

SUBJECT LINE: Returning to Work? We're Here to Help



Hi [Employee Name],

Returning to work during or after cancer treatment can bring a mix of emotions. While it may feel like an important milestone, it can also come with new questions about managing symptoms, balancing appointments, and adjusting to a new routine.

You don't have to navigate these changes alone.

Support Your Return-To-Work Experience:

Through Iris, you have access to oncology-specialized clinicians who can help with the challenges that may come with balancing work and cancer care:

Managing treatment-related symptoms

Nurses can help answer questions about side effects, provide guidance between appointments, and help you understand when to reach out to your healthcare team.

Supporting your energy and nutrition

Registered dietitians can provide personalized guidance for maintaining nutrition, managing treatment-related changes, and supporting your overall well-being.

Navigating the emotional side of cancer

Mental health therapists provide compassionate support for managing stress, anxiety, uncertainty, and the emotional challenges that may come with returning to work.

[Company Name] offers Iris, a no-cost, 24/7 cancer support program from Blue Cross Blue Shield of Michigan. Whether you are working through treatment or returning after treatment, Iris provides personalized support to help you navigate the physical, emotional, and everyday challenges of cancer care.

Create your Iris account today: [IrisOncology.com/bcbsm-signup](https://irisoncology.com/bcbsm-signup).

Warmly,

[Signature]

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