

One in a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures, commonly referred to as HEDIS® measures.

# Follow-Up After Emergency Department Visit for People with Multiple High-Risk Chronic Conditions (FMC)

Effectiveness of Care HEDIS® Measure

#### Measurement definition

The percentage of emergency department (ED) visits for patients 18 years and older who have multiple high-risk chronic conditions who had a follow-up service within 7 days of the ED visit (8 days total. This includes visits that occur on the date of the ED visit).

Patients with two or more of the following chronic conditions that were diagnosed during the measurement year or the year prior to the measurement year, AND diagnosed prior to the ED visit, are included:

- Alzheimer's disease and related disorders
- Atrial fibrillation
- Chronic kidney disease
- COPD and asthma
- Depression
- Heart failure
- Myocardial infarction acute
- Stroke and transient ischemic attack

#### **Exclusions**

Patients are excluded if they:

- Received hospice care during the measurement year
- Had an ED visit resulting in acute or non-acute inpatient care on day of visit or within 7 days after the ED visit, regardless of the principal diagnosis for admission.
- Are deceased during measurement year

### Information that patient medical records should include

The following visit types meet criteria:

- Outpatient
- Telephone, telehealth, e-visit, virtual check-in
- Transitional Care Management (TCM)
- Case management
- Complex care management
- Outpatient or telehealth behavioral health
- Intensive outpatient or partial hospitalization
- Community mental health center
- Substance use disorder service
- Electroconvulsive therapy
- Observation

#### Tips for success

- This measure is based on ED visits. If a patient has more than one ED visit, they could be in the measure more than once.
- Keep open appointments so patients with an ED visit can be seen within 7 days of their discharge.
- In addition to an office visit, follow-up can be provided via a telehealth, telephone, e-visit or virtual visit.

## Tips for talking with patients

- Discuss the discharge summary with patients and ask if they understand the instructions and filled the new prescriptions.
- Complete a thorough medication reconciliation and ask patients and caregivers to recite their new medication regimen back to you.