

Your Dedicated Nurse

Personalized support to help manage your health



No one likes to be sick. It's a bigger concern when the illness or injury is serious or when your chronic condition is spiraling out of control.

Your Dedicated Nurse is included with your Blue Cross Blue Shield of Michigan health plan at no cost, and connects you with a nurse care manager who can help simplify your care and keep you on track with your health goals. And the program is completely confidential.

What can a nurse care manager do for you?

- Help you understand your condition, medications and treatment options
- Guide you to the right care for your specific needs and schedule appointments
- Connect you to our team of experts, such as pharmacists, social workers, behavioral health specialists and dietitians, who work together to support your overall health
- Address behavioral health concerns, such as anxiety, substance use or depression

Why is this program important?

We know that managing a health condition can be challenging, and it's easy to feel overwhelmed. Your Dedicated Nurse is available to give personal support and guidance. Our goal is to empower you to take control of your health and well-being so you can achieve your personal health goals.

Ready to get started?

If you're identified for the program, a nurse care manager will reach out to you directly.

To learn more or enroll, call