



At no added cost, your medical plan includes programs designed to address the total cost of care while focusing on your whole health.\*

\*A copay or deductible may apply for virtual care or virtual mental health care visits. Log in to your member account for coverage details.

Maternity and menopause | Maven  
Cancer support | OncoHealth  
Diabetes management | Teladoc Health  
Diabetes prevention | Teladoc Health  
Hypertension | Teladoc Health  
Weight management | Teladoc Health

Virtual mental health care | Teladoc Health  
Mental Health Self-Guided Support |  
Teladoc Health  
Blue Cross Virtual Well-Being<sup>SM</sup>  
Blue Cross Well-Being<sup>SM</sup> | Virgin Pulse\*  
Crisis care services

\*This program's web page will be available Jan. 1, 2025. Also, Virgin Pulse will become Personify Health on Jan. 1, 2025.

HMO PLANS ONLY:  
Blue Cross Personalized Medicine<sup>SM</sup>  
Generics Advantage Program

CONDITION MANAGEMENT

Our high-quality care teams and vendors provide you with the tools and solutions for success.

CARE DELIVERY

Choices for non-emergency care are convenient, lower cost and personalized to your individual needs.

BEHAVIORAL HEALTH CARE

For whole-person mental health or substance use concerns, you have several convenient ways to get confidential help.

CARE NAVIGATION

One-on-one complex condition support helps you find answers and choose a care path for necessary and efficient treatment, so you can live and feel better.

PHARMACY SERVICES

The programs included with your coverage ensure you receive safe, appropriate and high-quality medications while keeping costs down.

Virtual primary care for PPO | Teladoc Health  
Virtual care | Teladoc Health  
Virtual urgent care | Teladoc Health  
Virtual mental health care | Teladoc Health  
Walk-in clinics  
24-Hour Nurse Line

Blue Cross Coordinated Care<sup>SM</sup>

High-Cost Drug Discount Optimization Program | PillarRx  
Drug Adherence Discount Program | Sempre Health  
Price Edge  
Cellular and Gene Therapies Management  
Oncology Value Management



If you need more information, call Customer Service at the number listed on the back of your Blue Cross Blue Shield of Michigan or Blue Care Network member ID card.



Nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association

Maven is an independent company supporting Blue Cross Blue Shield of Michigan and Blue Care Network by providing family building and women's health support services.

OncoHealth is an independent company providing digital cancer support services to Blue Cross Blue Shield of Michigan and Blue Care Network members.

Teladoc Health® is an independent company that provides Virtual Care Solutions for Blue Cross Blue Shield of Michigan and Blue Care Network.

Virgin Pulse is an independent company that provides health and well-being services on behalf of Blue Cross Blue Shield of Michigan and Blue Care Network.

Blue Cross Blue Shield of Michigan and Blue Care Network have contracted with Sempre Health, an independent company, to provide a drug discount program.

PillarRx is an independent company providing Blue Cross Blue Shield of Michigan and Blue Care Network with a high-cost drug discount program.