

# Cancer Support: A new no-cost program that's now part of your health plan.



Cancer is difficult to manage, emotionally and physically, and it has affected many of us in some way. We want you to know that more support is here if you or your family are going through cancer.

It can be overwhelming to research answers in between appointments and treatments, and information may not always be reliable. Users have quick access to trustworthy resources in one spot.



## Through this program, users get full access to:

- Cancer nurses, available 24/7 by video, chat or phone, for advice on managing side effects and symptoms.
- Appointments with licensed mental health therapists and registered dietitians who specialize in cancer.
- A peer mentor community to connect with others who have similar experiences.
- A resource navigator to connect you to community and financial support resources.
- Clinically approved articles, videos and webinars (live and recorded).
- A tracker for you to report symptoms and moods. If symptoms worsen, an OncoHealth nurse will reach out to check on you.

Blue Cross Blue Shield of Michigan and Blue Care Network are working with OncoHealth® to bring a new program to your health plan at no cost. It's called Cancer Support.

[Get Started Here](#)

## Cancer Support program

This program is available through OncoHealth's virtual platform, Iris. It's for you and adult family members on your plan who have a current or past cancer diagnosis. Caregivers can also participate on a patient's behalf, if preferred.

Cancer Support doesn't replace or interfere with your care teams and doctors. It complements them by providing quick access to reliable clinical support and resources that patients often need between appointments and treatment. And, as part of your health plan, it's **no cost** to enroll and use the program.

Visit [bcbsm.com/cancersupport](https://bcbsm.com/cancersupport) to learn more and to get started.