

Coughing and sneezing?

Why wait?

There's a place for that.



Primary care doctor

Call your primary care doctor first when you're not feeling well. Your doctor knows you and understands your health history — so you get personalized, one-on-one care.

Your doctor also works with you long-term to make health care choices that are right for you. This includes helping you get specialized treatment when you need it and coordinating all your care with your other providers.



Learn more about your choices
for non-emergency care.

bcbsm.com/findcare

Besides doing annual exams and giving immunizations, primary care doctors treat minor illnesses such as:

- Sinus and respiratory infections
- Colds and flu
- Mild allergy symptoms

Why see a primary care doctor?

- High-quality, comprehensive care provided by a doctor you know and trust
- Knows you and your medical history and coordinates all your care
- May be open late or on weekends
- May offer additional services, such as labs

Don't have a primary care doctor? We'll help you choose one.

Log in to your member account
to get started.

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