





One in a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures, commonly referred to as HEDIS® measures.

## Colorectal Cancer Screening (COL-E)

Electronic Clinical Data Systems (ECDS) Measure

#### Measure description

The percentage of patients who had a colorectal cancer screening.

# Measure population (denominator)

Patients 45–75 years of age during the measurement year (MY).

# Measure compliance (numerator)

Patients who had any of the following:

#### Did you know?

- A screening test is used to look for a disease when a person doesn't have symptoms.
- Treatment for colorectal cancer in its earliest stage can lead to a 90% survival rate.
- Colorectal cancer screening can detect polyps before they become cancerous or in early stages when treatment is most effective.
- Many adults have not been screened as recommended. Lower screening rates directly contribute to higher death rates from colorectal cancer.

Type of Screening	During the MY or:
Colonoscopy	9 years prior
Flexible Sigmoidoscopy	4 years prior
sDNA (stool DNA + FIT test) also known as Cologuard®	2 years prior
FOBT (Fecal Occult Blood Test) such as:  *FIT (Fecal Immunochemical Test)  *gFOBT (guaiac FOBT)	MY only
CT-Colonography (virtual colonoscopy)	4 years prior

#### **Exclusions**

- History of colorectal cancer (cancer of the small intestine doesn't count)
- Total colectomy (partial or hemicolectomies don't count)
- Received hospice services anytime during the measurement year

### Exclusions (continued)

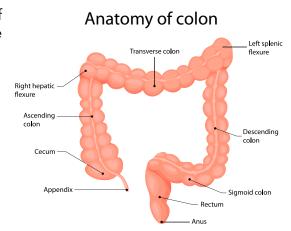
- Are age 66 and older with advanced illness and frailty (for additional definition information, see the Advanced Illness and Frailty Guide)
- Deceased during the measurement year
- Received palliative care during the measurement year

#### Helpful HEDIS hints

- Discuss the benefits and risks of different screening options and make a plan that offers the best health outcomes for your patient.
- Document the date, result, and type of colorectal screenings or if the patient met exclusion criteria.
  - Pathology reports that indicate the type of screening (e.g., colonoscopy, flexible sigmoidoscopy)
     and the date when the screening was performed meets criteria.
  - Pathology or procedure reports that do **not** indicate type of screening (or if aborted) are acceptable, IF there is evidence the scope advanced:
    - \* **TO** the cecum = completed colonoscopy
    - \* **INTO** the sigmoid colon = completed flex sigmoidoscopy

**Note:** If the scope advanced anywhere between the cecum and sigmoid colon, it would be considered a flexible sigmoidoscopy.

- Be sure to document the type of screening and date in their medical history.
  - Simply documenting "colorectal screening," "colo," or "UTD" does not meet criteria.
- For patients who refuse a colonoscopy, discuss options of noninvasive screenings such as Cologuard® or FIT.
- Have FIT kits readily available to give patients during the visit.
- Samples taken from a digital rectal exam (DRE) or collected in an office setting do not meet screening criteria by the American Cancer Society or HEDIS®.
  - If a patient brings a completed sample into the office, be sure to document this so it's clear it wasn't
    collected in the office.
- Fecal Immunochemical Test (FIT) and Cologuard® (sDNA + FIT) tests are not the same screening.
  - FIT uses antibodies to detect blood in the stool (completed annually).
  - sDNA combines the FIT with a test that detects altered DNA and occult hemoglobin in the stool (completed every 3 years).
- If virtual care is used, discuss current screening status and encourage in-home testing if applicable.



### Tips for coding

For exclusions, use the appropriate ICD-10-CM code. Document and bill exclusions annually.

ICD-10-CM	Description
C18.0	Malignant neoplasm of the cecum
C18.1	Malignant neoplasm of appendix
C18.2	Malignant neoplasm of ascending colon
C18.3	Malignant neoplasm of hepatic flexure
C18.4	Malignant neoplasm of the transverse colon
C18.5	Malignant neoplasm of the splenic flexure
C18.6	Malignant neoplasm of descending colon
C18.7	Malignant neoplasm of sigmoid colon
C18.8	Malignant neoplasm of overlapping sites of colon
C18.9	Unspecified malignant neoplasm of the colon
C19	Malignant neoplasm of the rectosigmoid junction
C20	Malignant neoplasm of the rectum
C21.2	Malignant neoplasm of the cloacogenic zone
C21.8	Malignant neoplasm: Overlapping lesion of rectum, anus, and anal canal
C78.5	Secondary malignant neoplasm of large intestine and rectum
Z85.038	Personal history of other malignant neoplasm of large intestine
Z85.048	Personal history of other malignant neoplasm of rectum, rectosigmoid junction and anus

For screenings use the appropriate codes:

Screening	Code type	Commonly used billing codes
sDNA (known as Cologuard®)	CPT®	0464U, 81528
Occult blood test (FOBT, FIT, guaiac)	CPT®	82270, 82274
	HCPCS	G0328

**Note:** This measure is being collected and reported through Electronic Clinical Data Systems (ECDS). ECDS is defined as a health plan that utilizes a network of interoperable data systems to better communicate member health information across various health care service providers.

#### Resources

- American Cancer Society. 2023. "Colorectal Cancer Facts & Figures 2023-2025."
   cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/colorectal-cancer-facts-and-figures/colorectal-cancer-facts-and-figures-2023.pdf
- Centers for Disease Control and Prevention (CDC). 2024. "Screening for Colorectal Cancer." cdc.gov/cancer/colorectal/basic\_info/screening/index.htm
- 3. Centers for Disease Control and Prevention (CDC). 2024. "About Colorectal Cancer Control Program." cdc.gov/cancer/crccp/about.htm

HEDIS®, which stands for Healthcare Effectiveness Data and Information Set, is a registered trademark of the National Committee for Quality Assurance, or NCQA.

ICD-10-CM created by the National Center for Health Statistics, under authorization by the World Health Organization. WHO-copyright holder CPT Copyright 2022 American Medical Association. All rights reserved. CPT® is a registered trademark of the American Medical Association. HCPCS, which stands for Health Care Common Procedure Coding System, copyright of the 2022 American Medical Association. All rights reserved. No portion of this document may be copied without the express written permission of Blue Cross Blue Shield of Michigan, except that BCBSM participating health care providers may make copies for their personal use. In no event may any portion of this publication be copied or reprinted and used for commercial purposes by any party other than BCBSM. None of the information included herein is intended to be legal advice and, as such, it remains the provider's responsibility to ensure that all coding and documentation are done in accordance with all applicable state and federal laws and regulations.