



Commercial PPO/HMO Medical Policy Updates

Customer Edition

June 30, 2026

Listed below are recent medical policy updates approved by the Joint Uniform Medical Policy Committee.

Medical policy updates

- **Surgical treatment for OSA/snoring has updated coverage criteria**
 - Blue Cross Blue Shield of Michigan reviewed the *Surgical treatment for Obstructive Sleep Apnea and Snoring (OSA)* policy and determined surgery is an established treatment for OSA when established when criteria are met.
 - Inclusionary criteria have been revised for clarification.
 - Effective May 1, 2026.
- **Bypass the Autism prior authorization requirement on Applied Behavioral Analysis (ABA) secondary claims.**
 - Updates have been made to system logic for Applied Behavioral Analysis (ABA) claims when Blue Cross Blue Shield of Michigan is the secondary payer.
 - In this situation, we will no longer require prior authorization.
 - No changes when Blue Cross Blue Shield of Michigan is the primary payer.
- **National Health Care Reform (NHCR) - Women's Health- Preventive services- 3-visit limit on Maternity Evaluation and Management codes and Telemedicine codes are being removed.**
 - After reviewing the most recent changes to the National Health Care Reform guidelines, Blue Cross Blue Shield of Michigan is removing the 3-visit prenatal quantity limit on Maternity Evaluation and Management and Telemedicine procedure codes.
 - Effective Oct. 9, 2026.

Additional information regarding each of the above-mentioned medical policy updates can be found by reviewing the full medical policy. All current Blue Cross and BCN medical policies are accessible via our **Medical Policy Router Search:** [Medical Policy and Pre-Cert/Pre-Auth Router \(bcbsm.com\)](https://bcbsm.com)

Questions? Reach out to your Blue Cross sales representative or general agent.

Please note that required updates to the claims processing system may not be completed until after the effective date of the Medical Policy change. In addition, please note that the updates included within this document are specific to *Medical* Policy changes and do not include changes made to Pharmacy policies.