



# FEDFACTS

## Federal Employee Program News

**August-September 2023**

Inside this issue, you'll find information about the [National Doctor and Hospital Finder tool](#), [follow-up appointments](#), [Blue Cross Virtual Well-Being<sup>SM</sup>](#), [Monica's message](#), [email registration for BCN members](#), and a [calendar of events](#).



### Tools you can use

#### [Finding a Preferred provider](#)

The National Doctor and Hospital Finder tool is an easy-to-use resource.

[Read more](#)



### Health

#### [Follow-up care](#)

Seeing a doctor after a discharge from a hospital or emergency room may prevent a repeat visit.

[Learn more](#)



## Health and well-being

### Blue Cross Virtual Well-Being<sup>SM</sup>

Check out upcoming webinars for you and your employees.

[Find out more](#)



## Monica's message

### Diabetes and hypertension

We have resources to help your employees manage their chronic conditions.

[Read more](#)



## Blue Care Network

### Sign up for important emails

Encourage your employees to register to receive emails. They'll get important information about their plan as well as health and well-being tips and special offers.

[Learn more](#)

# Calendar of Events

To register for a webinar, click on the name of the event.

## Member and ABO event

### Virtual Care Management/Service Days

September 21, noon to 1 p.m.

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