



Blue Cross
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of Michigan

Behavioral Health Specialty Services



Updated September 2024

First-episode psychosis program

First-episode psychosis is generally regarded as the early period of psychotic symptoms. According to the Substance Abuse and Mental Health Services Administration, early intervention and treatment improves quality of life and outcomes for individuals who experience psychosis.

A first-episode psychosis program may reduce symptoms of psychosis, reduce preventable hospitalizations, provide family education and support, provide peer support and improve employment and education rates.

Components of a first-episode psychosis program include psychotherapy, medication management, family education and support, service coordination and case management, supportive employment and education, peer support and individual resiliency training.

To inquire about these services or schedule an assessment, members or providers can contact the provider partners listed below.

Location	Contact number	Care options
Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CEI) 5303 S. Cedar St. Building 2 Lansing, MI 48911	517-346-8200	Navigate program
Easterseals/MORC East 2399 E. Walton Blvd. Auburn Hills, MI 48326	1-800-757-3257	Navigate program
Easterseals/MORC West 4065 East Hills Court SE Grand Rapids, MI 49546	616-942-2081	Navigate program
Hegira Health's C.O.P.E. 33505 Schoolcraft Road Livonia, MI 48150	734-721-0200	Navigate program
Kalamazoo County - Integrated Services of Kalamazoo (ISK) 615 W. Crosstown Pkwy Kalamazoo, MI 49007	269-373-6000	Navigate program
Network 180 790 Fuller Ave. NE Grand Rapids, MI 49503	616-333-1000	Navigate program
Washtenaw County Community Mental Health 2140 E. Ellsworth Road Ann Arbor, MI 48108	734-544-3050	Navigate program