



Managing your health can be easier than you think.

Dear Valued Employee:

Our employees are our most important asset. That's why we think it's important to offer you benefits that help you stay healthy. Your Blue Cross Blue Shield of Michigan PPO health plan gives you access to high-performing Total Care doctors, no matter where you live in the country.

Total Care doctors earn this quality designation because they meet national standards for providing health care that's focused on helping you stay healthy and out of the hospital emergency room. Your Total Care doctor will help you better manage your medical conditions and meet your health goals.

Your doctor leads a team of health care experts who support you by treating any health conditions you have and preventing any new ones. This includes getting you extra help right in the office when you need it from experts like nurse care managers, dietitians and pharmacists. That team uses national best practices and electronic tools to give you the best and safest care possible. Your Total Care doctor's office likely offers late and weekend hours too, to make it even easier to manage your health.

You might already have a Total Care doctor. But if not, consider choosing one to get the best value from your Blue Cross plan. The Find a Doctor feature on the Blue Cross website, at [bcbsm.com](https://www.bcbsm.com), lets you search for Total Care doctors near your home. Create a member account, and download the Blue Cross mobile app for even easier searching. Choose a Total Care doctor to start your journey to good health.

Sincerely,



Confidence comes with every card.®

Better care starts here.