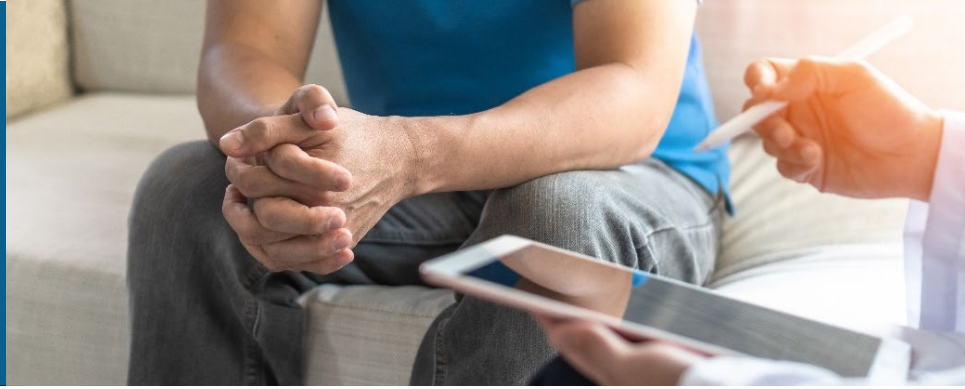




Blue Cross
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of Michigan

Behavioral Health Specialty Services



Updated September 2024

Crisis stabilization unit

A crisis stabilization unit is a 24/7 crisis program that offers emergency behavioral health intervention services for children and adults.

Crisis stabilization unit services are designed to assess clinical need, reduce symptoms and initiate co-occurring treatment (psychotherapeutic, medication or other interventions) to quickly stabilize and improve symptoms. The goal of treatment is to transition the member to the least-restrictive level of care.

Treatment provided by a crisis stabilization unit includes:

- Psychiatric evaluation and treatment planning
- Medication evaluation, initiation, management and education
- Psychotherapy initiation
- Certified peer support services
- Coordination of care with outside treating professionals
- Discharge planning

A plan of care is established within 24 hours of a member's arrival. After receiving crisis stabilization unit intervention from the multidisciplinary team, members may receive ongoing aftercare services in a different level of care with a contracted provider.

To inquire about these services, members or providers can contact the provider partners listed below.

Location	Contact number	Care options
Common Ground Resource and Crisis Center 1200 N. Telegraph Road, Building 32E Pontiac, MI 48341	1-800-231-1127 248-983-5454	Up to 48-hour psychiatric and substance use stabilization
Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CEI) 5303 S. Cedar St., Building 2 Lansing, MI 48911	517-346-8460	Up to 48-hour psychiatric and substance use stabilization
Detroit Wayne Integrated Health Network (DWIHN) 707 West Milwaukee St. Detroit, MI 48202	1-800-241-4949	Up to 48-hour psychiatric and substance use stabilization
Hegira Health's C.O.P.E. 33505 Schoolcraft Road Livonia, MI 48150	734-721-0200	Up to 48-hour psychiatric and substance use stabilization

Location	Contact number	Care options
Hope Network New Passages Crisis Center 1110 Eldon Baker Drive Flint, MI 48507	810-233-4093	Up to 48-hour psychiatric and substance use stabilization
Network 180 (in partnership with Trinity Health) 790 Fuller Ave. NE Grand Rapids, MI 49503	616-336-3909	Up to 48-hour psychiatric and substance use stabilization
Northern Lakes Community Mental Health 105 Hall St. Traverse City, MI 49684	1-833-295-0616	Up to 48-hour psychiatric and substance use stabilization
Team Wellness Center Detroit - East 3646 Mt. Elliott St. Detroit, MI 48207	1-888-813-8326	Up to 48-hour psychiatric and substance use stabilization
Washtenaw County Community Mental Health Multiple locations	734-544-3050	Up to 48-hour psychiatric and substance use stabilization