



2025

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TO HELP



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# Advantage Dollars

## Eligible items

This is a list of categories of the items you can buy with your Advantage Dollars. **This is not a complete list of eligible items.**

If you would like a complete list of items or to find out if a specific brand or product is eligible, visit your secure online member account at [bcbsm.com/medicareotc](https://bcbsm.com/medicareotc). Click *Advantage Dollars OTC Account* and use your Blue Cross or BCN login or follow the *Not registered yet* instructions if you need to set up your account. To easily check eligibility while shopping, download the free OTC Network® mobile app. In the app, you can scan the barcode on the package to see if it's eligible.

## Here is a list of some popular items within eligible categories to help you shop.

- **Batteries**
  - Hearing aid batteries
- **Cold and allergy**
  - Allergy liquids, tabs and caps
  - Sore throat pain relief
  - Throat and cough drops
- **Compression support**
  - Low compression socks
  - Moderate to high compression socks
- **Diabetes care**
  - Diabetes cough, cold and allergy
  - Diabetes nutritional bars
  - Diabetes supplements
- **Digestive health**
  - Antacid liquids, tabs and caps
  - Fiber products
  - Anti-gas
- **Eye and ear care**
  - Soft lens cleaners
  - Dry eye relief
  - Reading glasses
- **Feminine care**
  - Feminine antifungal
- **First aid**
  - Adhesive and liquid bandages
  - Topical antibiotics and antimicrobials
  - Poison ivy, oak and sumac treatments
- **Food and beverages\***
  - Fruits and vegetables
  - Meats, poultry and seafood
  - Dairy products
  - Breads and cereals
  - Other foods such as snack foods and non-alcoholic beverages
- **Foot care**
  - Foot pain relief
  - Wart remover pads and liquids
  - Corn, callus and bunion pads
- **Health supports**
  - Joint warmers and arthritis supports
  - Protective guards
  - Electric heating pads
- **Home diagnostics and patient aids for daily living**
  - Reachers, grippers and lifts
  - Blood pressure kits and accessories
  - Night lights

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## Advantage Dollars eligible items *continued*

- **Home health care**
  - Bathtub safety accessories
  - Grab bars and handles
  - Canes
- **Incontinence**
  - Disposable underwear
  - Reusable underpads
  - Deodorizers
- **Oral care**
  - Regular toothpaste and tooth powder
  - Manual toothbrushes
  - Rechargeable toothbrushes and refills
- **Pain relief**
  - Ibuprofen and other anti-inflammatories
  - Nighttime pain relief
  - Sleep aids and sedatives
- **Patient skin care**
  - Moisturizers, barriers and protectants
  - Antifungals
- **Physical fitness and exercise equipment**
  - Pedometers and fitness trackers
- **Skin care**
  - Acne creams, gels, lotions and patches
  - Acne soaps and cleansers
  - Facial and body acne medications
- **Smoking deterrents**
  - Nicotine patches
  - Nicotine gum and lozenges
- **Sun care**
  - Sun protection (all SPFs)
- **Vitamins and dietary supplements**
  - Multivitamins
  - Joint health
  - Calcium
- **Weight management and nutritional foods\***
  - Food scales
  - Sugar and salt substitutes
  - Diuretics



For a full list of retailers, go to [www.bcbsm.com/medicareotc](http://www.bcbsm.com/medicareotc), click *Advantage Dollars OTC Account* and log in to your member account. Then click *Find a Retailer*.

### Some examples of items not eligible include:

- Children's medicines
- Contraceptives
- Cosmetics
- Feminine products, except for antifungal
- Grooming products
- Household products (cleaners and housewares)
- Oral treatments (nonfluoride mouthwash, whitening strips and kits)
- Meal replacement shakes or nutrition drinks
- Paper products (napkins, paper towels, toilet paper)
- Skin care (face and body washes)
- Weight-management bars and snacks

*\*The food benefits described are Special Supplemental Benefits for the Chronically Ill. Those with qualifying chronic conditions can purchase food items with your allowance. Qualifying chronic conditions include hypertension, diabetes, chronic cardiovascular disorders, chronic lung disorders, and chronic heart failure. Other qualifying conditions may apply. Eligibility for this benefit cannot be guaranteed based solely on your condition. All applicable eligibility requirements must be met before the benefit is provided. Your plan will notify you when you're eligible. For details, please contact Blue Cross.*

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