



**READY
TO HELP**

Medicare PLUS BlueSM PPO



Blue Cross
Blue Shield
of Michigan

+ meijer

Eligible items



This is a list of some items you can buy with your **Advantage Dollars**.

For a complete list, call 1-855-856-7878 or download the mail order catalog at www.bcbsm.com/medicareotc.

Once you're registered for your secure member account, log in, go to *Health and Well-Being*, click *Advantage Dollars Card Allowance* and then *Product Search*. Here, you can search for products and brands. To easily check eligibility while shopping, download the free OTC Network[®] Mobile App. Once downloaded, launch the app and you can scan the barcode on the package to see if it's eligible.

Here is a list of some popular items within eligible categories to help you shop in store.

- **Batteries**
 - Hearing aid batteries
- **Cold and allergy**
 - Allergy liquids, tabs and caps
 - Sore throat pain relief
 - Throat and cough drops
- **Compression support**
 - Low-compression socks
 - Moderate to high compression socks
- **Diabetes care**
 - Diabetes cough, cold and allergy medicine
 - Diabetes nutritional bars
 - Diabetes supplements
- **Digestive health**
 - Antacid liquids, tabs and caps
 - Fiber products
 - Anti-gas products
- **Eye and ear care**
 - Soft lens cleaners
 - Dry eye relief
 - Reading glasses
- **Feminine care**
 - Feminine antifungals
- **First aid**
 - Adhesive and liquid bandages
 - Topical antibiotics and antimicrobials
 - Poison ivy, oak and sumac treatments

- **Food and beverages***
 - Fruits and vegetables
 - Meats and seafood
 - Cheese and milk
 - Pasta
 - Eggs
- **Foot care**
 - Foot pain relief
 - Wart remover pads and liquids
 - Corn, callus and bunion pads
- **Health supports**
 - Joint warmers and arthritis supports
 - Protective guards
 - Electric heating pads
- **Home diagnostics and patient aids for daily living**
 - Reachers, grippers and lifts
 - Blood pressure kits and accessories
 - Night lights
- **Home health care**
 - Bathtub safety accessories
 - Grab bars and handles
 - Canes
- **Incontinence**
 - Disposable underwear
 - Reusable underpads
 - Deodorizers
- **Oral care**
 - Regular toothpaste and tooth powder
 - Manual toothbrushes
 - Rechargeable toothbrushes and refills
- **Pain relief**
 - Ibuprofen and other anti-inflammatories
 - Nighttime pain relief
 - Sleep aids and sedatives
- **Patient skin care**
 - Moisturizers, barriers and protectants
 - Antifungals
- **Physical fitness and exercise equipment**
 - Pedometers and fitness trackers
- **Skin care**
 - Acne creams, gels, lotions and patches
 - Acne soaps and cleansers
 - Facial and body acne medications
- **Smoking deterrents**
 - Nicotine patches
 - Nicotine gum and lozenges
- **Sun care**
 - Sun protection (all SPF's)
- **Vitamins and dietary supplements**
 - Multivitamins
 - Joint health
 - Calcium
- **Weight management and nutritional foods***
 - Food scales
 - Sugar and salt substitutes
 - Diuretics



For a full list of participating retailers, go to www.bcbsm.com/medicareotc and log in to your member account. In the Advantage Dollars section, click *Find a Retailer*.

Items NOT covered with your Advantage Dollars card

Some examples of OTC items not eligible include:

- Children's medicines
- Contraceptives
- Cosmetics
- Ensure, Boost, Glucerna
- Feminine products, except for antifungal
- Grooming products
- Household products (cleaners and housewares)
- Oral treatments (nonfluoride mouthwash, whitening strips and kits)
- Meal replacement shakes or nutrition drinks
- Paper products (napkins, paper towels, and toilet paper)
- Skin care (face and body washes)
- Weight-management bars and snacks

***For eligible members only**, approved foods follow the U.S. Department of Agriculture, Food and Nutrition Service Supplemental Nutrition Assistance Program, or SNAP, guidelines. Items that aren't eligible include alcoholic and tobacco products, hot foods such as precooked roasted chickens and prepared foods such as fresh salads, sandwiches and cheese platters.

***Only** individuals diagnosed with certain chronic conditions qualify to use their allowance for food purchases. View the complete list of chronic conditions in your *Evidence of Coverage* that you received in the mail. You can also view your *Evidence of Coverage* by logging in to your member account at www.bcbsm.com/medicare. Eligible members will be notified when they can use the benefit.



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Blue Cross Blue Shield of Michigan and Blue Care Network contract with InComm to administer the over-the-counter benefit to its Medicare Plus Blue PPOSM and BCN Advantage HMO-POSSM and HMOSM members. The OTC Network is a registered trademark of InComm. Meijer is an independent company that contracts with Blue Cross Blue Shield of Michigan to provide OTC items to Medicare Advantage customers. Other pharmacies are available in our network.