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## Medical Policy



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**\*Current Policy Effective Date: 1/1/25**  
(See policy history boxes for previous effective dates)

### **Title: Navigated Transcranial Magnetic Stimulation (nTMS)**

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#### **Description/Background**

##### **Management of Brain Tumors**

Surgical management of brain tumors involves resecting the brain tumor and preserving essential brain function. “Mapping” of brain functions, such as body movement and language, is most accurately achieved with direct cortical stimulation (DCS), an intraoperative procedure that lengthens operating times and requires a wide surgical opening. Even if not completely accurate compared with DCS, preoperative techniques that map brain functions may aid in planning the extent of resection and the surgical approach. Although DCS is still usually performed to confirm the brain locations associated with specific functions, preoperative mapping techniques may provide useful information that improves patient outcomes.

##### **Noninvasive Mapping Techniques**

The most commonly used tool for the noninvasive localization of brain functions is functional magnetic resonance imaging (fMRI). Functional MRI identifies regions of the brain where there are changes in localized cortical blood oxygenation, which correlate with neuronal activity associated with a specific motor or speech task being performed as the image is obtained. The accuracy and precision of fMRI depend on the patient’s ability to perform the isolated motor task, such as moving the single assigned muscle without moving others. This may be difficult in patients in whom brain tumors have caused partial or complete paresis. The reliability of fMRI in mapping language areas has been questioned. Guissani et al (2010) reviewed several studies comparing fMRI with DCS of language areas and found large variability in the sensitivity and specificity rates of fMRI.<sup>1</sup> Reviewers also pointed out a major conceptual point in how fMRI and DCS “map” language areas: fMRI identifies regional oxygenation changes, which show that a particular region of the brain is involved in the capacity of interest, whereas DCS locates specific areas in which the activity of interest is disrupted. Regions of the brain involved in a certain activity may not necessarily be required for that activity and could theoretically be safely resected.

Magnetoencephalography (MEG) is also used to map brain activity. In this procedure, electromagnetic recorders are attached to the scalp. Unlike electroencephalography, MEG records magnetic fields generated by electric currents in the brain, rather than the electric currents themselves. Magnetic fields tend to be less distorted by the skull and scalp than electric currents, yielding an improved spatial resolution. MEG is conducted in a magnetically shielded room to screen out environmental electric or magnetic noises that could interfere with the MEG recording. (See policy titled, “Magnetoencephalography and Magnetic Source Imaging” for additional information.)

Navigated transcranial magnetic stimulation (nTMS) is a noninvasive imaging method for evaluating eloquent brain areas. Transcranial magnetic pulses are delivered to the patient as a navigation system calculates the strength, location, and direction of the stimulating magnetic field. The locations of these pulses are registered to a magnetic resonance image of the patient’s brain. Surface electromyography electrodes are attached to various limb muscles of the patient. Moving the magnetic stimulation source to various parts of the brain causes electromyography electrodes to respond, indicating the part of the cortex involved in particular muscle movements. For evaluation of language areas, magnetic stimulation areas that disrupt specific speech tasks are thought to identify parts of the brain involved in speech function. Navigated TMS can be considered a noninvasive alternative to DCS, in which electrodes are directly applied to the surface of the cortex during craniotomy. Navigated TMS is being evaluated as an alternative to other noninvasive cortical mapping techniques (eg, fMRI, MEG) for presurgical identification of cortical areas involved in motor and language functions. Navigated TMS, used for cortical language area mapping, is also being investigated in combination with diffusion tensor imaging tractography for subcortical white matter tract mapping.

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## **Regulatory Status**

In 2009, the eXimia Navigated Brain Stimulation System (Nexstim, Helsinki, Finland) was cleared for marketing by the U.S. Food and Drug Administration through the 510(k) process for noninvasive mapping of the primary motor cortex of the brain to its cortical gyrus for pre-procedural planning.

The Nexstim Navigated Brain Stimulation (NBS) System 5 Motor Mapping System and NBS 5 Speech Mapping System with NexSpeech® were cleared for marketing by the U.S. Food and Drug Administration through the 510(k) process for noninvasive mapping of the primary motor cortex of the brain to its cortical gyrus and for localization of cortical areas that do not contain speech function for preprocedural planning.

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## **Medical Policy Statement**

Navigated transcranial magnetic stimulation is considered experimental/investigational for all purposes, including but not limited to the preoperative evaluation of individuals being considered for brain surgery, when localization of eloquent areas of the brain (eg, controlling verbal or motor function) is an important consideration in surgical planning.

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## Inclusionary and Exclusionary Guidelines

N/A

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**CPT/HCPCS Level II Codes** *(Note: The inclusion of a code in this list is not a guarantee of coverage. Please refer to the medical policy statement to determine the status of a given procedure.)*

**Established codes:**

N/A

**Other codes (investigational, not medically necessary, etc.):**

64999

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## Rationale

Evidence reviews assess whether a medical test is clinically useful. A useful test provides information to make a clinical management decision that improves the net health outcome. That is, the balance of benefits and harms is better when the test is used to manage the condition than when another test or no test is used to manage the condition.

The first step in assessing a medical test is to formulate the clinical context and purpose of the test. The test must be technically reliable, clinically valid, and clinically useful for that purpose. Evidence reviews assess the evidence on whether a test is clinically valid and clinically useful. Technical reliability is outside the scope of these reviews, and credible information on technical reliability is available from other sources.

## PREOPERATIVE LOCALIZATION OF ELOQUENT AREAS OF THE BRAIN

### Clinical Context and Test Purpose

The purpose of navigated transcranial magnetic stimulation (nTMS) in individuals who have brain lesions is to aid in the localization of eloquent areas of the brain to reduce damage to verbal and motor functions during surgery.

The following PICO was used to select literature to inform this review.

### ***Populations***

The relevant population of interest is individuals who have brain lesions and are undergoing surgery that could harm eloquent areas of the brain (eg, those controlling motor or language function).

### ***Interventions***

The intervention of interest is nTMS, a noninvasive imaging method for evaluating eloquent brain areas.

## **Comparators**

Several tools are currently used for the noninvasive localization of brain functions, including functional magnetic resonance imaging (fMRI) and magnetoencephalography (MEG). Whether noninvasive presurgical tools are used, direct cortical stimulation (DCS) is usually performed during surgery to confirm the brain locations associated with specific functions.

## **Outcomes**

The outcomes of interest are surgical improvement in survival or in functional measures such as speaking and walking or a reduction in morbidity.

## **Study Selection Criteria**

For the evaluation of clinical validity of the nTMS, studies that meet the following eligibility criteria were considered:

- Reported on the accuracy of the marketed version of the technology (including any algorithms used to calculate scores)
- Included a suitable reference standard (DCS, fMRI, or MEG)
- Patient/sample clinical characteristics were described
- Patient/sample selection criteria were described.

Several studies were excluded from the evaluation of the clinical validity of the nTMS test because they did not use the marketed version of the test, did not use an appropriate reference standard or reference standard was unclear, did not adequately describe the patient characteristics, or did not adequately describe patient selection criteria.

## **Clinically Valid**

A test must detect the presence or absence of a condition, the risk of developing a condition in the future, or treatment response (beneficial or adverse).

## **REVIEW OF EVIDENCE**

### **Language Mapping**

#### **Systematic Review**

Jeltema et al (2020) published a systematic review of articles that compared nTMS to intraoperative DCS for mapping of motor or language function.<sup>2</sup> Among 8 articles which evaluated mapping language function, sensitivity ranged from 10% to 100% and specificity ranged from 13.3% to 98% when nTMS was compared to DCS. The positive predictive value (PPV) ranged from 17% to 75% and the negative predictive value ranged from 57% to 100%.

#### **Observational Studies and Case Series**

Most studies of nTMS are case series or cohort studies evaluating patients with brain tumors,<sup>3,4,5</sup> cavernous angiomas,<sup>6</sup> arteriovenous malformations,<sup>7</sup> gliomas<sup>8,9</sup> or other brain lesions; case series are not ideal studies to ascertain diagnostic characteristics. A number of nTMS studies have also evaluated healthy volunteers, but they do not add substantially to the evidence base.<sup>6,10,11,12,13,14</sup> Studies comparing nTMS with DCS, MEG, and/or fMRI and/or using DCS as the reference standard are described next.

## **DISTANCE BETWEEN NAVIGATED TRANSCRANIAL MAGNETIC STIMULATION AND DIRECT CORTICAL STIMULATION HOTSPOTS**

Several studies have evaluated the accuracy of nTMS by measuring the distance between nTMS "hotspots" (the point at which stimulation produced the largest electromyographic response in the target muscles) during preoperative cortical mapping and the gold standard of intraoperative DCS hotspots.

Picht et al (2011) evaluated 17 patients with brain tumors using nTMS and DCS.<sup>15</sup> Both techniques were used to elicit hotspots. Target muscles were selected based on the needs of each patient concerning tumor location and clinical findings. Intraoperative DCS locations were chosen independently of nTMS, and the surgeon was unaware of the nTMS hotspots. For 37 muscles in 17 patients, nTMS and DCS data were both available. Mean distance between nTMS and DCS hotspots was 7.83 mm (standard error, 1.18) for the abductor pollicisbrevis muscle (95% confidence interval [CI], 5.31 to 10.36 mm) and 7.07 mm (standard error, 0.88) for the tibialis anterior muscle. When DCS was performed during surgery, there were large variations in the numbers of stimulation points, and the distance between nTMS and DCS was much smaller when a larger number of points were stimulated.

Forster et al (2011) performed a similar study in 11 patients.<sup>16</sup> Functional MRI also was performed in this study. The distance between corresponding nTMS and DCS hotspots was 10.49 mm (standard deviation [SD]=5.67). The distance between the centroid of fMRI activation and DCS hotspots was 15.03 mm (SD=7.59). However, it was unclear whether hotspots elicited by 1 device could be elicited by the other and vice versa. In at least 2 excluded patients, hotspots were elicited by DCS but not by nTMS.

Tarapore et al (2012) evaluated the distance between nTMS and DCS hotspots.<sup>17</sup> Among 24 patients who underwent nTMS, 18 of whom underwent DCS, 8 motor sites in 5 patients corresponded. The median distance between nTMS and DCS hotspots was 2.13 mm (standard error of the mean, 0.29). In the craniotomy field where DCS mapping was performed, DCS elicited the same motor sites as nTMS. The study also evaluated MEG; the median distance between MEG motor sites and DCS sites was 12.1 mm (standard error of the mean, 8.2).

Mangravati et al (2013) evaluated the distance between nTMS and DCS hotspots in 7 patients.<sup>4</sup> It is unclear how many hotspots were compared or how many potential comparisons were unavailable due to a failure of either device to find a particular hotspot. It appears that the mean distance between hotspots was based on locations of hotspots for 3 different muscles. The overall mean difference between nTMS and DCS was 8.47 mm, which was less than the mean difference between the fMRI centroid of activation and DCS hotspots (12.9 mm).

Krieg et al (2012) compared nTMS with DCS in 14 patients.<sup>18</sup> Interpreting this study is difficult because the navigation device employed appeared to differ from the U.S. Food and Drug Administration-approved device. Additionally, the comparison of nTMS to DCS used a different methodology. Both nTMS and DCS were used to map the whole volume of the motor cortex, and a mean difference between the borders of the mapped motor cortex was calculated. The mean distance between the 2 methods was 4.4 mm (SD=3.4).

## **Clinically Useful**

A test is clinically useful if the use of the results informs management decisions that improve the net health outcome of care. The net health outcome can be improved if patients receive correct therapy, or more effective therapy, or avoid unnecessary therapy, or avoid unnecessary testing.

## **Direct Evidence**

Direct evidence of clinical utility is provided by studies that have compared health outcomes for patients managed with and without the test. Because these are intervention studies, the preferred evidence would be from randomized controlled trials (RCTs).

The ideal study to determine whether nTMS improves health outcomes in patients being considered for surgical resection of brain tumors would be a randomized controlled trial comparing nTMS with strategies that do not use nTMS. There are challenges in the design and interpretation of such studies. Given that results of diagnostic workups of brain tumor patients may determine which patients undergo surgery, the counseling given to patients, and the type of surgery performed, it would be difficult to compare outcomes for groups of patients with qualitatively different outcomes. For example, it is difficult to compare the health outcomes of a patient who ends up not having surgery, who conceivably has a shorter overall lifespan but a short period of very high quality of life, with a patient who undergoes surgery and has some moderate postoperative disability, but a much longer lifespan.

## **Systematic Review**

No RCTs were identified. However, controlled observational studies are available. Raffa et al (2019) published a systematic review and meta-analysis of observational studies in patients with motor-eloquent brain tumors who underwent presurgical nTMS motor mapping compared to patients without nTMS.<sup>19</sup> Eight observational studies with 1031 patients were included in the analysis (n=593 with preoperative nTMS mapping and n=438 without nTMS mapping). Included patients had low and high grade gliomas, glioblastoma, brain metastasis, vascular malformations, and cavernous and artero-venous malformations. In pooled analyses, use of nTMS was associated with a lower risk of postoperative new permanent motor deficits (odds ratio [OR], 0.54; 95% CI, 0.37 to 0.79; p =.001), a higher probability of achieving the gross total resection rate (removal of 100% of tumor tissue at early postoperative magnetic resonance scan) (OR, 2.32; 95% CI, 1.73 to 3.1; p<.001), and reduced craniotomy size (-6.24 cm<sup>2</sup>; p <.001). Length of surgery was non-significantly lower with nTMS (-10.3 minutes; p=.38).

## **Key Studies Included in the Systematic Review**

Two studies included in the systematic review by Raffa et al (2019) included survival as an outcome. Krieg et al (2015) prospectively enrolled 70 patients who underwent nTMS and matched them with a historical control group of 70 patients who did not have preoperative nTMS.<sup>20</sup> All patients had motor eloquently located supratentorial high-grade gliomas and all underwent craniotomy by the same surgeons. Patients were matched by tumor location, preoperative paresis, and histology; the primary outcome was not specified. Outcome assessment was blinded. Median overall survival (OS) was 15.7 months (SD=10.9) in the nTMS group and 11.9 months (SD=10.3) in the non-nTMS group, which did not differ significantly between groups (p=.131). Mean survival at 3, 6, and, 9 months was significantly higher in the nTMS group than in the non-nTMS group, but did not differ statistically between groups at 12 months.



Frey et al (2014) enrolled 250 consecutive patients who underwent nTMS preoperative mapping and identified 115 historical controls who met the same eligibility criteria.<sup>21</sup> Criteria included being evaluated for surgery for a tumor in a motor eloquent area and without seizures more than once a week or cranial implants. Fifty-one percent of the nTMS group and 48% of controls had World Health Organization grade II, III or IV gliomas; the remaining patients had brain metastases from other primary cancers or other lesions. Intraoperative motor cortical stimulation to confirm nTMS findings was performed in 66% of the nTMS group. The Medical Research Council scale and Karnofsky Performance Status were used to assess muscle strength and performance status, respectively. Outcomes were assessed at postoperative day seven and then at 3 month intervals. Progression-free survival (PFS) and OS were reported for patients with glioma only (128 nTMS patients, 55 controls). At mean follow-up of 22 months (range, 6 to 62 months) in the nTMS group and 25 months (range, 9 to 57 months) in controls, mean PFS was similar between groups (mean PFS, 15.5 months [range, 3 to 51 months] for nTMS versus 12.4 months [range, 3 to 38 months] for controls; not significantly different). In the subgroup of patients with low-grade (grade II) glioma (38 nTMS patients, 18 controls), mean PFS was longer in the nTMS group (mean PFS, 22.4 months; range, 11 to 50 months) than in the control group (15.4 months; range, 6 to 42 months;  $p < .05$ ). Overall survival did not differ statistically between treatment groups.

### **Observational Studies**

Three additional observational studies were not included in the systematic review by Raffa et al (2019) because they did not evaluate motor mapping or did not include relevant outcome data. Hendrix et al (2017) reported on 20 consecutive patients with malignant brain tumors and lesions in language-eloquent areas who underwent preoperative nTMS and matched them to patients treated in the pre-TMS era.<sup>22</sup> Patients were matched on tumor location, tumor and edema volume, preoperative language deficits, and histopathology. The primary efficacy outcome was not specified. Patients underwent clinical language assessments before and after surgery at postoperative day 1 and weeks 1, 6, and 12 post surgery. Language performance status was characterized as no language deficit (grade 0), mild deficit (grade 1), medium deficit (grade 2); and severe deficit (grade 3). The complication rates, gross resection rates, and residual tumor volumes on fMRI did not differ significantly between groups. The group that had presurgical nTMS had shorter surgery durations than patients treated pre-nTMS (mean, 104 minutes and 135 minutes, respectively,  $p = .039$ ) and a shorter inpatient stay (mean, 9.9 days vs 15 days,  $p = .001$ ). Language deficits did not differ between groups preoperatively, or at postoperative day 1, week 1, or week 12. For example, at week 12, 15 patients in the nTMS group and 14 patients in the pre-TMS group had a grade 0 deficit ( $p = .551$ ). There was a statistically significant difference at week 6 ( $p = .048$ ); the P-value was not adjusted for multiple comparisons (i.e. assessment at multiple time points). Groups might have differed in other ways that affected outcomes and procedures might have changed over time in ways that affected surgical duration, complication rates, and inpatient stays.

A retrospective cohort study by Schiller et al (2020) evaluated pediatric and adult patients with epilepsy or brain tumor who underwent TMS language mapping and fMRI language mapping as part of a presurgical evaluation.<sup>23</sup> There were 106 patients with complete TMS language maps that were identified; of those patients, 84 also underwent fMRI language mapping. The overall accuracy of TMS across all language areas when compared to fMRI was 71% (which was mainly due to its high specificity of 83%), with a diagnostic odds ratio of 1.27; TMS was more accurate in determining the dominant hemisphere for language as well (diagnostic OR, 6). TMS was able to reliably localize cortical areas that are not essential for speech function,

however, TMS demonstrated only slight concordance between TMS and fMRI-derived language areas, which demonstrated low accuracy in localization of specific language cortices.

One nonrandomized study used concurrent controls. Sollman et al (2015) matched 25 prospectively enrolled patients who underwent preoperative nTMS but whose results were not available to the surgeon during the procedure (group 1) to 25 patients who underwent preoperative nTMS whose results were available to the surgeon (group 2).<sup>13</sup> All patients had language eloquently located brain lesions within the left hemisphere. Primary outcomes were not specified. Three months postsurgery, 21 patients in group 1 had no or mild language impairment, and 4 patients had moderate-to-severe language deficits. In group 2, 23 patients had no or mild language impairment, and 2 patients had moderate-to-severe deficits. The difference between groups in postoperative language deficits was statistically significant ( $p=0.015$ ). Other outcomes, including duration of surgery, postoperative Karnofsky Performance Status scores, percentage of residual tumor, and peri- and postoperative complication rates did not differ significantly between groups.

Picht et al (2012) assessed whether a change in management occurred as a result of knowledge of nTMS findings.<sup>24</sup> In this study surgeons first made a plan based on all known information without nTMS findings. After being informed of nTMS findings, the surgical plan was reformulated if necessary. Among 73 patients with brain tumors in or near the motor cortex, nTMS was judged to have changed the surgical indication in 2.7%, changed the planned extent of resection in 8.2%, modified the approach in 16.4%, added awareness of high-risk areas in 27.4%, added knowledge not used in 23.3%, and only confirmed the expected anatomy in 21.9%. The first 3 surgical categories, judged to have been altered because of nTMS findings, were summed to determine “objective benefit” of 27.4%.

### **Chain of Evidence**

Indirect evidence on clinical utility rests on clinical validity. If the evidence is insufficient to demonstrate test performance, no inferences can be made about clinical utility. Current evidence on clinical validity does not permit construction of a chain of evidence to support the use of nTMS for presurgical mapping of eloquent areas of the brain.

### **Section Summary: Preoperative Localization of Eloquent Areas of the Brain**

The studies assessing the distance between nTMS and DCS hotspots appear to show that stimulation sites eliciting responses from both techniques tended to be mapped within 10 mm of each other. This distance tends to be less than the distance between fMRI centers of activation and DCS hotspots. It is difficult to assess the clinical significance of these data for presurgical planning. The available studies of the diagnostic accuracy of nTMS evaluating language areas have shown a sensitivity range of 10% to 100% and specificity range of 13.3% to 98%. The PPV ranged from 17% to 75% and the negative predictive value ranged from 57% to 100%. Even if nTMS were used to rule out areas in which language areas are unlikely, the sensitivity of 10% to 100% might result in some language areas not appropriately identified.

No RCTs have compared health outcomes in patients who did and did not have presurgical nTMS before brain surgery. There is direct evidence from several nonrandomized comparative studies of patients undergoing nTMS, mainly compared with historical controls. A meta-analysis of observational studies found that use of nTMS improved outcomes, including risk of postoperative new permanent motor deficits, gross total resection rate, and craniotomy size, in patients with motor-eloquent brain tumors who underwent preoperative nTMS mapping



compared to those who did not undergo nTMS mapping. Two observational studies reported survival rates. In both, overall survival did not differ significantly between groups. One of the studies found significantly higher mean survival rates in the nTMS group at 3, 6, and 9 months post-surgery, but not at 12 months. Limitations of all studies discussed in this section include the single-center settings (because nTMS is an operator-dependent technology, applicability may be limited), lack of randomization and/or use of historical controls (surgeon technique and practice likely improved over time), selective outcomes reporting (survival outcomes in glioma patients only), and uncertain validity of statistical analyses (primary outcome not identified and no correction for multiple testing). Additionally, studies either matched patients to controls on a few variables or used controls who met similar eligibility criteria. These techniques may not adequately control for differences in patient groups that may affect outcomes.

### **Summary of Evidence**

For individuals who have brain lesion(s) undergoing preoperative evaluation for localization of eloquent areas of the brain who receive navigated transcranial magnetic stimulation (nTMS), the evidence includes observational studies and case series. Relevant outcomes are overall survival (OS), test accuracy, morbid events, and functional outcomes. Several studies have evaluated the distance between nTMS hotspots and direct cortical stimulation (DCS) hotspots for the same muscle. Although the average distance in most studies is 10 mm or less, this does not take into account the error margin in this average distance or whether hotspots are missed. It is difficult to verify nTMS hotspots fully because only exposed cortical areas can be verified with DCS. Limited studies of nTMS evaluating language areas have shown high false-positive rates (low specificity) and sensitivity that may be insufficient for clinical use. Several controlled observational studies have compared outcomes in patients undergoing nTMS with those (generally pre-TMS historical controls) who did not undergo nTMS. Findings of the studies were mixed. A meta-analysis of observational studies found improved outcomes with preoperative nTMS mapping in patients with motor-eloquent brain tumors. However, in individual observational studies, outcomes were not consistently better in patients who underwent presurgical nTMS. For example, overall survival did not differ significantly between groups in 2 studies. The controlled observational studies had various methodologic limitations and, being nonrandomized, might not have adequately controlled for differences in patient groups, which could have biased outcomes. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

## **SUPPLEMENTAL INFORMATION**

The purpose of the following information is to provide reference material. Inclusion does not imply endorsement or alignment with the evidence review conclusions.

### **Clinical Input Received through Physician Specialty Societies and Academic Medical Centers**

In response to requests, Blue Cross Blue Shield Association received input from 1 physician specialty society (2 reviewers) and 2 academic medical centers while their policy was under review in 2013. Most reviewers considered navigated transcranial magnetic stimulation to be investigational.

### **Practice Guidelines and Position Statements**

Guidelines or position statements will be considered for inclusion in 'Supplemental Information' if they were issued by, or jointly by, a US professional society, an international society with US

representation, or National Institute for Health and Care Excellence (NICE). Priority will be given to guidelines that are informed by a systematic review, include strength of evidence ratings, and include a description of management of conflict of interest.

No guidelines or statements were identified.

### U.S. Preventive Services Task Force Recommendations

Not applicable.

### Ongoing and Unpublished Clinical Trials

Some currently unpublished trials that might influence this review are listed in Table 1.

**Table 1. Summary of Key Trials**

NCT No.	Trial Name	Planned Enrollment	Completion Date
<i>Ongoing</i>			
NCT04062305	Feasibility of Navigated Transcranial Magnetic Stimulation (nTMS) of Patients Treated With Stereotactic Radiosurgery for Brain Metastases in the Motor Cortex: A Comprehensive Cross-Sectional Assessment	22	May 2025
<i>Unpublished</i>			
NCT03974659	Through the Navigation Transcranial Magnetic Stimulation Over the Language Key Areas of Cerebellar to Enhance Language Function Recovery After Brain Tumor Resection	106	Oct 2021
NCT02879682	Randomized Controlled Multicenter Trial on the Impact of Presurgical Navigated Transcranial Magnetic Stimulation for Motor Mapping of Rolandic Lesions	330	April 2023

NCT: national clinical trial

<sup>a</sup> Denotes industry-sponsored or cosponsored trial

## Government Regulations

### National:

There is no national coverage determination (NCD) on the topic of navigated transcranial magnetic stimulation.

### Local:

There is no local coverage determination (LCD) on the topic of navigated transcranial magnetic stimulation.

*(The above Medicare information is current as of the review date for this policy. However, the coverage issues and policies maintained by the Centers for Medicare & Medicare Services [CMS, formerly HCFA] are updated and/or revised periodically. Therefore, the most current CMS information may not be contained in this document. For the most current information, the reader should contact an official Medicare source.)*

## Related Policies

Magnetoencephalography/Magnetic Source Imaging

## References

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*The articles reviewed in this research include those obtained in an Internet based literature search for relevant medical references through 7/8/24, the date the research was completed.*

### Joint BCBSM/BCN Medical Policy History

Policy Effective Date	BCBSM Signature Date	BCN Signature Date	Comments
5/1/14	2/18/14	2/28/14	Joint policy established
3/1/16	12/10/15	12/10/15	Routine maintenance
3/1/17	12/13/16	12/13/16	Routine maintenance
11/1/17	8/15/17	8/15/17	Routine maintenance References and rationale updated
5/1/18	2/20/18	2/20/18	Routine maintenance Code update – deleted code 0310T; added unlisted procedure code 64999
5/1/19	2/19/19		Routine maintenance
5/1/20	2/18/20		Routine maintenance
5/1/21	2/16/21		Routine maintenance
5/1/22	2/15/22		Routine maintenance Ref 2, 16 added
1/1/23	10/18/22		Routine maintenance (ls)
1/1/24	10/17/23		Routine maintenance (jf) Vendor managed: NA Added ref: 8,9,14,23
1/1/25	10/15/24		Routine maintenance (jf) Vendor managed: NA

Next Review Date: 4th Qtr, 2025

**BLUE CARE NETWORK BENEFIT COVERAGE**  
**POLICY: NAVIGATED TRANSCRANIAL MAGNETIC STIMULATION (NTMS)**

**I. Coverage Determination:**

<b>Commercial HMO (includes Self-Funded groups unless otherwise specified)</b>	Not covered
<b>BCNA (Medicare Advantage)</b>	See Government Regulations section.
<b>BCN65 (Medicare Complementary)</b>	Coinsurance covered if primary Medicare covers the service.

**II. Administrative Guidelines:**

- The member's contract must be active at the time the service is rendered.
- Coverage is based on each member's certificate and is not guaranteed. Please consult the individual member's certificate for details. Additional information regarding coverage or benefits may also be obtained through customer or provider inquiry services at BCN.
- The service must be authorized by the member's PCP except for Self-Referral Option (SRO) members seeking Tier 2 coverage.
- Services must be performed by a BCN-contracted provider, if available, except for Self-Referral Option (SRO) members seeking Tier 2 coverage.
- Payment is based on BCN payment rules, individual certificate and certificate riders.
- Appropriate copayments will apply. Refer to certificate and applicable riders for detailed information.
- CPT - HCPCS codes are used for descriptive purposes only and are not a guarantee of coverage.