

# FACTS:

53% of adults in the U.S. reported that their mental health has been negatively impacted due to worry and stress over the coronavirus.

53%  
OF ADULTS

Let's change how COVID-19 affects our mental health.

Get more facts and find support at [bcbsm.com/mentalhealth](https://bcbsm.com/mentalhealth).

Source: KFF, "KRR HealthTracking Poll," July 2020.