



Substance use treatment and recovery care you can count on.

Better care starts here.

Substance use disorders, including opioid abuse, affect 93 million Americans, 75% of whom are in the workforce, according to the U.S. Substance Abuse and Mental Health Services Administration. Addiction is a chronic condition that requires long-term, coordinated treatment. Despite this, many substance use treatment programs aren't accredited by nationally recognized health care organizations, highlighting a major gap in the quality of care available.

The costs can be staggering for patients and their employers providing health care plans. Treatment for these disorders cost more than \$442 billion a year, an *American Journal of Preventive Medicine* study found.

To help members find hospitals and facilities that provide high-quality inpatient and outpatient substance use treatment, Blue Cross Blue Shield of Michigan and Blue Care Network join Blue plans across the country in designating Blue Distinction Centers for Substance Use Treatment and Recovery.

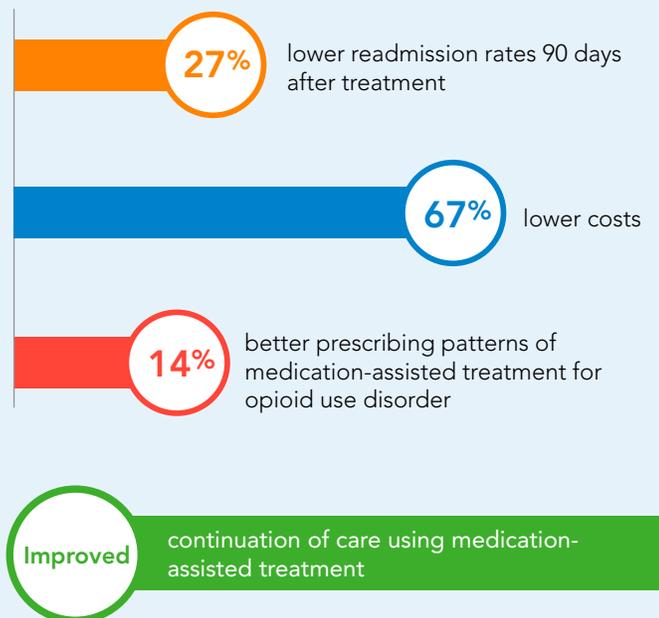
Hospitals and facilities that earn this designation show expertise in substance use treatment, with better coordinated and more appropriate evidence-based, patient-focused care. Facilities also must be nationally accredited.

The Blue Cross and Blue Shield Association evaluates new applicants and existing centers regularly before awarding designation based on quality of care.

The national Blue Distinction Specialty Care program helps you find health care facilities that provide high-quality care in certain specialties. These facilities have a proven history of delivering care with better results than other facilities.

The Blue Distinction Specialty Care program has helped patients face their health care treatment with confidence since 2006.

Blue Distinction Centers for Substance Use Treatment and Recovery show better results for patients, including:



Welcome to Blue Distinction[®] Specialty Care.



Find a Blue Distinction Center near you

You'll find Blue Distinction Centers and Blue Distinction Centers+ in 48 states and the District of Columbia.

- Go to **bcbsm.com** and log in to your member account, if you have one. If you don't, click on *Register now*.
- After logging in, click on *Find a doctor* under the *Doctors and Hospitals* tab.
- Scroll down, and click on the *Find care* link.
- Type "hospital" in the search field, and press Enter.
- Select a procedure type from the Blue Distinction list on the left side of the screen.
- Choose the hospital or facility that's right for you.

