

# Blue High Performance Network<sup>™</sup>



# An affordable choice when you stay in network

Blue High Performance Network, or BlueHPN<sup>SM</sup>, is an affordable option available to you through your employer. What makes BlueHPN different is the size of the network of providers available for care.

## Before you choose BlueHPN, there are important things you need to know.

Understanding these key points will help you decide if BlueHPN is right for you and your family.

- You must get all your care from BlueHPN providers, except for emergencies. This includes providers, labs, imaging, urgent care and more.
- If you don't use BlueHPN providers, you may be responsible for up to 100% of the cost of that care.
- Care from BlueHPN providers costs less. You'll pay your usual out-of-pocket costs. For example, the national average cost for a BlueHPN office visit is \$50, but that same visit with an out-of-network provider is \$335.\*

Not all providers and facilities are in the BlueHPN network, but you'll find a full range of quality Blue Cross providers and facilities to meet your health care needs. The BlueHPN network of providers has been carefully chosen to provide convenient and affordable care for you and your family.

For accidental injuries and medical emergencies, you'll have access to all emergency care services across the U.S. and any BlueHPN provider in more than 65 metropolitan cities. Virtual care options may be available through your BlueHPN provider or by using Blue Cross Online Visits<sup>SM</sup>.

## Blue High Performance Network<sup>sm</sup>

## Deciding if BlueHPN is right for you

We're ready to help you make the best choice for you and your family. Use the information in this guide and the enclosed worksheet to help you decide if BlueHPN is right for you. You can also find more information at **bcbsm.com/bluehpn**.

## USE BLUEHPN PROVIDERS AND FACILITIES FOR ALL YOUR CARE

**Plan ahead for your care.** Think about the care you get today, and what you might need tomorrow – whether it's primary care, a specialist, urgent care, labs or other places you get care.

Are your providers and facilities in the BlueHPN network?

- If so, BlueHPN may be a good plan choice for you.
- If not, this plan may not be right for you unless you're willing to change to BlueHPN providers.

### WHEN YOU OR YOUR FAMILY ARE AWAY FROM HOME

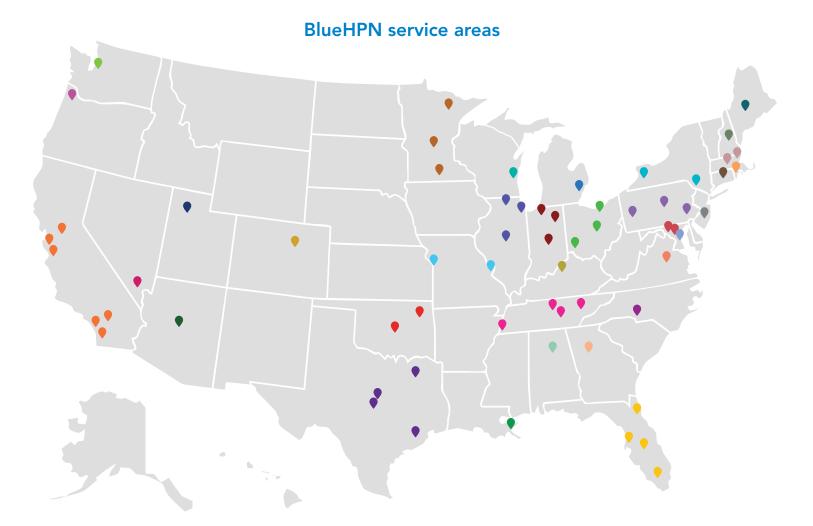
You and your dependents can get medical care in any of the more than 65 BlueHPN service areas across the U.S. This includes care while you're traveling or for dependents who may not live with you. See the national map of cities in this flyer.

Are you able to get the care you need when you travel or when your dependents live away from you?

- If so, BlueHPN may be a good choice for you.
- If not, it may not be a good choice for you.



Remember: In an emergency, you can go to any hospital. And, you may have virtual visits through your BlueHPN doctor or Blue Cross Online Visits.



#### Alabama Birmingham Hoover

#### Arizona Phoenix Mesa

#### Scottsdale California

Anaheim Arcade Arden Carlsbad Hayward Lodi Long Beach Los Angeles Modesto Oakland Ontario Riverside Roseville Sacramento San Bernardino San Diego San Francisco San Jose Sunnyvale Stockton Santa Clara

#### Colorado

#### Aurora Denver Lakewood Connecticut

East Hartford Hartford West Hartford

#### Florida

Clearwater Fort Lauderdale Jacksonville Kissimmee Miami Orlando Sanford St. Petersburg

Tampa West Palm Beach Georgia Atlanta

Augusta Columbus Sandy Springs Savannah Roswell

Illinois Chicago Elgin Naperville

## Indiana

Anderson Carmel Fort Wayne Indianapolis Mishawaka South Bend Kentucky Louisville

Jefferson County

#### Louisiana Metairie New Orleans

Maine

Maryland Baltimore Columbia Towson

Massachusetts Boston

Cambridge Newton Michigan

Dearborn Detroit

## Warren

Minnesota Bloomington Duluth Minneapolis Rochester St. Paul

Missouri Kansas City St. Louis Nevada Henderson Las Vegas

Paradise **New Hampshire** 

New Jersey Camden

**New York** Buffalo

Gastonia

Cheektowaga Long Island New York

Oregon Portland Hillsboro

Pennsylvania Harrisburg Lehigh Valley Pittsburgh

#### Rhode Island Providence Warwick

Tennessee Chattanooga Davidson Franklin Knoxville Memphis Murfreesboro Nashville

Texas Arlington Austin Dallas Fort Worth Houston New Braunfels Round Rock The Woodlands

San Antonio

Sugar Land

#### Utah Ogden Provo

Salt Lake City

#### Virginia

Alexandria Arlington Richmond

## Washington, D.C.

Washington Bellevue Seattle Tacoma Vancouver

### Wisconsin

Milwaukee Waukesha West Allis

This map is effective Jan. 1, 2022 and is subject to change. The following states have BlueHPN providers in the cities indicated below, but they also offer BlueHPN providers outside of those cities: Colorado, Florida, Indiana, Louisiana, Maine, Maryland, Minnesota, Missouri, New Hampshire, New Jersey, Nevada, Oklahoma, Tennessee, Washington

Niagara Falls North Carolina Chapel Hill Charlotte Concord Durham

#### Cincinnati Cleveland Elyria Columbus Oklahoma Oklahoma City

Greensboro

High Point

Statesville

Winston

Ohio

Tulsa

Hickory

Raleigh

Salem



# Decide if Blue High Performance Network<sup>™</sup> is right for you

**BlueHPN**<sup>SM</sup> uses a **special local and national network** of quality doctors, urgent care centers and hospitals. It's affordable because it's smaller so using network providers is key. You may be responsible for paying up to 100% of the cost for care if you use out-of-network providers, unless it's for emergency care such as an accidental injury or medical emergency.

Know the right way to use BlueHPN. Take a few moments to complete this worksheet, using the information in this guide and at bcbsm.com/bluehpn. Let your answers guide your decision to choose BlueHPN.

## You'll need to use BlueHPN providers for all your care.

BlueHPN is a good fit for you when you use network providers. To answer the following questions, log in to your account at **bcbsm.com/bluehpn** and use the provider search or click on *Find a BlueHPN provider without signing in*. You can also search by clicking *Doctors by name* and entering your provider's name. Only network providers will show.

## Primary care

My primary care provider is
Is your PCP in the BlueHPN network?  Yes No – If your provider is <b>in network</b> , this plan may be <b>a good fit</b> for you.
<ul> <li>If your provider isn't in the network, you'll need to change to a BlueHPN provider.</li> <li>Are you willing to change your provider? Yes No</li> <li>If you're not willing to change your provider, this plan isn't a good fit for you.</li> </ul>
Other care, including specialists and urgent care List other providers you or your family members use for care:
BlueHPN provider?
BlueHPN provider?
<ul> <li>If these providers are in network, this plan may be a good fit for you.</li> </ul>
<ul> <li>If these providers aren't in the network, you'll need to change to BlueHPN providers.</li> <li>Will you change to BlueHPN providers?  Yes No</li> <li>If you're not willing to change providers, this plan isn't a good fit for you.</li> </ul>
Are there any surgeries, procedures or screenings, such as mammogram or colonoscopy, that you're planning for the next year?

If yes, use the same search tool to search *places by name or by type* to see network facilities near you.

You may also have virtual care options through your BlueHPN provider or with Blue Cross Online Visits<sup>™</sup>.

## You'll need BlueHPN providers when you're away from home, too.

Before choosing this plan, make sure there are network BlueHPN clinics or urgent care centers where you travel. BlueHPN providers are found in more than 65 major U.S. cities, but are they where you travel? Start searching *by location* on **bcbsm.com/bluehpn** or the national map of cities on the BlueHPN flyer.

### When you're traveling

_	Where are you traveling?	
_	Are there BlueHPN providers, urgent care centers and hospitals where I travel? 🛛 Yes 🗌 No	
_	Are they convenient to get to? 🗌 Yes 🗌 No	
-	your family members live away from home Where do your dependents live? Are there BlueHPN providers, urgent care centers and hospitals where my dependents live? Is it convenient to get to? Yes No	🗌 No
You ma	ay also have virtual care options through the BlueHPN provider or with Blue Cross Online Visits.	

## Review your answers and make your decision.

## Is BlueHPN a good fit for me and my family?

My preferred doctor, specialist, urgent care and hospital are in the BlueHPN network.	Yes	🗌 No
BlueHPN providers are convenient for me to access.	Yes	🗌 No
My family members live in a metropolitan area where BlueHPN providers are convenient for them to access.	Yes	🗌 No
I can easily find network urgent care and hospitals where I travel most.	Yes	No

Answering yes to these questions means BlueHPN is a good fit for you.

## If I choose BlueHPN ...

- ✓ I'll have access to quality BlueHPN providers at a lower premium cost.
- I won't need a referral to see a specialist.
- I'll have access to all emergency care services.
- ✓ I can get care in any of the 65+ BlueHPN metropolitan areas.



Remember: Get your care from BlueHPN providers to avoid paying for out-of-network services.

## Learn more about BlueHPN at www.bcbsm.com/bluehpn.



## Blue High Performance Network<sup>sm</sup>



## We're ready to help.

As a Blue Cross member, you have access to digital tools and information to help you choose your plan. You can log in to your Blue Cross member account or mobile app to access customized information about your plan.

Learn more about BlueHPN at **bcbsm.com/bluehpn**.

