

Care Transition Checklist

We understand changing where you receive care can take time and feel overwhelming. These steps can help you take it one step at a time and avoid delays, gaps in care or unexpected costs.

1. Schedule new appointments early

Book visits with your new primary care doctor and any specialists as soon as possible to help avoid care delays after June 30.

2. Confirm your providers are in-network

Make sure your new doctors, hospitals, labs and imaging centers are in your plan's network to help avoid higher out-of-pocket costs.

3. Ask your Primary Care Doctor about referrals

If you'll need specialist care after June 30, ask whether you need any in-network referrals before your visit.

4. Cancel Michigan Medicine appointments once new care is set

After scheduling new visits, cancel any Michigan Medicine appointments that occur after June 30, if applicable.

5. Ask your new doctor to request your records

Work with your new doctor to request medical records from the past one to two years so they have your full history.

6. Refill medications ahead of time

Refill prescriptions that may run out after June 30 so there's no interruption in treatment.

7. Prepare a medication list

Include prescriptions, over-the-counter medicines, vitamins and supplements.

This checklist is for members who may need to transition care because of the Michigan Medicine network update. Be sure to bring your member ID card, photo ID and any information about ongoing or follow-up care to your first visit with your new doctor. If you have an advance directive or health care proxy, bring that, too.

For help understanding your options or transitioning your care, call the number on the back of your member ID card.