

Nose kind  
of runny?

Why wait?



Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Confidence comes with every card.®

Primary care doctor



# There's a place for that.

When it comes to sinus and respiratory infections, colds, mild allergy symptoms or the flu, call your primary care doctor. He or she knows you and understands your health history — so you get personalized, one-on-one care.

## Why see a primary care doctor?

- High-quality, comprehensive care provided by a doctor you know and trust
- Knows you and your medical history and coordinates all your care
- May be open late or on weekends
- May offer additional services, such as labs

## Don't have a primary care doctor? We'll help you choose one.

Log in to your member account to get started.

Learn more at [bcbsm.com/findcare](https://bcbsm.com/findcare)

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