

Enhanced Care PPO



2026 Plan benefit guide for non Medicare UAW Trust members

You have many options when it comes to selecting a health care plan.
Thank you for choosing Blue Cross Blue Shield of Michigan.



Enhanced Care PPO is the Blue Cross health plan for non-Medicare members. With the Enhanced Care PPO plan, you have access to the expansive Blue Cross network of doctors, hospitals, and other health care providers within our preferred provider organization.

You will find that your deductibles, co-insurance, copayments and other out-of-pocket expenses will be less when you use a network provider. If you go outside of the network, you will pay more for services, and in some cases, services may not be covered by the plan.

It’s easy to check to see if your provider is in the network by calling Customer Service or by logging on to our website, **bcbsm.com/uawtrust**.

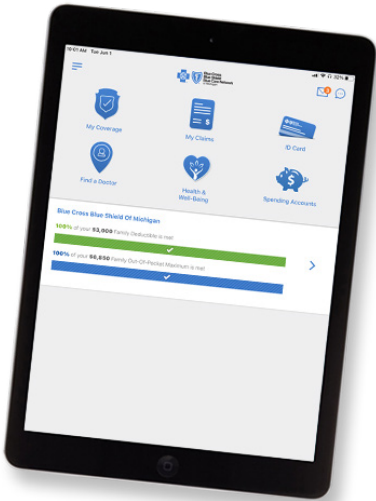
If you have any questions about your coverage, bills you might have received, or your explanation of benefits, we’re always happy to answer them. Please contact Customer Service at:

1-888-800-6403
8 a.m. to 8 p.m. Eastern time
Monday through Friday
TTY users call **711**.

You can also find the number on the back of your Blue Cross member ID card.

To have information about your health care plan at your fingertips, get the Blue Cross mobile app. You can check your coverage, claims and balances; show and share your ID card; find care and view costs such as deductible, coinsurance, copay, or check hospital and doctor quality. Go to the Apple® App Store or Google Play™, and search for BCBSM.

Our goal is always to keep you informed and healthy. Thank you for choosing Blue Cross Blue Shield of Michigan and the Enhanced Care PPO plan.



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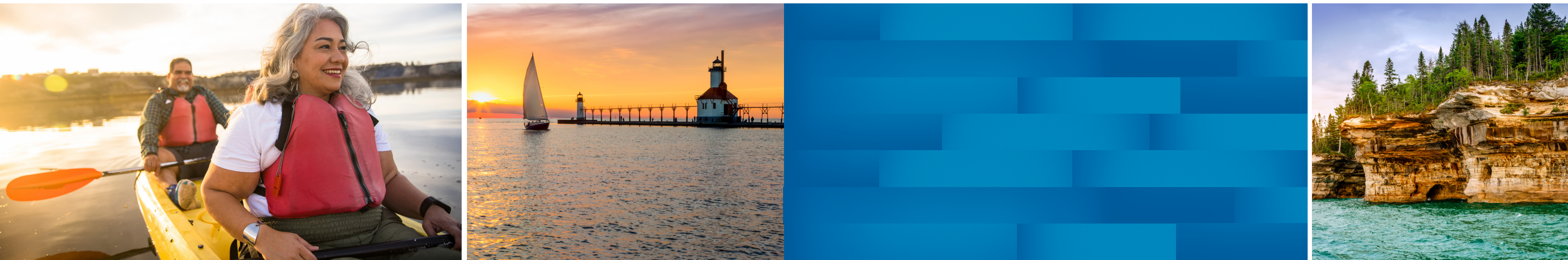
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Well-being and care support

With every Blue Cross card, you receive additional support. Some of the programs we offer to members include:



The Blue Cross® Health & Well-being

website provides helpful online information and tools 24 hours a day. Getting started is easy. Just sign in to www.bcbsm.com/uawtrust and select the *Resources* tab. Once there, you can:

- Contact the 24-hour nurse line for confidential help with questions about your health.
- Complete a health assessment to help us learn more about you and your needs.
- Learn about tobacco cessation coaching, behavioral health benefits and chronic condition management.
- Access exclusive member discounts and savings from Blue 365®.

Care support programs that help you manage chronic conditions or complex medical conditions. They provide support, community resources, education and coordination of care. These programs close gaps in your medical care. Specialized programs include:

24/7 Nurse Line assists you in making the most informed decisions about your health. Nurses are available to answer your health questions and review your symptoms to determine the appropriate level of care. Call **1-855-624-5214**.

Behavioral Health Services work to improve your health through balanced treatment of the body and mind. Behavioral Health Services provides prior authorizations for inpatient mental health and substance use treatment. Contact us at **1-877-228-3912**.

Cecelia Health provides personalized support to help you maintain and manage your diabetes for a better quality of life. Your personalized coach can provide medication tips and guidance, blood sugar monitoring, preventive care, healthy eating and exercise.

Call **1-800-422-9875** for more information on this program.

Tobacco Coaching program — Increase your chances for becoming tobacco free with a phone-based tobacco cessation coaching program with on-platform coach messaging offered by Personify Health. This holistic, clinically sound, and whole person program addresses all factors surrounding tobacco use. Whether you're ready to set a quit date or not, call Personify Health at **1-833-380-8436** to enroll and schedule your first call. TTY users, call **711**.

How to find a network provider

To find an in-network provider, visit www.bcbsm.com/uawtrust to get started. Once there, follow these steps:

- 1. Scroll down to *How can we help?*
- 2. Click on *Find a doctor*.
- 3. Click on *Choose a location* and follow the prompts.

You can choose a doctor by name or specialty or choose a hospital or clinic by name or type.



Selecting a primary care doctor for you and your family is an important decision. Primary care doctors are family or general practice doctors, internists and geriatricians. Your doctor is your partner in maintaining your good health and providing care for most of your basic health care needs, including:

- Regular checkups
- Health screenings and immunizations
- Treatment for illness or injury
- Treatment for chronic conditions like asthma and diabetes
- Coordination of specialty care, lab tests and hospitalizations

Maintaining a relationship with your primary care doctor is important because he or she may be able to see trends or symptoms you may not notice. Your doctor also knows your family history and risks. With routine tests, your doctor may be able to catch health concerns early.

Your primary care physician checklist

Use this checklist to help take you through the process of finding, making an appointment and interacting with your primary care physician.

- 1

Find a doctor:

 - ☐ Visit www.bcbsm.com/uawtrust, and see the steps on the previous page to find a network provider.
 - ☐ If you would prefer to have us help you find a network provider, call and speak to a representative.
- 2

Before you call your primary care physician:

 - ☐ Write down questions and concerns. If you need pointers on the types of questions you should ask, call and we can help.
 - ☐ Gather a list of current medication and immunization records.
 - ☐ Have your Blue Cross ID card and photo ID or driver's license handy.

When calling, tell them:

 - ☐ Your name and Blue Cross ID information.
 - ☐ Reason you're seeing the doctor.
 - ☐ Days and times that work for you.

Ask:

 - ☐ For any forms that can be sent before your visit.
 - ☐ What else you need to bring.

For your appointment:

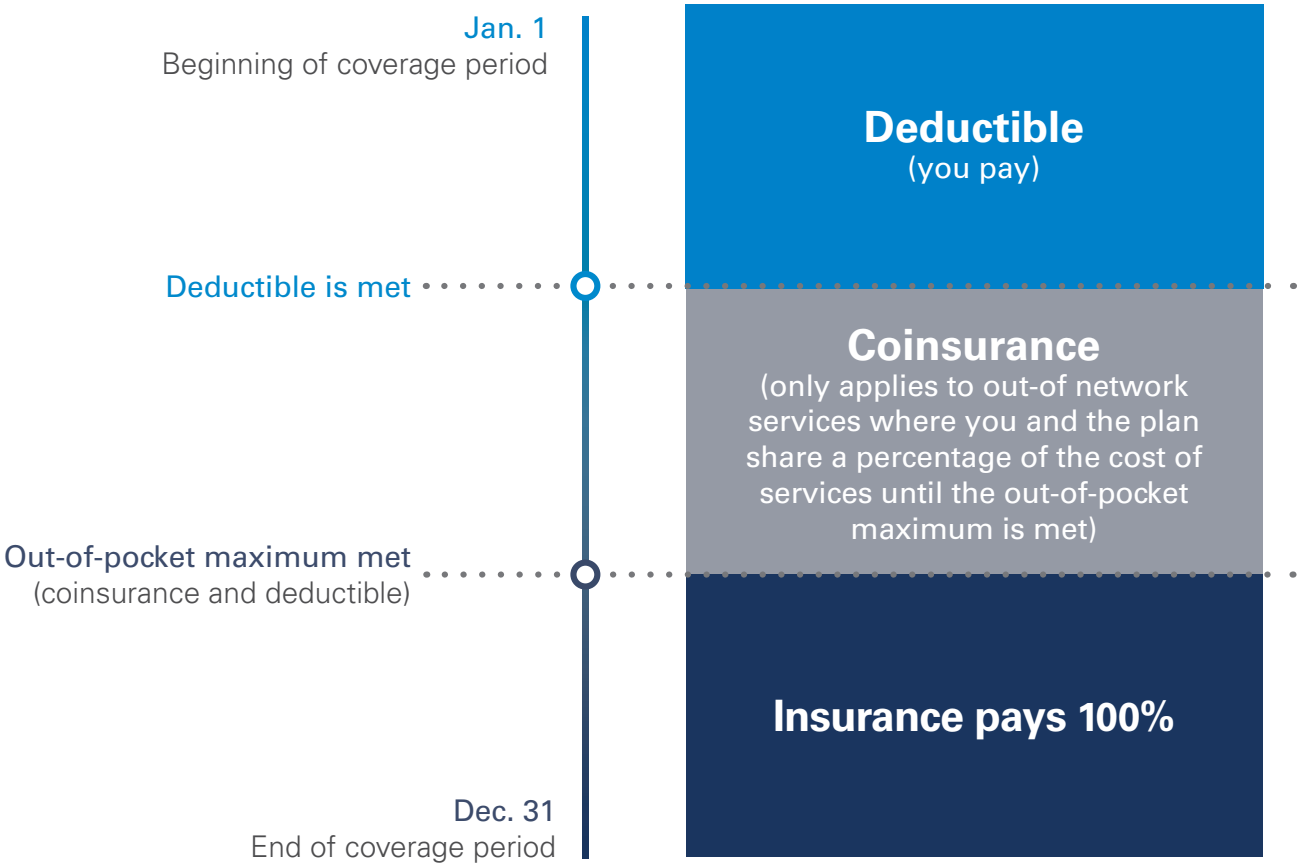
Bring:

 - ☐ Blue Cross ID card and photo ID.
 - ☐ Any papers or forms sent ahead of time.
 - ☐ Health information (medical records), including you and your family's health history.
 - ☐ List of prescriptions and over-the-counter medicines.
 - ☐ Herbal remedies and vitamins you are taking.
 - ☐ Prescription refills you need.
 - ☐ Someone to help you talk to your doctor, if needed.
- 3

After your appointment:

 - ☐ Follow your doctor's advice.
 - ☐ Schedule any follow-up appointments.
 - ☐ Not comfortable with your doctor? Find a new one, if you need to.
- 4
- 5

Understanding important terms



- Deductible** — the amount you must pay toward covered medical services within a calendar year before the Plan begins to pay. This does not apply to services that require a copay.
- Coinsurance** — percentage you pay for covered services after you have met your deductible. Applies to out-of-network services only.
- Out-of-pocket maximum** — the total amount you will pay in a calendar year. It is a combination of the deductible and coinsurance. Once paid, most covered services are paid at 100% for the rest of the calendar year. Applies to out-of-network services only.
- Copayment (copay)** — a fixed amount you pay to receive a medical service, usually at the time of service (office visits, emergency room, urgent care). Note that the copayment does not go toward paying the deductible, coinsurance or out-of-pocket maximum. Copays are separate and continue even after your out-of-pocket maximums are met.
- In network** — the provider has agreed to participate in the Blue Cross PPO program and accepts the allowed amount as payment in full. Other than the applicable cost share, you won't be billed for the balance.
- Out of network** — the provider does not have an agreement with the Blue Cross PPO program, but accepts the allowed amount as payment in full. Other than cost share for covered services, the provider can't bill you for the balance. You may have to pay higher cost share, because the provider is out of network.
- Non-participating** — the provider does not have an agreement with Blue Cross and does not have to accept the allowed amount as payment in full. Services rendered by a non-participating provider are not covered. That means you are responsible for the provider's charge.
- Protected member** — applies to all retirees who retired before October 1, 1990, and all surviving spouses of retirees who retired before October 1, 1999.



2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Monthly contributions and out-of-pocket expenses		
Monthly contribution – The monthly amount you must pay in order to have coverage for yourself and your dependents	General and Protected member member Individual: \$0 Family: \$0	
Deductible – per calendar year	Individual: \$175 Family: \$350 Protected member: \$0	Individual: \$1,000 Family: \$1,700 Protected member: \$0
Coinsurance	None	30% Protected member: 10%
Out-of-pocket maximum – per calendar year Combination of deductible and coinsurance	Individual: \$175 Family: \$350 Protected member: \$0	General and Protected member member Individual: \$3,000 Family: \$5,550

Protected member applies to all retirees who retired before October 1, 1990, and all surviving spouses of retirees who retired before October 1, 1999.

2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Hospital services		
Semi-private room, general nursing services, meals, special diets and inpatient medical care Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Outpatient surgery — includes materials, supplies, preoperative and postoperative care, and suture removal	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Ambulatory surgical centers Must be an approved facility. Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Human organ transplant Specified organ and bone marrow transplants In designated facilities only, when coordinated through HOTP program (1-800-242-3504). Case management also required (1-800-845-5982).	Plan pays 100% after deductible Protected member – plan pays 100%	
Reimbursement of travel and lodging expenses for specified organ and bone marrow transplants Eligible member must travel 100 miles+ one-way from residence. Includes member and one caregiver.	Plan pays 100% *	Plan pays 100% *
Kidney, cornea, bone marrow and skin	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance



Skilled nursing and hospice care		
Skilled nursing facility Must be an approved facility. Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Hospice care Levels 1-5 Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Home health care Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance

*Maximum of \$10,000 over course of treatment for organ transplant event
Maximum of \$5,000 for bone marrow transplant

2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Physician office services		
Primary care office visits Including virtual visits with your own doctor	Plan pays 100%	Not covered
Specialist office visits Including virtual visits with your own doctor	\$10 copay	Not covered
Chiropractic spinal manipulations or Osteopathic manipulative treatment	\$20 copay per visit Limited to 24 visits per year.	Not covered
Acupuncture (for chronic low back pain only)	Plan pays 100% after deductible Protected member – plan pays 100%	Not covered



Preventive services		
Routine physical	\$0 copay — Primary care \$10 copay — Specialist	Not covered
Cholesterol screening — one per calendar year starting at age 20; includes: - Total Serum - LDL - HDL - Triglycerides - Lipid Panel	Plan pays 100%	Plan pays 100%
Pap smear screening — one per calendar year	Plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Mammography screening Routine and high-risk mammogram screening in accordance with established guidelines – one routine exam per calendar year beginning at age 40. Under age 40, one per calendar year, if high-risk factors are present.	Plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Prostate specific antigen (PSA) screening Screening test for asymptomatic males age 40 and older when performed in accordance with established guidelines — one per calendar year.	Plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance

2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Preventive services <i>continued</i>		
Early detection screening tests — Early detection screening for colon, rectal and lung cancers when performed in accordance with established guidelines. Barium enema x-ray — one every 5 years age 45 and over (or at any age if risk factors are present); or Sigmoidoscopy — one every five years age 45 and over (or at any age if risk factors are present) Fecal occult blood test — one per calendar year beginning at age 45 Fecal immunochemical test (FIT) — one per calendar year beginning at age 45 Lung cancer screening — once per calendar year for enrollees age 50 and over who have a 20 pack per year smoking history and currently smoke or have quit within the past 15 years	Plan pays 100%	Not covered
Colonoscopy, preventive or diagnostic – once per calendar year	Plan pays 100%	Plan pays 100%
Hepatitis C (HCV) screening For enrollees who are at risk or when signs or symptoms are present which may indicate a Hepatitis C infection.	Plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Immunizations/Vaccinations — age and frequency limitations for selected medically recognized immunizations at a doctor’s office, retail health center, and at a Blue Cross participating pharmacy.	Plan pays 100% Office visit copay may apply	Not covered (some exceptions may apply)*



Emergency medical care		
Hospital emergency room Services rendered in the emergency room of a hospital for initial examination and treatment of condition resulting from accidental injury or qualifying medical emergency are covered. Additional services rendered in this location may be subject to cost share. Follow-up care in the emergency room is not covered.	\$125 copayment (waived if admitted) Protected member: plan pays 100%	\$125 copayment (waived if admitted) Protected member: plan pays 100%
Urgent care/retail health clinics	\$40 copayment Protected member – plan pays 100%	Not covered
Ground ambulance Medically necessary transport	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Air/water ambulance Covers one-way transport from the scene of an emergency incident or the home to the nearest available facility qualified to treat the patient.	Plan pays 100% up to the allowed amount	Plan pays 100% up to the allowed amount

*Contact Customer Service at the number on the back of your Blue Cross member ID card for a complete list.

2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Diagnostic services		
Outpatient MRI, MRA, x-rays, laboratory & pathology, PET, CAT scans and nuclear medicine Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Sleep studies In an office or outpatient location only Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance



Therapeutic treatment		
Radiation therapy — for the treatment of condition, disease or injury. Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Chemotherapy Coverage is provided for treatment of malignant disease and Hodgkins disease, except when the treatment is considered experimental or investigational. Preauthorization may be required.	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance



Behavioral health care and substance use disorder treatment		
Inpatient behavioral health and substance use disorder treatment Must be pre-authorized – 1-877-228-3912	Plan pays 100% up to 45 days treatment each for psychiatric and substance abuse	If medical emergency admission, plan pays 100% up to 45 days treatment each for psychiatric and substance abuse. Not covered if not a medical emergency admission.
Outpatient behavioral health treatment, including virtual visits with your own doctor	Plan pays 100%	Plan pays 100%
Outpatient substance use disorder treatment, including virtual visits with your own doctor	Plan pays 100%	Plan pays 100%

2026 Frequently used benefits and out-of-pocket costs



	You pay	
	In network	Out of network
Other services		
Allergy testing Office visit copay may apply.	Plan pays 100% after deductible Protected member – plan pays 100%	Not covered
Allergy injections	Plan pays 100% after deductible Protected member – plan pays 100%	30% coinsurance after deductible Protected member – 10% coinsurance
Outpatient physical and speech therapy Limited to 60 combined visits per calendar year, per condition. Services are covered when performed in the outpatient department of the hospital or approved freestanding facility or in-home. Therapy is also covered when provided by an in-network independent physical therapist, or speech and language pathologist.	Plan pays 100%	Not covered
Outpatient occupational therapy Limited to 60 combined visits per calendar year, per condition. Services are covered when performed in the outpatient department of the hospital or approved freestanding facility. Therapy is also covered when provided by an in-network independent occupational therapist.	Plan pays 100%	Not covered
Durable medical equipment, including prosthetics, compression stockings, diabetic shoes Subject to deductible when processed as part of inpatient services.	Plan pays 100%	Not covered
Diabetic monitoring supplies, including continuous glucose monitors (CGM)	Plan pays 100%	Not covered
Wigs Up to \$250 per year, following cancer treatment.	Plan pays 100%	Covered — 100%
Diabetes education Covers comprehensive American Diabetes Association-approved education classes for newly-diagnosed or uncontrolled diabetics.	Plan pays 100%	Not covered
Cardiac rehabilitation Only Phases I and II are covered Must begin within 3 months of a cardiac event and be completed within 9 months.	Plan pays 100% Up to 36 sessions.	Not covered

Claim questions and appeals

After your claims are submitted to Blue Cross by your providers, you will receive an Explanation of Benefits. In addition, you will most likely receive a billing statement from your provider, showing any outstanding balances you may owe.

- 1

To confirm you are paying the right amount, compare the EOB and the provider bill side-by-side. Match the service dates and the amounts. If they match, pay the provider that amount and file the EOB for your records.
- 2

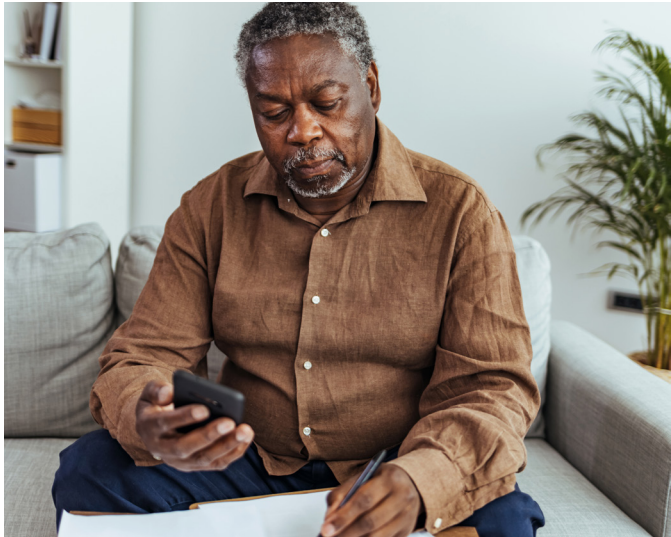
If the amounts do not match, or if you have questions, call **1-888-800-6403**, as shown on the back of your Blue Cross identification card. A Blue Cross representative will be happy to review the EOB statement and answer your questions.
- 3

If you are not satisfied with the response or outcome from customer service, you may file an appeal with Blue Cross by sending the bills in question, the information on the front of your Blue Cross ID card (name, contract and group number), your phone number, and a statement that explains your concern, to:

Auto National Appeal Unit
600 Lafayette East – Mail Code #CS 3A
Detroit, Michigan 48226-2998

You have 180 days from the date of discovery of a problem to file a grievance.
- 4

If the issue remains unresolved, you may file an appeal with the UAW Trust. Please see your Summary Plan for details.



Contact information

Blue Cross Customer Service

For health care or benefit questions, claim assistance, or help finding a participating provider
8 a.m. to 8 p.m. Eastern time, Monday – Friday

1-888-800-6403

Mailing Address (for claim inquiries):
UAW Auto Retiree Service Center
P.O. Box 311088
Detroit, Michigan 48231

Precertification — Behavioral Health and Substance Use Disorder

1-877-228-3912

TruHearing

1-844-394-5420

Blue Cross Blue Shield Global Core

1-800-810-2583 or call collect at **1-804-673-1177**
www.bcbsglobalcore.com

Retiree Health Care Connect

The UAW Trust eligibility and call center

Eligibility, membership and address changes

1-866-637-7555

8:30 a.m. to 4:30 a.m. Eastern time
Monday through Friday

Veterans Health Administration

www.va.gov/health

1-800-698-2411

UAW Retiree Medical Benefits Trust

www.uawtrust.org



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Blue Shield**
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