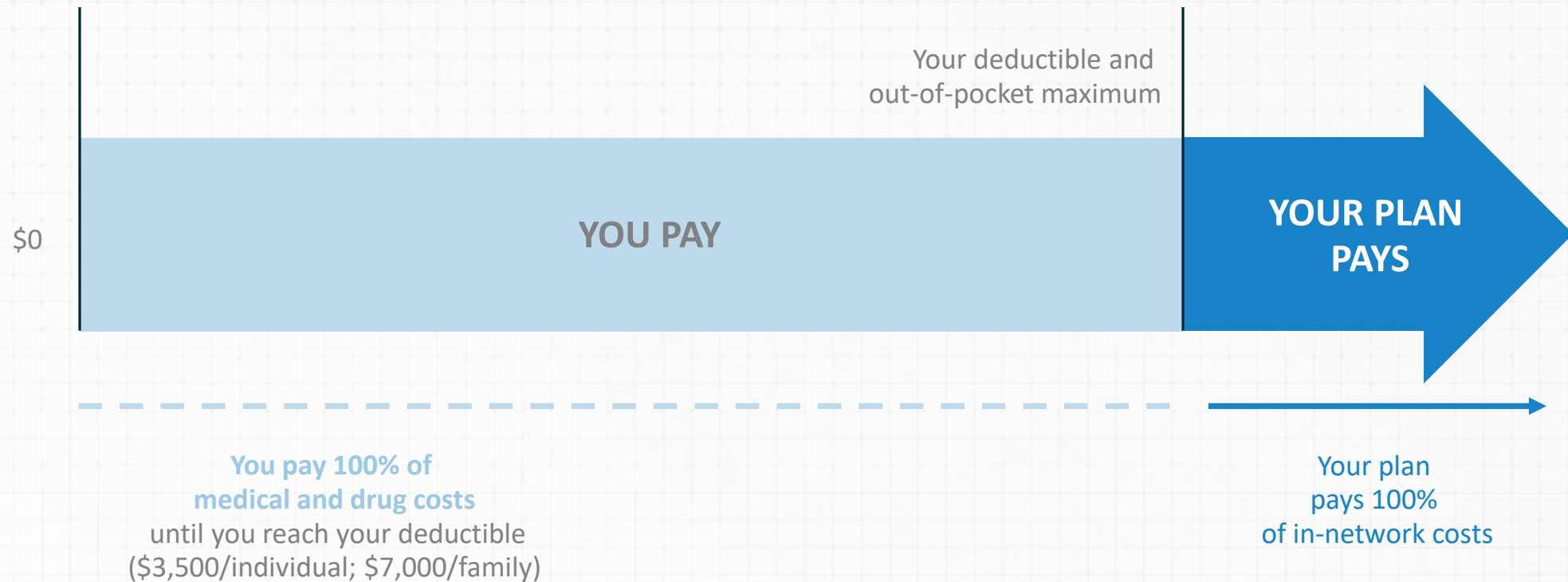


Combined costs apply to deductible and coinsurance

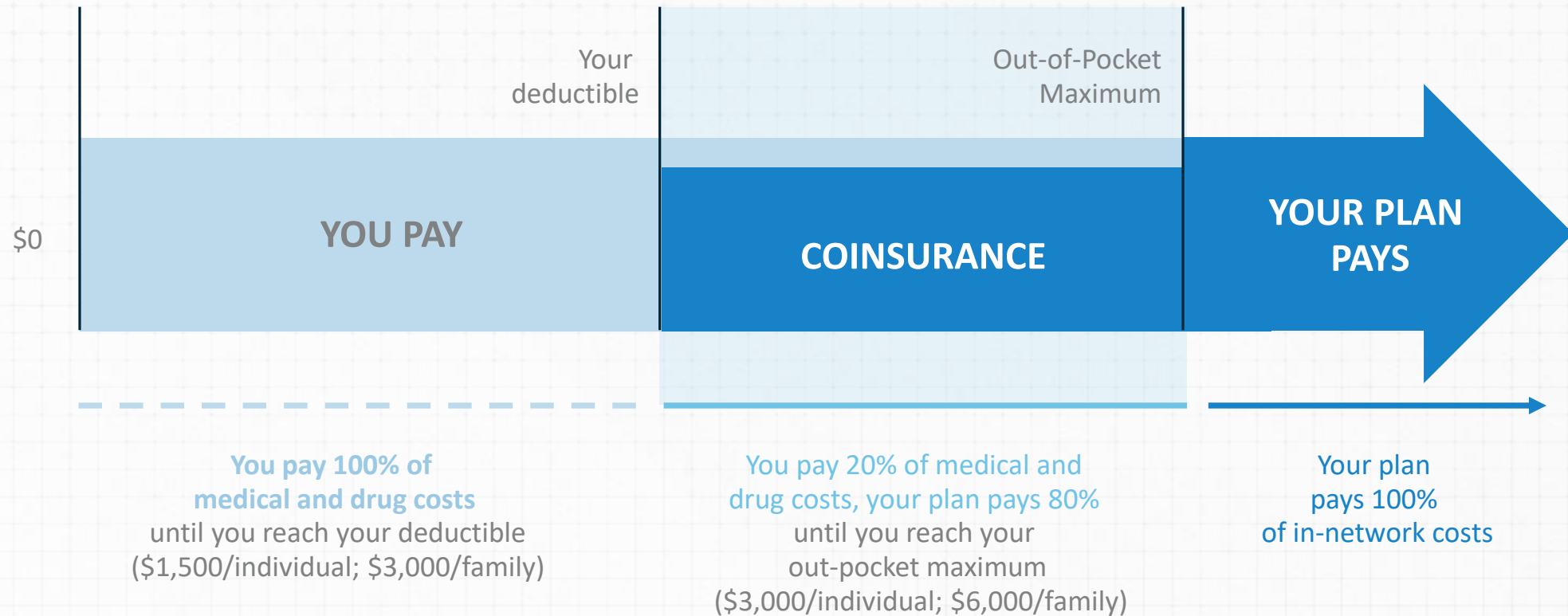


Blue Cross customer service is a first stop for questions

HOW DOES THE PHARMACY BENEFIT WORK FOR THE HSA PLAN?



HOW DOES THE PHARMACY BENEFIT WORK FOR THE HSA PLUS PLAN?



YOU CAN USE YOUR HEALTH SAVINGS ACCOUNT (HSA) TO PAY FOR PRESCRIPTIONS

Reminders about your Health Savings Account:

- Tax free savings and withdrawals
- The account and money are yours
- You can start, stop or change savings at any time

2019 saving limits (including Ford contribution for HSA Plus Plan)

- \$3,500 for individuals
- \$7,000 for family coverage
- Over 55 can contribute an extra \$1,000



ARE YOU GETTING ANY
PHARMACY SAVINGS IN
YOUR FORD PLAN?

YES

YOUR PLAN USES A PREFERRED DRUG LIST

- The National Preferred Formulary is a list of preferred drugs that could be more effective at treating a particular condition than other drugs in the same class of drugs,
- Non-preferred drugs may also be covered under the prescription drug program, but at a higher cost-sharing tier.
- The National Preferred Formulary is updated periodically and subject to change. To get the most up-to-date list, visit www.myfordbenefits.com.

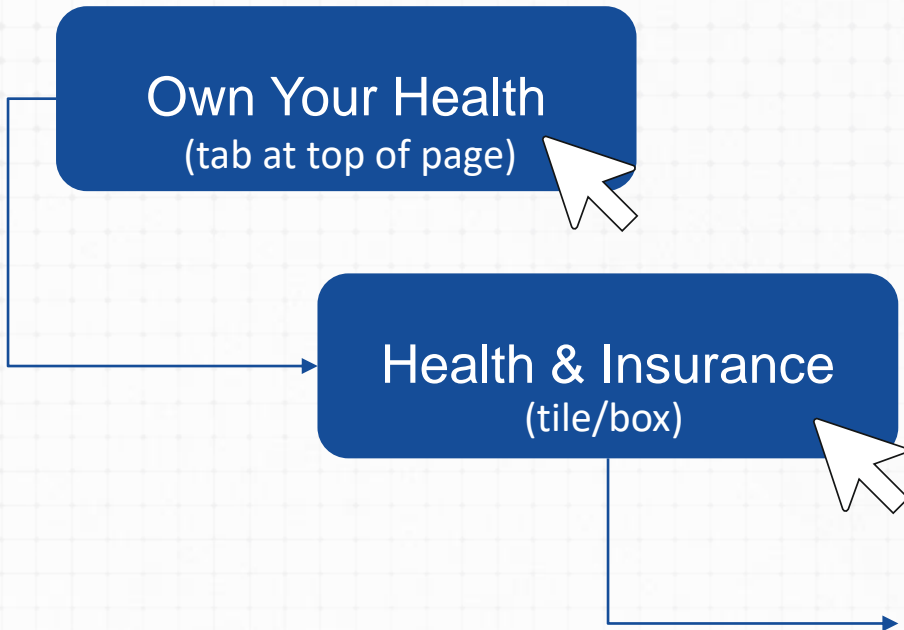


SOME GENERIC MEDICATIONS ARE AVAILABLE AT NO COST

- Medications to manage many conditions such as High Blood Pressure
- Preventive medications are typically evaluated annually and can change often
- Certain preventive medications defined under National Health Care Reform are covered at 100% when obtained in network
- These drugs are at no cost to you and are covered 100% percent
- The list is available with other benefit reference material on www.myfordbenefits.com.



FORD EMPLOYEE RESOURCES ON WWW.MYFORDBENEFITS.COM.



More Resources

[Summary of Benefits and Coverage](#)

[2019 Preventive Services List](#)

[2019 Preventive Medication Program List](#)

[2019 Specialty Drug List](#)

[2019 National Preferred Formulary and Exclusions List](#)

HOW DO YOU GET MEDICATIONS?

Use Express Scripts network pharmacies for all your medication needs



AT YOUR RETAIL PHARMACY

Retail Pharmacies for
SHORT-TERM
Medication Needs

69,000+ pharmacies



EXPRESS SCRIPTS PHARMACYSM

Home Delivery and
Walgreens Smart90 for
LONG-TERM
Medication Needs

Specialized care with an easy, reliable
and affordable experience



**ACCREDITED[®] SPECIALTY
PHARMACY**

Home Delivery for
SPECIALTY
Medication Needs

More personalized care
with greater savings

SHORT TERM MEDICATION NEEDS

RETAIL-PHARMACY

- Use for acute medications like antibiotics. Those medications used for a short period of time.
- Major chains like CVS and Walgreens
Grocery store chains like Kroger, Walmart, Costco

MORE THAN
69,000
PHARMACIES
NATIONWIDE



CHOOSE YOUR WAY TO SAVE WITH A LONG-TERM MEDICATION

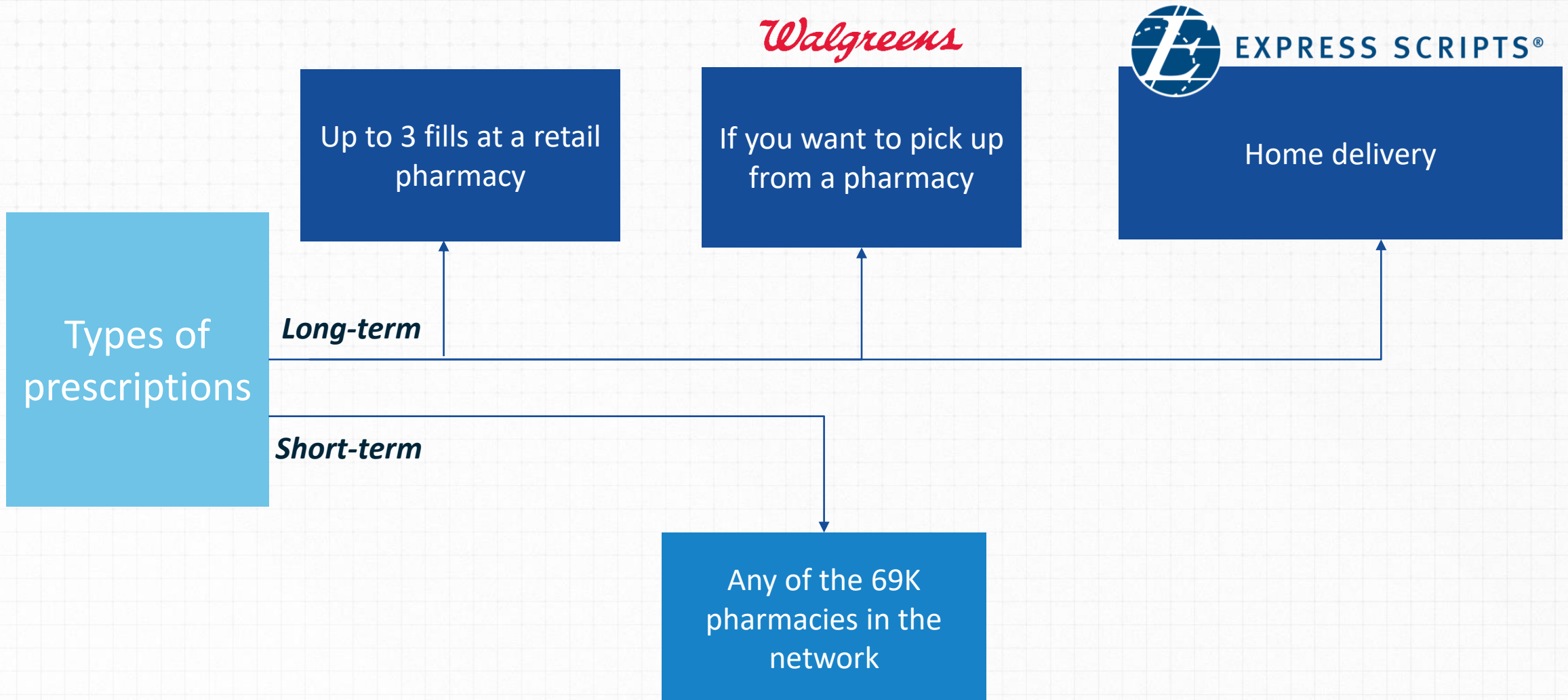


- Delivered free to your door with standard shipping
- Transfer prescriptions easily online
- Online auto refills, refill reminders, order status
- Talk with a pharmacist 24/7
- Amazon Alexa users can now say, “Alexa, open Express Scripts” to check order status and set notifications

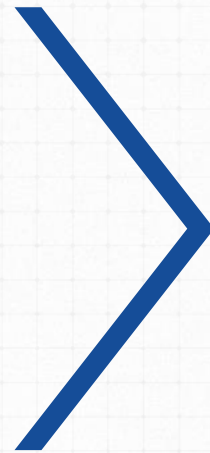
or

- More than 8,500 convenient locations, some open 24/7
- Transfer your prescriptions easily in-store, by phone, online
- Online auto-refills and refill reminders

YOU HAVE CHOICES FOR GETTING YOUR PRESCRIPTIONS FILLED



SPECIALTY MEDICATIONS



- Serves patients with complex and chronic health conditions
- Personalized care from specialized pharmacists, nurses, and case workers
- Physician outreach, and coordinate care with your entire patient's entire healthcare team
- Home delivery of medication needs

RESOURCES AND TOOLS TO UNDERSTAND MORE ABOUT YOUR PHARMACY BENEFIT



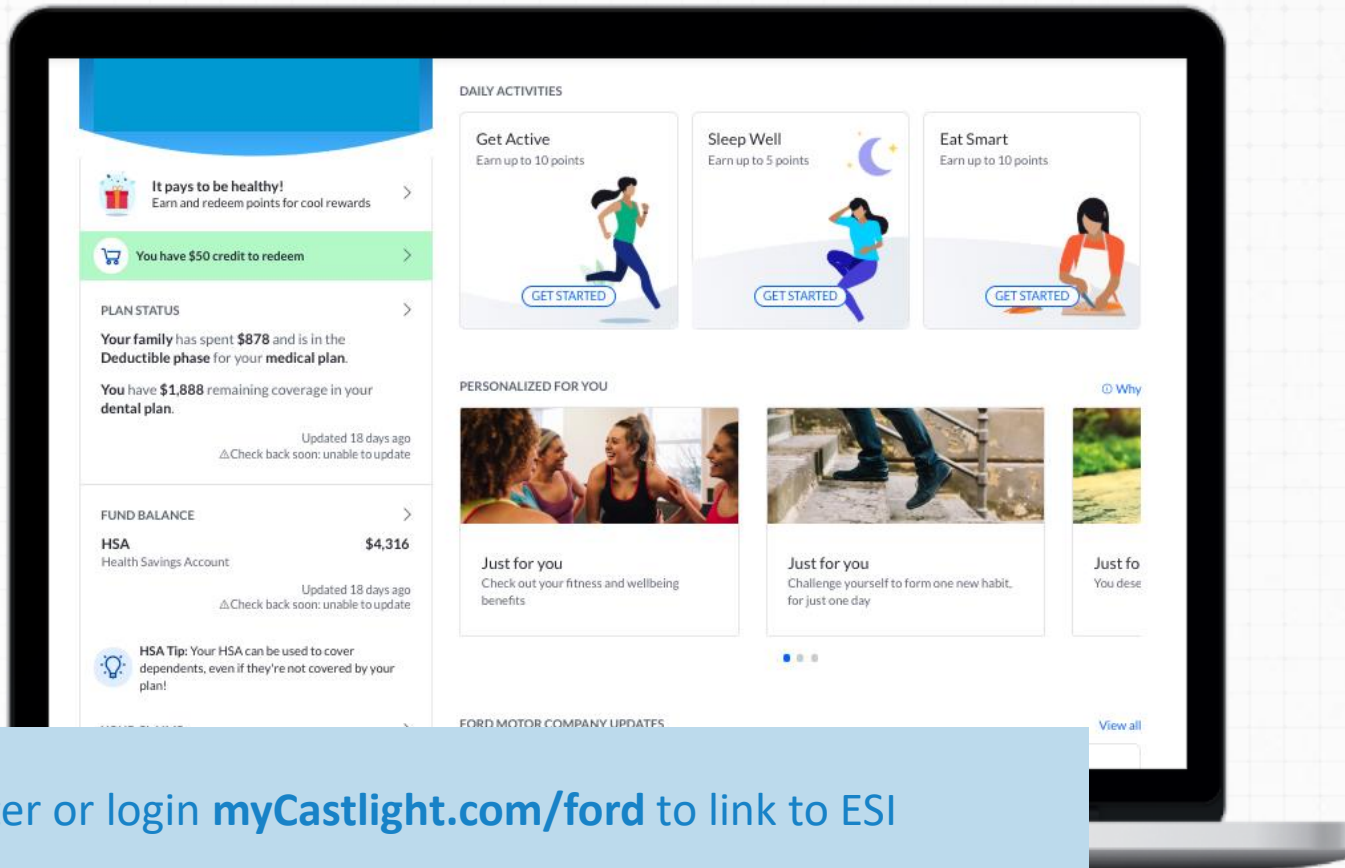
SELF-SERVICE

- Castlight
- Blue Cross member account or mobile app
- Express-Scripts website

PERSONAL TOUCH

- Blue Cross customer service
- Castlight Guides

LOG INTO CASTLIGHT TO ACCESS -YOUR HEALTH AND WELLBEING TOOLS

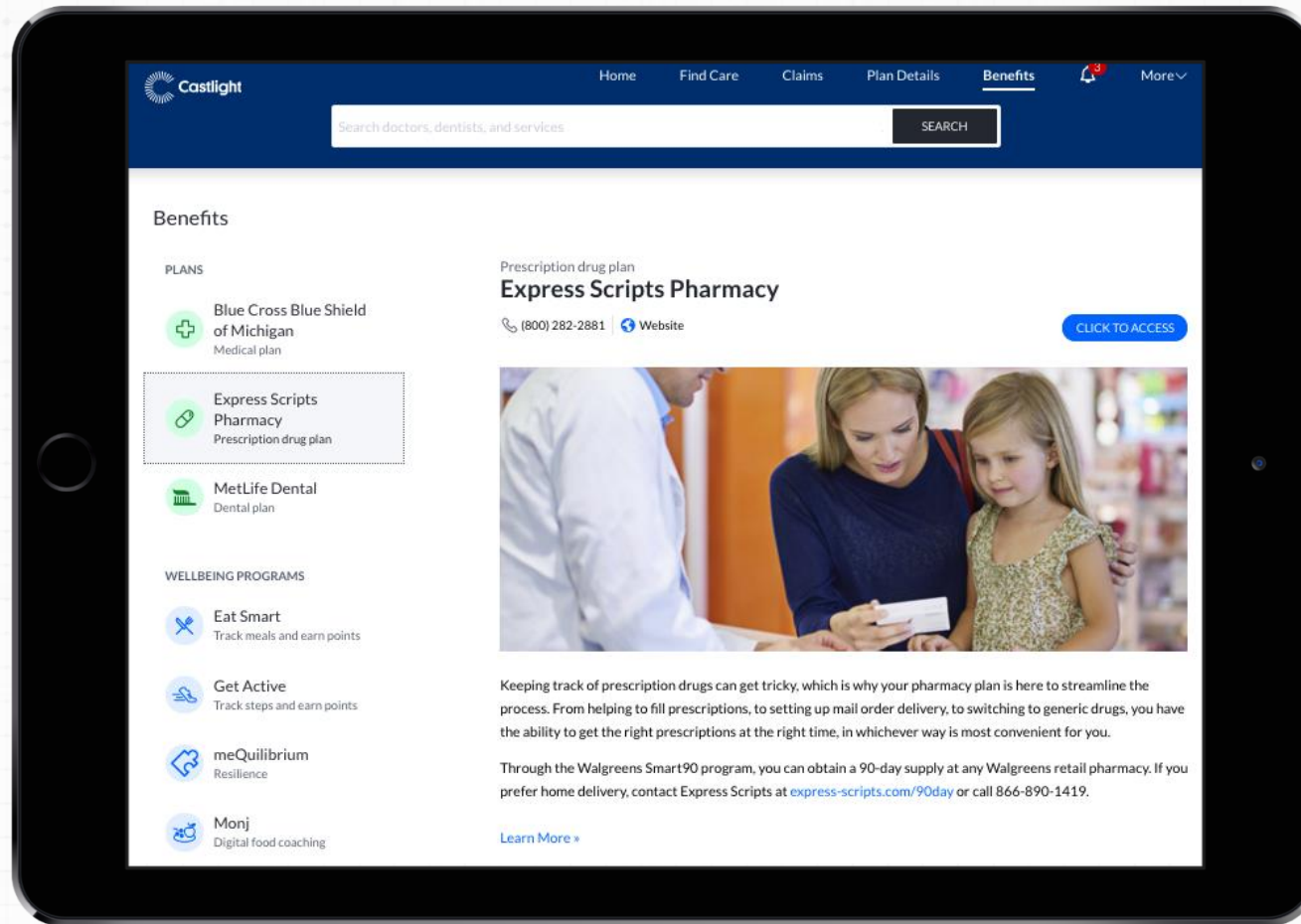


With Castlight, easily see a breakdown of your benefits and discover programs that reward your healthy choices

- View your Benefits
- Check out the Rewards Center
- Track your activities
- Search for care

Register or login myCastlight.com/ford to link to ESI

FROM CASTLIGHT YOU CAN ACCESS YOUR PHARMACY INFORMATION



NAVIGATE TO VALUABLE INFORMATION FROM THE EXPRESS SCRIPTS HOME PAGE

The screenshot shows the Express Scripts website interface. At the top, there is a blue navigation bar with links for 'Prescriptions', 'Benefits', 'Account', and 'Help'. On the right side of the bar, there are links for 'Español' and 'Logout'. Below the navigation bar, there is a promotional banner that says 'Save up to \$173.01 a year* on your eligible prescriptions' and a green button that says 'Start saving with delivery >'. Below the banner, there is a section titled 'Order Status' with a link 'Go to full order status'. The main content area displays a list of prescriptions in a table format:

Medication	Rx #	Member	Status
g tablet	123456789003	Chris (09/19/1960)	Address Verification Required
View details			
Hydrochlorothiazide 12.5 mg tablet 12.5 mg generic	123456789016	Chris (09/19/1960)	Shipped on 12/10/17 Tracking # 93748201164600649231489
View details			
Lisinopril 20 mg tablet 20 mg generic	123456789010	Vanessa (07/18/1962)	Will process after 12/20/2017
View details			



Easy drop-down menus

PRICE A MEDICATION — FIND THE LOWEST COST

- Compare home delivery vs. retail pharmacy costs
- Compare with a generic equivalent, if available
- View coverage notes and formulary alternatives
- View coverage alerts, if applicable.
- See actual costs which take into account deductible and out-of-pocket balances.

Price a medication [Price another medication](#) | [Visit My Rx Choices® for potential savings](#) | [Help](#)

PATIENT
Chris 09/19/1960

IMPORTANT MESSAGE
After 3 fill(s) at a participating retail pharmacy, you will pay a higher cost for this and certain other drugs you take on a long-term basis. You have 3 fill(s) until your retail copayment increases.

You searched for:

Accupril Tabs
5mg tablet, brand
Parke, Davis Co.
[View drug information](#)

Pharmacy / day's supply	Is this drug covered?
Home delivery pharmacy 90-day supply	✓ YES View coverage notes
FRANKLIN LAKES PHARMACY View pharmacy details 30-day supply	⚠ YES with limitations View coverage notes
CVS PHARMACY #758 View pharmacy details 30-day supply	⚠ YES with limitations View coverage notes
GRAND UNION #3552 View pharmacy details 30-day supply	⚠ YES with limitations View coverage notes

★ Generic equivalent available:

quinapril
5mg tablet, generic
Various manufacturers
[View drug information](#)

Pharmacy / day's supply	Is this drug covered?	Qty	You pay	Annual cost
Home delivery pharmacy 90-day supply	✓ YES View coverage notes	90	\$10.21 Plan pays	\$40.84
FRANKLIN LAKES PHARMACY View pharmacy details 30-day supply	✓ YES View coverage notes	30	\$4.68 Plan pays	\$56.16
CVS PHARMACY #758 View pharmacy details 30-day supply	✓ YES View coverage notes	30	\$4.68 Plan pays	\$56.16
GRAND UNION #3552 View pharmacy details 30-day supply	✓ YES View coverage notes	30	\$4.93 Plan pays	\$59.16

Coverage notes
For Accupril 10 Mg Tablet when using your home delivery pharmacy benefit:

Your plan provides coverage for this medication in certain situations. For additional information, please contact the toll-free Member Services number located on your ID card.

This medication is covered under your plan, however, it is a non-preferred product.

Please note that the coverage terms of this prescription benefit are subject to change.

Important Messages:

After 3 fill(s) at a participating retail pharmacy, you will pay an additional cost for this and certain other drugs you take on a long-term basis. You have 3 fill(s) until your retail copayment increases.

The copay reflects your current deductible, out-of-pocket, and/or cap balance. Because your copay on future refills may change, please come back and price before your next refill.



EXPRESS SCRIPTS®

SAVINGS OPPORTUNITIES DISPLAY MAKE CHOOSING A PHARMACY EASY

The screenshot shows a user interface for a pharmacy website. At the top, there's a navigation bar with 'Prescriptions', 'Benefits', 'Account', and 'Help'. A prominent banner offers a savings opportunity: 'Save up to \$173.01 a year* on your eligible prescriptions'. Below this, a 'Start saving with delivery >' button is highlighted. A dropdown menu is open, showing 'Pharmacy Options' selected. The main content area displays a comparison for two medications:

Medication	Current Retail Pharmacy	Express Scripts Pharmacy	Savings
Synthroid 125mcg tablet Rx #: 12345678903 Chris (09/19/1960) Address Verification Required	\$36.30/30 days Rx price: \$36.30 Supply: 30 days Quantity: 30 tablets	\$31.80/30 days Rx price: \$95.40 Supply: 90 days Quantity: 90 tablets	Save \$4.50 a month Switch to Express Scripts <input type="checkbox"/> \$95.40 3-month supply • Free standard shipping • Extended Payment Program
Lisinopril 10mg tablet Rx #: 2345678901 Dr. Susan Jones	\$7.25/30 days Rx price: \$7.25 Supply: 30 days Quantity: 30 tablets	\$2.94/30 days Rx price: \$8.81 Supply: 90 days Quantity: 90 tablets	Save \$4.31 a month Switch to Express Scripts <input type="checkbox"/> \$8.81 3-month supply • Free standard shipping • Extended Payment Program

At the bottom, a dark blue bar displays 'Save up to \$54.00 a year*' and a 'Continue' button. A disclaimer states: '* Prices and savings are based on current drug prices and your prescription program.' A link for 'Learn about our Extended Payment Program' is also present.

- 30-day and 90-day pricing is provided, for easy comparison (days supply may vary)
- Member selects medicines they wish to transfer and proceeds to cart for checkout
- Express Scripts will contact the doctor to obtain a new prescription on their behalf

Note: This is for illustration purposes only; numbers do not necessarily align throughout this page

ORDER STATUS GIVES YOU REAL-TIME INFORMATION

- Actionable self-service messages for those prescriptions ordered through Express Scripts
- Track shipping
- Real-time email order confirmation



EXPRESS SCRIPTS® 3 items in cart

Prescriptions Benefits Account Help Accessible view | Español | Logout

Recent Order Status

Save \$440.00 annually with home delivery [Go to full order status](#)

Chris (09/19/1960) [View details](#)

Toprol XL 200 mg tablet Rx #: 123456789003 Chris (09/19/1960) [Hide details](#)

200 mg, brand

Thank you for your recent home delivery order. Before we can ship your medication, we need to make sure it's heading to the right place. ACTION REQUIRED: Please confirm the shipping address is correct, or choose the option to change the address. You may also verify your address with our friendly member services staff. The phone number can be found under the contact us link. If you've already taken care of this issue, our thanks.

Physician: Susan Jones	Quantity: 90	Shipping address:
Physician phone: 444-555-6666	Days supply: 90	3455 Mulholland Drive
Date received: 02/12/2015	Refills remaining: 2	Apt 777
Rx expiration: 04/22/2015		Rome, NY 33445

[Ship to this address from now on](#) [I need to change my address](#)

EXPRESS SCRIPTS® 3 items in cart

Prescriptions Benefits Account Help Accessible view | Español | Logout

Recent Order Status

Help

Please Note: For prescription renewals, the "Order placed on" date may change to reflect the date your new prescription is actually received from your physician. Please click on "View details" to view additional details on your order. Last 120 days

Order placed on: January 6, 2016 Confirmation #: 901234658

Invoice #: 12551093

SHIPPED on 01/08/14 via UPS-Ground
100 Parsons Pond Rd, Franklin Lakes, NJ 07417 [Track Shipment](#)

Estimated delivery by 01/18/14

Simvastatin tabs 40mg tablet
Rx #: 123344455667 | For: Vanessa (07/18/1962)

Prior Authorization Expires on 12/23/2016

[View details](#)

Plan pays:	\$150.00
You pay:	\$30.00

EXPRESS SCRIPTS®

We got your order.

[Check Order Status](#)

Thanks for your order.
Your order number is **272392272**. You can see the details of the order we're processing in this message. We'll let you know when we ship it to you.

Prescriptions for *****

Prescription #: ***** 4402


We'll process your order after it is eligible to be filled on 09/24/2017.

AUTOMATIC REFILLS MAKES IT EASY TO REMEMBER

Automatic Refills

3 Imagine the convenience of no longer ordering refills for 3 prescriptions. Just enroll your 3 prescriptions in our automatic refill program, and we'll take care of the rest.

[Manage automatic refills](#)

 Atorvastatin 20 mg tablet 20 mg, generic View details	Rx #: 123456789010	Chris (09/19/1960)	Will process a
Avodart 0.5 mg softgel capsule 0.5 mg, brand View details	Rx #: 123456789011	Chris (09/19/1960)	Will process a
Lisinopril 20 mg tablet	Rx #: 123456789012	Vanessa (07/28/1969)	Will process a

Atorvastatin 20 mg tablet Rx #: 123456789010 Chris (09/19/1960) Will process after XX/XX/XXXX
[Hide details](#)

The order received from you on XX/XX/XXXX is not yet eligible for processing. For your convenience, your order will automatically be processed once it is eligible, after XX/XX/XXXX.

Physician: Susan Jones	Quantity: 90	Shipping address: 3455 Mulholland Drive	Change date >
Physician phone: 444-555-6666	Days supply: 90	Apt 777	Change shipping address >
Date received: 02/12/2015	Refills remaining: 2	Rome, NY 33445	Stop automatic refills >
Rx expiration: 04/22/2015			

Automatic Refills

Show: **Chris B. (10/21/1972)**

[Manage prescriptions](#) [Start automatic refills](#) [Stop automatic refills](#)

Chris (10/21/1972)

Start automatic refills now

Getting started is easy! Select the 'Add to Cart' button for each medication you want to start receiving automatically.

Lisinopril Tabs 10mg
Rx# 1532210348304
Qty 90/90 day supply
Dr. Weisbart (314) 771-5427

[Start Automatic Refills](#)

Last order date 4/10/2016

Eligible to order today 2 refills remaining

Omeprazole Tablets 10mg
Rx# 1640106127504
Qty 90/90 day supply
Dr. Weisbart (314) 771-5427

[Start Automatic Refills](#)

Last order date 7/21/2016

Processes 12/21/2016 1 refill remaining

Stop automatic refills

You've already started automatic refills for these prescriptions.

Simvastatin Tablets 20mg
Rx# 1640102773204
Qty 90/90 day supply
Dr. Weisbart (314) 771-5427

Enrolled 6/07/2016

[Stop Automatic Refills](#)

Last order date 9/07/2016

Ship to: 627 Maple Ave, St. Louis, MO 63146 [Update](#)

Processes 12/21/2016 [Change](#) 1 refill remaining

Prescriptions not eligible for automatic refills

For reasons such as benefits and government regulations, we can't offer automatic refills for all prescriptions.

Clariton 10mg
Rx# 155170013599
Qty 90/90 day supply
Dr. Weisbart (314) 771-5427

[Why is this not eligible for automatic refills?](#)

Last order date 7/10/2016

1 refill remaining

- Notifications are sent before refills are processed to confirm delivery
- You can start /stop or change dates at any time

ONLINE RESOURCES

1. myCastlight.com/ford
2. bcbsm.com/fordplans



PERSONAL TOUCH

Blue Cross customer service:

Refer to member ID card

Monday – Friday, 8 am to 8 pm ET

- Claims questions
- Pricing medications
- Prescription coverage

Castlight Guides can help you:

- Get registered for Castlight
- Learn how to search for care, including doctors, hospitals and urgent care
- Compare cost and quality of in-network providers
- Understand and access your Ford benefits – medical and other

Monday – Friday, 8 am to 9 pm ET

1-855-732-6873



Q&A

REMINDERS

- Link from Castlight to Express Scripts
- Check for savings opportunities
- See medication history
- Compare medication costs
- Call Blue Cross customer service
- Call Castlight Guides
- Refer to the FAQ in webinar handouts section
- View videos on bcbsm.com/fordplans



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THANK YOU