



Your doctor leads a team of experts
to help you get and stay healthy.

Better care starts here.



Confidence comes with every card.®

Choose a Total Care doctor to start your journey to good health.

Your doctor will work closely with you to focus on your health needs and goals. And you'll get extra help when you need it from a team of experts, like care managers, dietitians and pharmacists in your doctor's office. Total Care doctors meet national standards for providing high-quality health care — care from a team that helps you stay healthy and out of the hospital emergency room.

Find a doctor at [bcbsm.com](https://www.bcbsm.com).