



FEDFACTS

Federal Employee Program News

See a doctor online in minutes

Finding care for a fever late at night or an allergy flare-up when you're traveling can be a challenge. With the Blue Cross and Blue Shield Service Benefit Plan's telehealth benefit, members can get convenient online care. Blue Cross partnered with Teladoc® to bring members this service, which includes medical care, dermatology services and behavioral health care.

Medical doctors are available online anytime, anywhere without an appointment. When members can't get to their doctor's offices for cold symptoms, allergies, a sore throat and other minor illnesses, they can use Teladoc to see a doctor online in minutes.

For behavioral health visits, appointments are required. From the comfort of home, members can schedule an appointment with a therapist or psychiatrist to talk through difficult challenges such as depression and anxiety.

It's simple to connect with a board-certified doctor 24/7, or to schedule an appointment with a licensed therapist or psychiatrist. All that's needed is a smartphone, tablet or computer.

To get started, do one of the following:

- Visit fepblue.org/telehealth and press *Register* near the bottom of the page.
- Call 1-855-636-1579. TTY users call 855-636-1578.
- Download the Teladoc app on the Apple App Store® or Google Play™.

For more details about the telehealth benefit, go to fepblue.org/telehealth.

App Store® is a service mark of Apple Inc., registered in the U.S. and other countries. Google Play is a trademark of Google LLC.



Federal Employee Program.

Blue Cross Blue Shield of Michigan is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.