



# FEDFACTS

## Federal Employee Program News

### Introducing the MIBlue Skill for Amazon Alexa

Do you need healthy recipes or workout ideas? All you have to do is ask Blue Cross Blue Shield of Michigan's new MIBlue<sup>SM</sup> Skill for Amazon Alexa.

You can enable the MIBlue Skill for any of your Alexa-enabled devices for free. It's designed to be a quick and easy way to get answers to wellness and general health care questions.

You can use the skill to:

- Understand common health insurance terms and get answers to commonly asked questions
- Get active with a workout or children's activity
- Relax with a quick meditation
- Find healthy and delicious dietitian-approved recipes
- Get advice on how to quit smoking
- Receive health-related news from Blue Cross and much more

To start using the MIBlue Skill for Amazon Alexa, you'll first have to follow a few quick steps.

#### How to enable the skill

1. Download the free Amazon Alexa app on your smartphone or tablet. You can find it in your app store on both Android and iOS.
2. Open the Amazon Alexa app and select "Skills" in the upper left corner.
3. Search for MIBlue and select "Enable."
4. To use the skill, just say, "Alexa, open MIBlue."

Note: You can also enable the skill in the Alexa Skill Store on [amazon.com](https://www.amazon.com).\*

#### Commands you can use

Once you've enabled the MIBlue Skill for Amazon Alexa, you can start using the skill to help manage your wellness with the help of Blue Cross. Here are just a few of the commands you can ask MIBlue:

- "Alexa, ask MIBlue for a healthy tip."
- "Alexa, ask MIBlue what is an HMO?"



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- “Alexa, ask MIBlue for a healthy recipe.”
- “Alexa, ask MIBlue for a kids activity.”
- “Alexa, ask MIBlue for a meditation session.”
- “Alexa, ask MIBlue what is a deductible?”

### **Can I access my Blue Cross or Blue Care Network member information through the MIBlue Skill?**

Health insurance companies face an important responsibility to keep their members’ private medical information completely safe. Currently, national privacy regulations prevent Amazon Alexa from using any identifiable health information. Because of this, the MIBlue Skill doesn’t allow you to access your member coverage information.

\*Blue Cross Blue Shield of Michigan doesn’t own or control this website.



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