

TAKE CHARGE of your diabetes



Living with diabetes can be challenging, so let us help.



Confidence comes with every card.®

Your health plan now includes Livongo Diabetes Management. And it's available at no additional cost to you and your covered dependents who have Type 1 or Type 2 diabetes.

Better diabetes care starts here.

Livongo Diabetes Management makes living with diabetes easier with **FREE**, convenient resources, including:

- A smart glucometer that automatically uploads blood sugar readings, making logbooks a thing of the past
- Unlimited lancets and test strips delivered directly to your home
- 24/7, one-on-one coaching from certified diabetes educators who are ready to answer your questions and give tips on nutrition, lifestyle and more



And everything is available from the comforts of your home!

Get started today.

To learn more or enroll, visit join.livongo.com/BLUECROSSMI-START/register or call **1-800-945-4355**. Your registration code is **BLUECROSSMI-START**.

Resources are also available in Spanish.

Scan to enroll.



Livongo Health Inc. is an independent company contracted by Blue Cross Blue Shield of Michigan and Blue Care Network to provide diabetes management services to their members.

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