

Blue Care Network



Benefits at a glance January 1 through December 31, 2026

inpatient)	Out-of-pocket costs				
Coinsurance None \$20 for office visits \$20 for referral physician visits \$20 for emergency	Out-of-pocket maximums	\$2,000 per individual / \$4,000 per family			
Copays \$20 for orifice visits \$20 for urgent care visits \$20 for urgent care visits \$20 for urgent care visits \$20 for referral physician visits \$20 for referral physician visits \$200 for emergency room (waived if admitted as inpatient) The out-of-pocket maximums apply to in-network deductibles, fixed dollar copays and prescription drug copays. The deductible and out-of-pocket maximum amounts renew annually with the start of the new plan year. Preventive services Annual gynecological exam Covered 100% Childhood Immunizations (through age 16) Covered 100% Colonoscopy¹ Covered 100% Fecal occult blood screening¹ Covered 100% Flexible sigmoidoscopy¹ Covered 100% Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography Covered 100% Paps mear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Covered, \$20 copay Telehealth (Blue Cross online tool - behavioral health/substance use) Covered 100% Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay	Deductibles	\$125 per member / \$250 per family			
Copays \$20 for urgent care visits \$200 for referral physician visits \$200 for referra	Coinsurance				
Preventive services Annual gynecological exam Covered 100% Childhood Immunizations (through age 16) Covered 100% Colonoscopy¹ Covered 100% Fecal occult blood screening¹ Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography screening¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Provider tool - behavioral health/substance use) Covered 100% Covered 100% Covered 100% Covered, \$20 copay	Copays	\$20 for urgent care visits \$20 for referral physician visits \$200 for emergency room (waived if admitted as			
Annual gynecological exam Childhood Immunizations (through age 16) Colonoscopy¹ Covered 100% Fecal occult blood screening¹ Covered 100% Flexible sigmoidoscopy¹ Covered 100% Flexible sigmoidoscopy¹ Covered 100% Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography Screening¹ Covered 100% Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay	The out-of-pocket maximums apply to in-network deductibles, fixed dollar copays and prescription drug copays. The deductible and out-of-pocket maximum amounts renew annually with the start of the new plan year.				
Childhood Immunizations (through age 16) Colonoscopy¹ Covered 100% Fecal occult blood screening¹ Covered 100% Flexible sigmoidoscopy¹ Covered 100% Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography screening¹ Covered 100% Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Brovider tool - medical) Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use)	Preventive services				
Colonoscopy¹ Covered 100% Fecal occult blood screening¹ Covered 100% Flexible sigmoidoscopy¹ Covered 100% Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography creening¹ Covered 100% Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay	Annual gynecological exam	Covered 100%			
Fecal occult blood screening¹ Flexible sigmoidoscopy¹ Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography screening¹ Pap smear screening – laboratory services only¹ Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Provider tool - medical) Telehealth (Provider tool - behavioral health/substance use) Covered 100% Covered 100% Covered, \$20 copay Covered, \$10 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay	Childhood Immunizations (through age 16)	Covered 100%			
Flexible sigmoidoscopy¹ Health maintenance exam Covered 100% Immunizations, annual flu shot & Hepatitis C screening for those at risk Mammography, annual standard film or digital mammography screening¹ Covered 100% Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered, \$20 copay Covered, \$20 copay Covered 100% Covered, \$20 copay	Colonoscopy ¹	Covered 100%			
Health maintenance exam Immunizations, annual flu shot & Hepatitis C screening for those at risk Covered 100% Mammography, annual standard film or digital mammography screening¹ Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Covered, \$20 copay Telehealth (Provider tool - medical) Covered, \$20 copay Covered 100% Covered 100% Covered 200% Covered 100% Covered 300% Covered 100% Covered 100% Covered 100% Covered 100%	Fecal occult blood screening ¹	Covered 100%			
Immunizations, annual flu shot & Hepatitis C screening for those at riskCovered 100%Mammography, annual standard film or digital mammography screening¹Covered 100%Pap smear screening – laboratory services only¹Covered 100%Prostate specific antigen screening¹Covered 100%Well-baby and child careCovered 100%Physician office servicesOffice visits, consultations and urgent care visitsCovered, \$20 copayOutpatient and home visitsCovered, \$10 copayTelehealth (Blue Cross online tool - medical)Covered 100%Telehealth (Provider tool - medical)Covered, \$20 copayTelehealth (Provider tool - behavioral health/substance use)Covered, \$20 copayTelehealth (Provider tool - behavioral health/substance use)Covered, \$20 copay	Flexible sigmoidoscopy ¹	Covered 100%			
those at risk Mammography, annual standard film or digital mammography screening¹ Pap smear screening – laboratory services only¹ Covered 100% Prostate specific antigen screening¹ Covered 100% Well-baby and child care Covered 100% Physician office services Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Telehealth (Provider tool - behavioral health/substance use) Covered 100% Covered, \$20 copay Covered 100% Covered, \$10 copay Covered 100% Covered, \$20 copay Covered 100%	Health maintenance exam	Covered 100%			
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Office visits, consultations and urgent care visits Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Covered, \$20 copay Covered 100% Telehealth (Provider tool - medical) Covered, \$20 copay Covered 100% Covered, \$20 copay Covered 100%	Well-baby and child care	Covered 100%			
Outpatient and home visits Telehealth (Blue Cross online tool - medical) Telehealth (Blue Cross online tool - behavioral health/substance use) Covered, \$20 copay Covered 100% Telehealth (Provider tool - medical) Covered, \$20 copay Covered 100% Covered 100% Covered 100%	Physician office services				
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Telehealth (Blue Cross online tool - behavioral health/substance use) Covered 100% Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered 100%	Outpatient and home visits				
Telehealth (Provider tool - medical) Covered, \$20 copay Telehealth (Provider tool - behavioral health/substance use) Covered 100%	Telehealth (Blue Cross online tool - medical)	Covered, \$10 copay			
Telehealth (Provider tool - behavioral health/substance use) Covered 100%	Telehealth (Blue Cross online tool - behavioral health/substance use)	Covered 100%			
	Telehealth (Provider tool - medical)	Covered, \$20 copay			
Emorgones, modical care	Telehealth (Provider tool - behavioral health/substance use)	Covered 100%			
Emergency medical care					
Ambulance services – medically necessary Covered 100% after deductible	Ambulance services – medically necessary	Covered 100% after deductible			
Hospital emergency room for medical emergency or accidental injury Covered, \$200 copay (waived if admitted as inpatient)	Hospital emergency room for medical emergency or accidental injury				

¹Patient Protection and Affordable Care Act (PPACA) guidelines apply.

Diagnostic services			
Diagnostic tests and x-rays	Covered 100% after deductible		
Laboratory and pathology tests	Covered 100%		
Radiation therapy	Covered 100% after deductible		
Maternity services provided by a physician			
Delivery and nursery care	Covered 100% after deductible		
Prenatal care	Covered 100%		
Postnatal care	Covered 100%		
Hospital care			
Chemotherapy	C		
Inpatient consultations	Covered 100% after deductible		
Semi-private room, intensive care, inpatient physician care, general nursing care, hospital services and supplies. Including plastic, cosmetic and reconstructive surgery to restore bodily function or to correct a deformity from disease, trauma, birth or growth defects, or prior therapeutic processes.	Covered 100% after deductible (unlimited days)		
Alternatives to hospital care			
Home health care	Covered 100% after deductible, \$20 copay		
Hospice care	Covered 100% after deductible (when authorized)		
Private duty nursing	Covered 100% after deductible (when authorized)		
Skilled nursing care	Covered 100% after deductible. (Up to 120 days per confinement. The confinement period renews after 90 consecutive days without skilled nursing facility care).		
Surgical services			
Surgery – includes related surgical services	Covered 100% after deductible		
Voluntary female sterilization	Covered 100%		
Voluntary male sterilization	Covered 100% after deductible		
Human organ transplants			
Bone marrow (specific criteria apply)	Covered 100% after deductible (in designated facilities)		
Kidney, cornea, and skin	Covered 100% after deductible (subject to medical criteria)		
Liver, heart, lung, pancreas, and other specified organ transplants	Covered 100% after deductible (in designated facilities)		
Autism spectrum disorders, diagnoses and treatment			
Applied Behavioral Analysis (ABA) treatment	Covered 100%		
Outpatient physical therapy, speech therapy, occupational therapy, nutritional counseling for Autism Spectrum Disorder	Covered, \$20 copay		
Other covered services, including mental health services for Autism Spectrum Disorder	See your outpatient mental health benefit and medical office visit benefit.		



Other services			
Allergy testing and therapy (non-injection)	Covered 100% after deductible		
Allergy injections	Covered 100%		
Cardiac and Pulmonary Rehabilitation (limited to 36 visits per plan year)	\$20 copay		
Chiropractic/spinal manipulation (when referred)	Covered 100% after deductible; \$20 copay		
Durable medical equipment	Covered 100%		
Hearing aids (limited to one every 36 months)	Covered for conventional standard hearing aids (Limited to one monaural with a max benefit of \$654, or one binaural with a max benefit of \$1,177)		
Hearing care exam	Covered 100% (performed in physician's office, \$20 copay may apply)		
Online tobacco cessation counseling	Covered 100%		
Outpatient Physical, Speech and Occupational Therapy (90 visits per calendar year for any combination of mechanical traction and PT/OT/ST.	\$20 copay		
Private duty nursing	Covered 100% after deductible (when authorized)		
Prosthetic and orthotic appliances	Covered 100% (for prosthetic, orthotic and corrective appliances for unattached shoe inserts when medically necessary)		
Rabies treatment after initial emergency room visit	Office visit: \$20 copay; Injections: Covered 100%		
Wig, wig stand, adhesives	Covered 100% (for hair prosthesis (wig or hair piece) for hair loss due to a medical condition or the treatment of a medical condition. One per calendar year; max benefit \$225 per year)		
Behavioral health services (mental health and substance (ıse disorder)		
Inpatient mental health	Covered 100% after deductible (when authorized by BCN)		
Inpatient substance use disorder			
Outpatient mental health	Covered 100% (when authorized by BCN)		
Outpatient substance use disorder			
Prescription drugs			
Prescription drug deductible	None		
Retail (30-day supply)	Tier 1: Generic	\$10 copay	
	Tier 2: Preferred brand	\$30 copay	
	Tier 3: Non-preferred brand	\$60 copay	
Mail order (90-day supply)	Tier 1: Generic	\$20 copay	
	Tier 2: Preferred brand	\$60 copay	
	Tier 3: Non-preferred brand	\$120 copay	

Questions?

Contact BCN's Customer Service Center toll-free at 1-800-662-6667



Nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association

Learn more.

Website: bcbsm.com/som

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These benefit charts are intended as easy-to-read summaries. They are not contracts. Additional limitations and exclusions may apply to covered services. Every effort has been made to ensure the accuracy of this information. However, if statements in this description differ from the applicable coverage documents, then the terms and conditions of those documents will prevail. This coverage is provided pursuant to a contract entered into with the State of Michigan and shall be construed under the jurisdiction and according to the laws of the state of Michigan.

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