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Chief Medical Officer

Debunking myths about the COVID-19 Vaccine with Dr. Jim Grant

MYTH	FACT
The vaccines were developed too quickly to be safe.	Vaccine developers used proven work completed for other vaccines as a starting point in their fight against COVID-19, giving them a head start. Each COVID-19 vaccine approved for use by the FDA followed the same rigorous testing and evaluation as other vaccinations deemed safe.
I'll get COVID-19 if I get the vaccine.	The vaccine can't make you sick with COVID-19 because it does not contain the live virus that causes it.
I'll test positive for COVID-19 if I get the vaccine.	The vaccines for COVID-19 don't contain the live virus; if you receive the vaccine and are later given a diagnostic test for COVID-19, you won't test positive as a result of having the vaccination.
I didn't have a reaction so it must not have worked.	The vaccination will work even if you don't experience side effects. Some people may experience side effects, which are normal signs that your body is building protection.
I had COVID-19, so I don't need a vaccine.	Experts don't know yet how long you're protected from getting sick again after recovering from COVID-19, so you should be vaccinated regardless of whether you've had it or not.
I should take ibuprofen before getting the vaccine to lessen side effects.	It's not recommended you take over-the-counter medicine, such as ibuprofen, aspirin, antihistamines or acetaminophen before vaccination because it's not known how these medications may affect how well the vaccine works.
I got the vaccine, so I don't need to wear a mask.	We're still learning how vaccines will affect the spread of COVID-19. After you've been fully vaccinated, you should still follow CDC's recommended guidelines .

Learn more at bcbsm.com/coronavirus.



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