



In most cases,
one shot will
give a lifetime of
protection.

Don't take chances with your
health. Get a vaccine to drastically
reduce your chances of severe
illnesses and even death.

For more information

TCN members call Customer Service
at 1-877-832-2829.

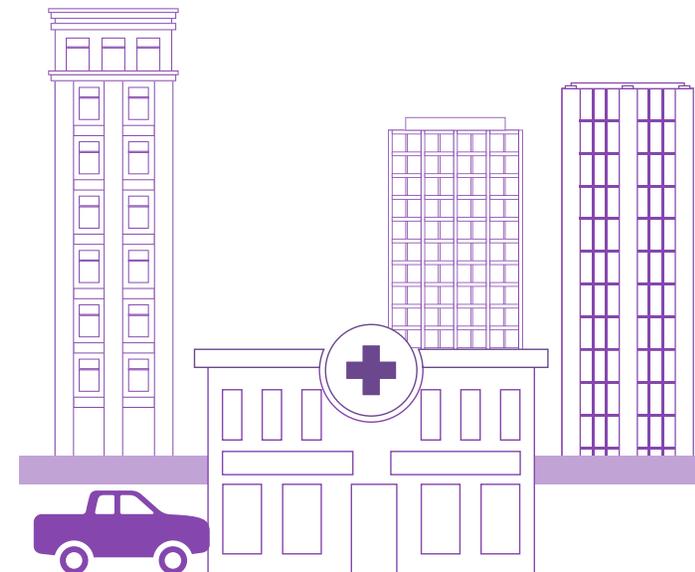
Medicare Advantage members call
Customer Service at 1-888-322-5616.
TTY users call 711.

Don't wait, vaccinate!
Get your pneumonia shot



**Blue Cross
Blue Shield**
of Michigan

A nonprofit corporation and independent licensee
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*Source: cdc.gov**

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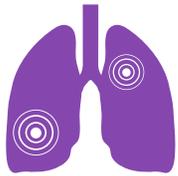




Immunizations are not just for children, adults need them too.

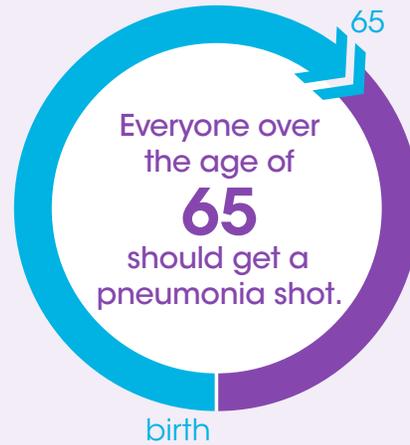
They make a difference.

Pneumonia is a serious lung illness that is especially dangerous for those with weak immune systems or chronic conditions such as emphysema, diabetes, asthma or chronic obstructive pulmonary disease (COPD).



Getting a pneumonia shot will protect you against many types of bacteria that can cause pneumonia and worsen your chronic condition.

Who needs the immunization?



Symptoms of pneumonia

- Fever
- Muscle aches
- Chest pain
- Sore throat and
- Shortness of breath

*Source: [cdc.gov](https://www.cdc.gov)**

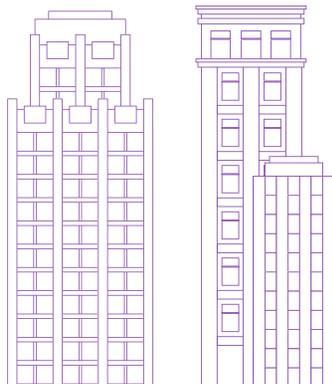
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Approximately **one million** people are hospitalized with pneumonia each year; of that number, **50,000** people die from the disease.

Most of the hospitalizations and deaths from pneumonia in the U.S. are in adults.*

You're covered for pneumonia vaccinations



Why suffer from pneumonia? Vaccinate.