

# Blue Care Network coverage for therapy and physical medicine services

**FYI**

FOR YOUR INFORMATION

EDUCATE

ENGAGE

EMPOWER

## BCN coordinates services

Physical, occupational and speech therapy, as well as physical medicine services, follow these guidelines:

- Your treatment starts with a prescription or a referral from your BCN doctor.
- After evaluating your condition, the therapist, chiropractor or athletic trainer will submit a treatment plan to eviCore healthcare, which coordinates your therapy for BCN.
- eviCore will review your recommended treatment and determine what your coverage allows. They'll also see if the treatment plan is in line with accepted standards for your condition.
- Depending on your coverage, you may have out-of-pocket costs.

### Your treatment plan will follow these guidelines:

- It will be designed to help you become independent as quickly as possible.
- A therapist, a licensed assistant under the supervision of a therapist, a chiropractor or an athletic trainer will provide your treatment.
- The number of sessions you receive during the course of your treatment and the length of each session will follow accepted standards for your condition.
- Your treatment schedule may change over the course of your treatment, based on your progress and your needs.
- Exercises that require repetition to be effective will most likely become part of your home program.
- Your therapist, athletic trainer or chiropractor may check on your home progress from time to time.

The information included in this document doesn't apply to Medicare members.



- Your BCN plan **doesn't** cover all therapy or physical medicine services. Here are some services that **may not** be covered.
  - Treatment of developmental impairments
  - Treatment of cognitive impairments
  - Endurance exercises
  - Vocational rehabilitation and work conditioning
  - Sports conditioning
  - Speech therapy for congenital abnormalities, learning disabilities, deviant swallow or tongue thrust and feeding therapy for food aversions
  - Voice therapy

For a more complete list, check your *Certificate of Coverage* by logging in to your member account at [bcbsm.com](https://bcbsm.com) or through our app.

If you have health care coverage other than BCN, please tell the registration, billing or treatment staff at your rehabilitation facility. Your other coverage may be responsible for your treatment. For example, you may need services because of an auto accident, and your treatment may be covered by your auto insurer. Knowing who's responsible for payment may help with billing and authorization.

## For more information

If you have questions about your treatment plan, ask your therapist, chiropractor or athletic trainer.

If you have questions about your benefits and costs, call the Customer Service number on the back of your BCN member ID card.

eviCore healthcare is an independent company that contracts with Blue Care Network of Michigan to manage therapy and physical medicine services for BCN members.

Blue Care Network of Michigan is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.