



FEDFACTS

Federal Employee Program News

April-May 2025

Inside this issue, you'll find information about our prescription drug tool, Mental Health Month, Blue Cross Coordinated CareSM, Drug Take Back Day, prenatal care and immunizations, Blue Cross Virtual Well-BeingSM, Monica's message, new well-being program for BCN members, and a calendar of events.



Tools you can use

Prescription Drug Cost Tool

Through a MyBlue[®] account, members can use the tool to easily search for the lowest price on their medications.

Learn more



Health and well-being

May is Mental Health Month

The Blue Cross and Blue Shield Service Benefit Plan provides resources for members.

Read more



Health

Blue Cross Coordinated CareSM webinar

Encourage your employees to watch a video about a care management program that helps members with complex and chronic conditions better manage their health.

Learn more



News you can use

Drug Take Back Day

On April 26, sites nationwide will provide a safe and convenient way to dispose of prescription drugs.

Find out more



Health

Keeping mother and child healthy

Prenatal care and immunizations are important for the health of mother and child.

Learn more



Health and well-being

Blue Cross Virtual Well-BeingSM

Check out upcoming webinars for you and your employees.

Find out more



Monica's message

Scheduling follow-up appointments

We have tips for members after an emergency room visit or hospital admission.

Read more



Blue Care Network

Blue Cross Well-BeingSM

Remind your employees about our well-being program, included with their Blue Care Network health plan, and support their well-being journey. Blue Cross Well-BeingSM gives your employees access to a variety of free resources to help them get and stay healthy.

Learn more

Calendar of Events

To register for a webinar, click on the name of the event.

ABO and member events

Well-Being Wednesday — Birding and the Brain

Noon to 12:30 p.m. May 7

Pre-retirement 101

Noon to 1 p.m. July 15

Pre-retirement 101

Noon to 1 p.m. August 5

Pre-retirement 101

Noon to 1 p.m. September 10



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