

## Instructions

### For admissions and concurrent reviews for skilled nursing and acute inpatient rehabilitation facilities in Michigan.

Complete the form and attach it to the request in the e-referral system. After the 14th extension request or anytime the e-referral system is not available, fax your requests to the numbers shown below.

### For non-Michigan SNFs and acute IPRs.

 Fax the completed form as follows:

- UAW Retiree Medical Benefits Trust (URMBT) Blue Cross non-Medicare requests: Fax to 1-866-915-9811.
- Other Blue Cross commercial requests: Fax to 1-866-411-2573.
- BCN commercial requests: Fax to 1-866-534-9994.

### IMPORTANT:

 Incomplete submissions or missing clinical documentation may cause delays or nonapprovals.

- For all SNF and IPR requests, also attach the hospital admission H&P, PM&R consultation and most recent PT/OT notes.
- For SNF requests for Blue Cross and Blue Shield Federal Employee Program® members, include a completed **Consent for Case Management form**, signed by the member.

### Note for discharge planning:

- For BCN commercial members: For DME and P&O, contact Northwood, Inc., at 1-800-393-6432. For diabetes supplies, contact J&B Medical Supply at 1-888-896-6233.
- For Blue Cross commercial members: For information about DME and diabetes supplies, contact Provider Inquiry at 1-800-249-5103 to determine benefits.

**NOTE:** If an air ambulance is needed, prior authorization is required. Follow the instructions on the **form** to request prior authorization. Then call Alacura at 1-844-425-2287 to review the request and obtain the authorization number. Do this prior to the flight.

By submitting this form, you are attesting to the following:

- You've verified the member's eligibility and benefits for skilled nursing facility and inpatient rehabilitation services and you understand that authorization is not a guarantee of payment.
- Michigan facilities must be contracted with Blue Cross or BCN; facilities outside of Michigan must participate with their local Blue plan.
- All information is from within 24 to 48 hours before the SNF/IPR admission or is from the last covered day.
- The member is cognitively capable and is able to actively and willingly participate in therapy.
- For SNF services, the member is receiving at least 1 hour of therapy 5 days a week.
- For IPR services, the member is receiving at least 3 hours of therapy, 5 days a week, and is able to sit for 1 hour a day.

Type data into every field unless otherwise noted. Enter N/A if not applicable.

**Type of request:**      Initial authorization      Continued stay / extension of stay

SNF / IPR information			
Facility name		Facility NPI	Facility type: SNF Acute inpatient rehabilitation
Name of contact person at SNF/IPR	Phone number of contact person at SNF/IPR	Fax number of contact person at SNF/IPR	
SNF/IPR street address	SNF/IPR city	SNF/IPR state	SNF/IPR ZIP code
Participates with local Blue plan Yes      No	SNF/IPR admission date	Admitting diagnosis with ICD-10 code	
Attending physician name		Attending physician phone (for non-Michigan facilities only)	
Attending physician address (for non-Michigan facilities only)			
Patient information			
Patient name	Patient date of birth	Contract number	Patient phone number

Complications

Medical history

Name of surgical procedure Date of surgical procedure

**Admission information**

Height Weight Estimated length of stay Prior level of function (home)

**Cognition**

**Cognition – A&O:** x \_\_\_\_\_ or **Other:**

**Vital signs** **Bowel / bladder**

**Vital signs:** T P R BP **Bowel:** Continent Incontinent

**Diet** **Bladder:** Continent Incontinent

**Type:** NPO TPN Tube feeding **Catheter:** No Yes: Type:

Calories / day: \_\_\_\_\_ CCs / day: \_\_\_\_\_ **Ostomy:** No Yes

**Post-op complications of ostomy:** No Yes

**Oxygen delivery**

**Delivery mechanism:** None Type: Flow rate: Saturation:

**Vent:** No Yes: Saturation: Vent settings:

**Suction per 24 hours**

**No** **Yes:** **Frequency:**

**Respiratory treatment**

**No** **Yes:** **Frequency:** **Type:**

**Tracheostomy**

**No** **Yes:** **Type:**

**Pain**

**Pain:** No Yes: Location:

**Medication:** No Yes: Drug: Route: Dose: Frequency:

**Pain scale:** Before management: After management:

**Significant medication changes at reassessment that affect functioning**

**List the changes:**

**IV medications**

**IV / PICC line:** No Yes: Complete the medication information below:

Medication name	Dose	Frequency	Start date	End date

Skin status											
<b>Skin is intact</b>		<b>Skin is not intact:</b> Complete the fields below:									
#1 wound or incision:	No	Yes: Size L x W x D (cm):									
Location and stage:				Treatment (type, frequency):							
#2 wound or incision:	No	Yes: Size L x W x D (cm):									
Location and stage:				Treatment (type, frequency):							
Mobility: current functioning											
<b>PT / OT</b> — Date of notes:			<b>Focus goal:</b>								
<b>Bed mobility/assist needed</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Transfers</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Gait / assist needed</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Gait / distance</b>	<b>Gait / assistive device</b>		None	Type:							
<b>Stairs:</b> Current number of stairs patient can climb:				Number of stairs in home:							
<b>Stairs / assist needed</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Comments:</b>											
Self-care: current functioning											
<b>Occupational therapy – focus goal:</b>											
<b>Bathing / UE</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Bathing / LE</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Dressing / UE</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Dressing / LE</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>Toileting / hygiene management</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
<b>ADL transfers</b>	Total assist	Max assist	Mod assist	Min assist	CGA	SBA	Mod ind	Ind			
Speech therapy: current status											
<b>No speech therapy needed</b>			<b>Dysphagia evaluation / modified barium swallow assessment needed</b>								
<b>Result / aspiration risk / recommendations:</b>											
Care management											
Blue Cross and BCN offer care management assistance for discharge planning.											
Would you like a referral made to our Care Management department? Yes No											
Discharge plans (must be initiated at admission)											
<i>Note:</i> Submit discharge summary once member has been discharged from the facility.											
<b>Discharge date (tentative):</b>			<b>Discharge goal:</b>								
<b>Discharge location:</b>	Assisted living	Long-term care	Foster care	Home alone	Home with HHC						
	Home with family support		Other:								
Name of support and phone number											
<b>Name</b>			<b>Phone number</b>			<b>Name</b>			<b>Phone number</b>		
Spouse _____			_____			Family/friend _____			_____		
Child _____			_____			Home health care _____			_____		
Child _____			_____			Other _____			_____		
<b>Home evaluation date:</b>											
<b>Home – number of levels:</b>	1 level	2 levels	3 levels	Other:							
<b>Home – number of steps:</b>	At entry:		At bed / bath:								

**Lives with:**

**Supervision needs at discharge:**

**Equipment needs at discharge:**

**Discharge barriers:**

**Additional notes**



**Blue Cross  
Blue Shield  
Blue Care Network**  
of Michigan

Nonprofit corporations and independent licensees  
of the Blue Cross and Blue Shield Association