



**DAY ONE DOULA  
COLLECTIVE**

COMMUNITY BASED DOULA  
TRAINING PROGRAM



**VISION  
MISSION &  
VALUES**

## **Vision**

All black mothers and birthing people will have safe and supported perinatal, birth, and postpartum experiences

## **Mission**

Day One Doula Collective has a dual mission. We recruit, train, and support people of color as community-based doulas and we provide holistic, culturally affirming doula support to birthing people of color throughout their full reproductive experience to address the inequalities in parental and infant health outcomes\*

## **Core Values**

For us by us

Culturally affirming

Collectivism

Reproductive Justice

Community-Based Doulas are companions of and from the same community in which they provide support to families through their full reproductive experiences

Doulas are trained to provide one on one care, with a focus on education, physical support, and emotional support



What Do  
Community  
Based Doulas  
Do?

- Offer medical advice
- Perform clinical tasks
- Make decisions for the clients
- Change shifts

**What Doulas  
Dont Do**



## **24/7 text and access**

We're accessible and available for clients during non conventional hours

## **Email/Virtual Support**

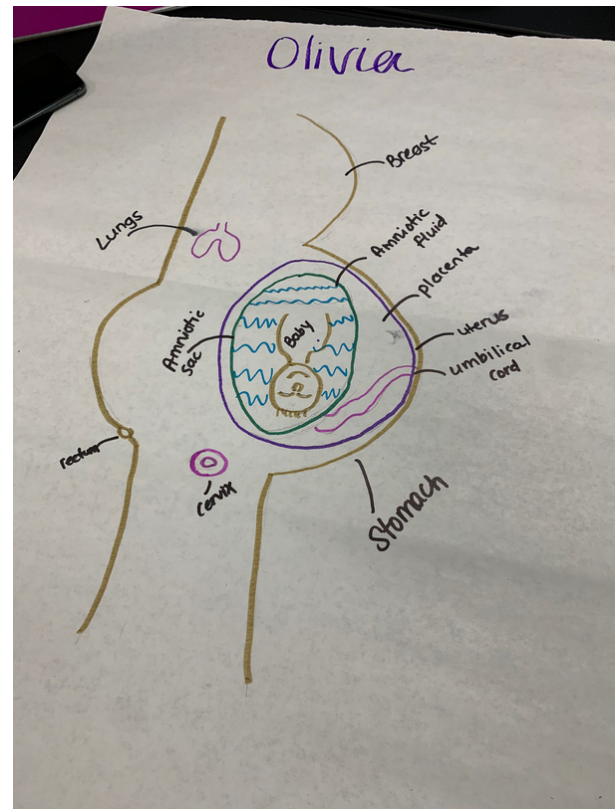
Community building groups  
resource sharing  
genuine connection

## **In-Person Visits**

We show up to attend to the family  
Center relationship  
Advocacy  
Support



**Solutions Based**



WHAT WE'VE BEEN UP TO




Continued advocacy and collaboration with families, organizations, and community

Expansion of BIPOC doula-led community groups, trainings and professional development

Collaboration and planning with payers on how to engage with doula providers around rates, codes and regulations

Financial assistance, sponsorships, and funding towards building out the local workforce



## **Whats Next for Community Based Doulas**



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