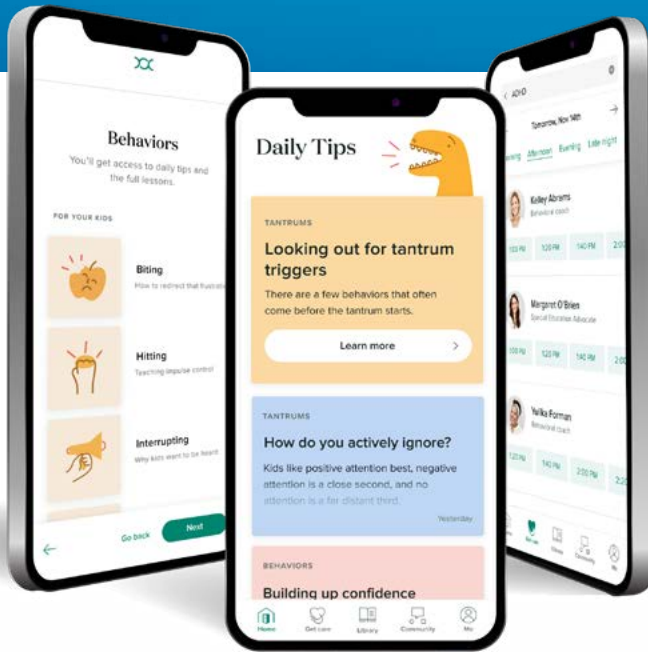




Parenting and Pediatrics program

A 24/7 virtual program through Maven that supports parents who have children ages 1 to 17*



No-cost support for your parenting journey

As part of your health plan, you and your covered partner have access to this program at no cost. When you're in demand as a parent, get the on-demand support you need for things like pediatric care, parental burnout, career coaching, pediatric mental health and more.

Scan this QR code to sign up for Maven.



In between all the ups and downs of parenthood, the Maven Parenting and Pediatrics program is ready to help. You get access to:

- **A dedicated care advocate** who can:
 - Help you get answers to your biggest parenting questions
 - Recommend the best in-person care in your area
 - Be a source of personalized, one-on-one support
- **Trustworthy resources**, such as:
 - Clinically approved articles
 - Provider-led classes like *Toddler Nutrition* and *Child CPR 101*
 - Drop-in groups
 - The Maven community to interact with others on similar journeys
- **Unlimited virtual appointments and messaging** with Maven providers and coaches from more than 35 specialties, including:
 - Pediatricians
 - Parent coaches
 - Pediatric sleep coaches
 - Speech pathologists
 - Mental health specialists

*Maven is for parents to support their families, including their children. While parents can have children join them in a Maven session, children can't have a Maven session without their parent present.

Maven is an independent company supporting Blue Cross Blue Shield of Michigan and Blue Care Network by providing family building and women's health support services.

Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.