



## Commercial PPO/HMO Medical Policy Updates Customer Edition March 31, 2026

Listed below are recent medical policy updates approved by the Joint Uniform Medical Policy Committee.

### Medical policy updates

- **Inclusionary criteria for MRI of breast revised.**
  - Blue Cross Blue Shield of Michigan reviewed the *Magnetic Resonance Imaging of the Breast* policy and determined Magnetic Resonance Imaging (MRI) of the breast is established when criteria are met.
  - Inclusionary criteria have been revised for clarification.
  - Effective March 1, 2026.
- **National Health Care Reform (NHCR) – Women’s Health Preventative Services – Contraceptive device update.**
  - We have added a new Intrauterine copper contraceptive (Miudella) device as payable for National Health Care Reform (NHCR) compliant groups without cost share.
  - Effective Jan. 1, 2026.
- **Ayres Sensory Integration Therapy® is established for treatment of children with autism spectrum disorder when criteria are met.**
  - Ayres Sensory Integration Therapy® is established for treatment of individuals with autism spectrum disorder when criteria are met.
  - Effective March 1, 2026.

Additional information regarding each of the above-mentioned medical policy updates can be found by reviewing the full medical policy. All current Blue Cross and BCN medical policies are accessible via our **Medical Policy Router Search:** [Medical Policy and Pre-Cert/Pre-Auth Router \(bcbsm.com\)](https://www.bcbsm.com/medical-policy-router)

### **Questions? Reach out to your Blue Cross sales representative or general agent.**

Please note that required updates to the claims processing system may not be completed until after the effective date of the Medical Policy change. In addition, please note that the updates included within this document are specific to *Medical* Policy changes and do not include changes made to Pharmacy policies.