



**62%**  
**OF YOUTH HAVE  
EXPERIENCED A MAJOR  
DEPRESSIVE EPISODE  
AND RECEIVED NO  
TREATMENT.**

*Source: Mental Health America*

**#checkin**  
**ON YOUR KIDS**



Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Nonprofit corporations and independent licensees  
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New Directions is an independent company that provides  
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