



# Get answers to your questions about Blue Cross Personalized Medicine<sup>SM</sup>

Did you know your genes can play a role in how you respond to certain medications? Each person is unique in how their body processes medications. For example, your body may break down a medication too slowly or too quickly, which could result in unpleasant side effects, or no therapeutic effect at all.

Blue Cross Personalized Medicine<sup>SM</sup>, Michigan's first end-to-end precision medicine pharmacogenomics program, can help your health care providers understand how your body may respond to certain medications. This insight can help you and your providers determine the appropriate medication and dose that may work best for you.



## Q. What is pharmacogenomics?

A. Pharmacogenomics, or PGx, is the testing and analysis of a person's genes to understand their body's response to certain medications. PGx testing offers health care professionals a more precise way to prescribe medication that may work best for their patient.

## Q. Who is OneOme?

A. OneOme<sup>®</sup> is a precision medicine company co-founded by Mayo Clinic that offers PGx testing and analytic solutions to improve patient care and health outcomes. They'll facilitate the program and the OneOme RightMed<sup>®</sup> Test as part of our Blue Cross Personalized Medicine program.

## Q. How does the Blue Cross Personalized Medicine program work?

A. If you're selected for the program, you'll receive a notification from us. After you receive it:

- Your notification will provide instructions on how to request the OneOme RightMed Test kit. You'll need to register for OneOme's secure patient account and enter your primary care provider's information.
- OneOme will mail the test kit to your home.
- Using the test kit, you'll swab your cheek and mail your sample to OneOme's lab.
- Your primary care provider, or one of our providers on your doctor's behalf, will need to authorize the test before the OneOme lab can process it. A PGx pharmacist then will review the test results, prepare a personalized clinical action plan and send it to your provider.
- When your test results are ready, OneOme will send you and your health care provider a message through your and your provider's registered OneOme accounts.
- You and your health care provider will review the results and discuss whether a change in dosage or medication is right for you. Keep in mind that any recommended changes are optional. Always consult your primary care provider before making changes to your medications.

## Q. Does it cost anything to participate in the program?

A. No. There is no cost to you.



**Q. What is the RightMed Test?**

- A.** The OneOme RightMed Test helps health care professionals identify how well you may respond to certain medications and dosages based on your genes. A swab of your cheek gives them further insight to determine the right medication and dose that may work best for you earlier in your treatment.

**Q. Does the RightMed Test look for other genetic diseases?**

- A.** No, the RightMed Test doesn't test for disease or the likelihood of developing a particular disease. It only examines 27 genes that are known to have a drug-gene interaction.

**Q. Who receives my test results?**

- A.** Your test results are confidential. OneOme only shares them with you, your doctors and a PGx pharmacist through OneOme's secure website. **Blue Care Network isn't involved in the test process and won't have access to the results.** The test results won't affect your health care coverage.

We encourage you to also share your results with your pharmacist, specialists and other health care providers. They, too, can use them to help decide which drugs and doses are right for you.

Always consult with your primary care provider before making changes to your prescribed medications.

**Q. What happens to my sample after the RightMed Test?**

- A.** Per OneOme's policy, the secure disposal of your cheek swab occurs at 60 days after taking the test.

**Q. Does OneOme's patient portal comply with federal regulations?**

- A.** Yes. We only work with providers who comply with the most stringent local, state and federal requirements to protect your health information.

**Q. Can the results affect my coverage?**

- A.** No. Your results can't be used to alter the cost of your plan or deny you coverage.

**Q. Is the RightMed Test accurate?**

- A.** Count on your genetic test and lab results to be 99% accurate and reliable. OneOme's RightMed Test is backed by pharmacogenomic experts, medical and laboratory professionals and health data scientists.

**Q. How do I request a test?**

- A.** If you're a BCN member with our pharmacy benefits\* who has been selected to participate, you'll receive a notification from BCN. Your notification will come with instructions on how to request a test. And since your genetics don't change, you won't need to request more than one test. Health care professionals can refer back to your test results at any time to manage your prescriptions for years to come.

**Q. I'm a Blue Care Network member with pharmacy benefits. Why should I participate in the program?**

- A.** Your genetic test results will help you feel confident that your treatment is tailored for you. A swab of your cheek gives your health care professionals the insight they need to reduce the risk of harmful drug reactions earlier in your treatment. You may also save the time — and potential cost — of making extra trips to your doctor's office or the pharmacy for new prescription medication.

\*BCN members are selected for the program based on certain prescribed medications and other criteria.

Ask your doctor if Blue Cross Personalized Medicine<sup>SM</sup> can benefit you.



OneOme is an independent company supporting Blue Cross Blue Shield of Michigan and Blue Care Network by providing services related to genetic testing.