



Commercial PPO/HMO Medical Policy Updates

Customer Edition

December 31, 2025

Listed below are recent medical policy updates approved by the Joint Uniform Medical Policy Committee.

Medical policy updates

- **Telemedicine codes for prenatal care and HIV PrEP are covered with no cost share for NHCR groups.**
 - New billing codes are being released to allow virtual care providers to bill for some prenatal and HIV PrEP services without cost share requirements for NHCR compliant contracts.
 - Providers must follow established billing guidelines.
- **Influenza vaccine frequency limitation removal.**
 - Medical Affairs has approved removing the frequency limitation for the designated flu vaccines.
 - This will allow physicians to determine the frequency needs of their patients.
- **Inclusionary criteria for MRI of the breast have been updated.**
 - Blue Cross Blue Shield of Michigan reviewed the *Magnetic Resonance Imaging of the Breast* policy and determined Magnetic Resonance Imaging (MRI) of the breast is established when criteria are met.
 - This includes an annual MRI of the breast for screening (as an adjunct to mammography) for breast cancer in individuals when criteria are met.
 - Effective Jan. 1, 2026.
- **Medical policy statement and language updates made to the gender affirming services policy.**
 - The medical policy statement and policy language have been updated due to Executive Orders 14168 and 14187.
 - Effective Jan. 1, 2026.

Additional information regarding each of the above-mentioned medical policy updates can be found by reviewing the full medical policy. All current Blue Cross and BCN medical policies are accessible via our **Medical Policy Router Search:** [Medical Policy and Pre-Cert/Pre-Auth Router \(bcbsm.com\)](https://bcbsm.com)

Questions? Reach out to your Blue Cross sales representative or general agent.

Please note that required updates to the claims processing system may not be completed until after the effective date of the Medical Policy change. In addition, please note that the updates included within this document are specific to *Medical* Policy changes and do not include changes made to Pharmacy policies.