



Blue Cross
Blue Shield
Blue Care Network
of Michigan

Behavioral Health Specialty Services



Updated September 2024

Crisis and psychiatric residential treatment

A psychiatric residential treatment facility provides 24-hour mental health care and treatment seven days a week for members who:

- No longer require the intensity of service provided in a traditional psychiatric inpatient facility
- Require psychiatric treatment that is more intensive than outpatient psychiatric treatment
- Continue to require supervision 24 hours a day, seven days a week because they can't safely be treated in a less restrictive setting, such as a day treatment program

Crisis residential programming is designed for short-term residential crisis treatment for adults and children who are ready to actively participate in treatment. Services include individual, group and family therapy; therapeutic activities; psychiatric evaluation; medication administration; and peer support.

Treatment provided by a psychiatric residential treatment facility includes evaluation by a psychiatrist, medication management by nursing care, individual and group therapy, expressive groups and recreational activities. For children and adolescents, a school program must be integrated into the member's care (this may include coordination with the member's school). Room and board are provided by the facility. Patients are supervised 24/7.

Important:

- Before making a referral, members must be evaluated to determine if a residential level of care is appropriate.
- Check each member's eligibility and benefits to determine whether residential psychiatric treatment is a covered service. To do this, call the behavioral health number on the back of the member's Blue Cross or BCN member ID card.
- Residential treatment requires prior authorization and must meet the criteria for medical necessity, use and quality.

To inquire about these services, members or providers can contact the psychiatric residential locations listed below.

Location	Contact number	Care options
Common Ground Resource and Crisis Center 1200 N. Telegraph Road, Building 32E Pontiac, MI 48341	248-456-1991	<ul style="list-style-type: none"> · Treats children and adolescents · Crisis residential
DBT Institute of MI 2950 W. Howell Road Mason, MI 48854	517-367-0670	Treats only adult females at a residential program

Location	Contact number	Care options
Great Lakes Recovery 104 Malton Road Negaunee, MI 49866	906-228-9696	Treats children and adolescents (ages 12 to 17)
Hegira Health's C.O.P.E 33505 Schoolcraft Road Livonia, MI 48150	734-721-0200	<ul style="list-style-type: none"> · Adults only · Crisis residential
Hope Network - Robert Brown Crisis 160 Manley St. Holland, MI 49424	616-298-8190	<ul style="list-style-type: none"> · Adults only · Crisis residential
Lifeways 1200 N. West Ave. Jackson, MI 49202	1-800-284-8288	<ul style="list-style-type: none"> · Adults only · Crisis residential
Pine Rest - Center Pointe Recovery Center 1147 Oakland Drive Kalamazoo, MI 49008	616-455-9200	Adults only
Pine Rest - Inter Actions 300 68th St. SE, Building E Grand Rapids, MI 49548	616-281-0061	Long-term residential for adults (ages 17 and older) with mild intellectual or developmental disabilities
Pine Rest - Maple Lodge 300 68th St. SE, Building E Grand Rapids, MI 49548	616-281-0061	Treats adolescents (ages 11 to 17)
Rose Hill Center Inc 5130 Rose Hill Blvd. Holly, MI 48442	248-634-5530	<ul style="list-style-type: none"> · Adults only · Long-term residential
Safehaus Inc. 21056 Dean St. Warren, MI 48091	855-236-4812	<ul style="list-style-type: none"> · Treats children and adolescents · Crisis residential
Sanford West Behavioral Health 15146 16th Ave. Marne, MI 49435	1-844-776-9651	<ul style="list-style-type: none"> · Adults only · Eating and feeding disorders · Substance use disorders
Toledo Center for Eating Disorders 5465 Main St. Sylvania, OH 43560	419-885-8800	<ul style="list-style-type: none"> · Eating and feeding disorders · Treats children and adolescents (ages 10 to 17)