



Help with Health Care

Resources for the uninsured
Southeast Michigan

Revised December 2010





You work hard to take care of your kids...

Now there's help for a small amount per month



Do the children in your care need health care coverage? Many families are now eligible — spread the word!

With MICHild or Healthy Kids coverage, qualified children can receive these benefits:

- Doctor visits and checkups
- Hospital care
- Prescriptions
- Dental care
- Immunizations
- Vision care
- Lab tests and X-rays
- Hearing and speech care
- Mental health care

Two ways to sign up:

- 1) Call 1-888-988-6300 for help or an application.
- 2) Apply online at healthcare4mi.com.

There are no copayments or deductibles for either of these programs if you are under 19 years of age.



Blue Cross Blue Shield
of Michigan

bcbsm.com

Blue Cross Blue Shield of Michigan is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association. The Blues are committed to focusing on reducing health care costs, improving quality and improving the health status of Michigan's residents, particularly children. We willingly embrace these ideals as a vital part of our corporate culture and essential to our social mission.



Serving Southeast Michigan for 66 years

gdahc.org
myCareCompare.org

The Greater Detroit Area Health Council (GDAH) is Southeast Michigan's health care coalition of leaders from business, labor, hospitals and health systems, physician organizations, payers, government, and community organizations. GDAH brings these leaders together to drive collaborative improvements in healthcare quality, cost effectiveness, and access to care.

313-963-4990

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Introduction

Thank you for reading the Blue Cross Blue Shield of Michigan Help with Health Care brochure. The Blues produced this brochure for people who need help with health care in Michigan.

This is the Southeast Michigan version of the brochure. It contains information for the following counties: **Macomb, Monroe, Oakland, St. Clair, Washtenaw** and **Wayne**.

Helping Michigan residents with health care is an important part of the Blues' social mission. To learn more about our social mission and the Blues' strong commitment to helping Michigan communities, please visit our website at bcbsm.com/home/commitment. To obtain information on low-cost insurance coverage offered through Blue Cross Blue Shield of Michigan, visit bcbsm.com and investigate the options under *Looking for Insurance?* or call 1-800-848-5101.

The Blues hope that these resources on dental and vision services, free and low-cost clinics, government-sponsored programs, mental health, prescription assistance and social services will help you find the information you need.

You may download copies of this brochure from our website in PDF format at bcbsm.com/home/commitment/help_with_health_care_brochures.shtml. You may also call our toll-free hotline at 1-800-658-6715 to order extra copies of the brochure for free. Be sure to include your name, address, phone number, how many brochures you'd like and which version of the brochure you need (Southeast Michigan, Mid-Michigan, West Michigan or Northern Michigan and the Upper Peninsula).

Glossary

There are some terms used in this brochure that may be confusing for the reader. For that reason, we have decided to include a glossary to help explain what some of these words and phrases mean.

Federal poverty level: Also known as the federal poverty guideline, this determines whether or not you are eligible for free and low-cost services. People with incomes that are up to 100 percent of the federal poverty level are eligible for many free and low-cost services.

2010 Poverty Guidelines

Number of people in your family or household	Monthly income for 100% of poverty	Monthly income for 200% of poverty
1	\$ 902.50	\$ 1,805.00
2	1,214.17	2,246.21
3	1,525.83	3,051.67
4	1,837.50	3,675.00
5	2,149.17	4,298.33
6	2,460.83	4,921.67

Low-income: A person or family is “low-income” if their salary is between 100 percent and 200 percent of the federal poverty level (see above). But many places define this term differently, so please call first to make sure.

Mental health services: Counseling, therapy, substance abuse treatment and other services that help people function better and feel better.

Primary care: General or routine medical services, such as annual checkups. People often use primary care services when they have the flu or some other illness.

Preventive care: These are services that help prevent people from getting sick. An example would be vaccines for children.

Proof of income: Usually a pay stub or federal W-2 tax form.

Sliding scale: This means that the amount of money you will pay depends on how much money you make. Usually, the federal poverty guidelines are used.

Social services: Services for people who need help meeting their daily needs for food, shelter, housing, education and health care.

Referral: When a person is directed to the best place possible to find help.

County-based services

1. County-based health plans

County-based health plans provide health care coverage for individuals or small businesses that are located in a specific county. See descriptions below for more information.

Macomb Health Plan

This health plan is designed for low-income Macomb County residents. Programs offered: Medicaid ABW, low-income adult resident program and subsidized business health products. To find out more, call the plan at 1-866-622-6620 or go to macombhealthplan.org.

Monroe County Health Plan

This is a comprehensive, community-based health plan for residents of Monroe County. Contact your local Department of Human Services office to find out if you are eligible or call 1-866-291-8691.

Washtenaw Health Plan

This health plan provides access to primary care and other medical services. Services are available to low-income, uninsured residents of Washtenaw County who cannot get coverage under Medicaid, Medicare or other programs. Call 734-544-3030 or go to whp.ewashtenaw.org.

Wayne County Four Star Program

Designed for small businesses, this health care program is a partnership between Wayne County and four area hospitals. To find out if your small business is eligible to participate, or to get more information, call 1-866-780-6655 or go to waynecountyfourstar.org.

Wayne County Health Choice Program

This program, part of Blue Care Network of Michigan, provides low-cost health care coverage to Wayne County residents. The Young Adult program offers health coverage persons 18 to 30 years old who work or attend school full- or part-time. The Tempro program covers part-time and temporary workers 18 to 55 years of age. If you live in Wayne County, call 1-800-935-5669 or visit waynecounty.com for more information.

2. Local health departments

Local health departments offer many free or low-cost services to area residents. These services may include well-child clinics, prenatal care, cancer screening, family planning, immunizations, WIC services and other programs. Some health departments also offer county-wide health care plans, such as those listed above.

Contact your county health department, listed below, for more information on the services and programs they offer.

Detroit Department of Health and Wellness

Herman Kiefer Health Complex
1151 Taylor
Detroit, MI 48202
313-876-4300 for Administration
dethealth.org

Macomb County Health Department

43525 Elizabeth Road
Mount Clemens, MI 48043
586-469-5235
macombcountymi.gov/publichealth

Monroe County Health Department

2353 S. Custer Road
Monroe, MI 48161
734-240-71-800
co.monroe.mi.us/publichealth

Oakland County Health Department

1200 N. Telegraph, Dept. 432
Pontiac, MI 48341
248-858-1280
oakgov.com/health

St. Clair County Health Department

3415 28th St.
Port Huron, MI 48060
810-987-5300
hd.stclaircounty.org

Washtenaw County Health Department

555 Towner, P.O. Box 915
Ypsilanti, MI 48197
734-544-6700
publichealth.ewashtenaw.org

Wayne County Health Department

33030 Van Born Road
Wayne, MI 48184
734-727-7000 for general information line

Dental services

The following organizations provide dental services only. If you are interested in a program, call for more information.

Baker College of Port Huron Dental Hygiene Program

3403 Lapeer Road
Port Huron, MI 48060
810-985-3729
– Call for appointment
– Charges a small fee for services such as cleanings, X-rays, fluoride treatments and patient education

Children’s Center Dental Clinic

79 W. Alexandrine
Detroit, MI 48201
313-833-2895
– Open 8 a.m. to 4 p.m.
Monday through Friday
– By appointment only

Children’s Dental Health Foundation

25882 Orchard Lake Road, Suite L-5
Farmington Hills, MI 48336
248-442-6600
mobiledentists.com
Call for information on low-cost dental services or to receive a referral for dental services.

Community Dental Center

406 N. Ashley
Ann Arbor, MI 48103
734-998-9640
– Discounted services available
– For Washtenaw County residents only

Community Dental Clinic of St. Clair County

3037 Electric
Port Huron, MI 48060
810-984-5197
– Sliding scale

Dearborn Health Department

16301 Michigan Ave.
Dearborn, MI 48126
313-943-2090
– Cleaning and basic dental services for Dearborn residents
– Open 9 a.m. to 1 p.m. Tuesdays
– Bring photo ID and proof of income

Dentistry Clinic – Children’s Hospital

3901 Beaubien – Third Floor
Detroit, MI 48201
313-833-2895
Call for more information.

Detroit Health and Wellness Promotion Dental Clinic for Children

1151 Taylor – Seventh floor
Detroit, MI 48202
313-876-4239
– Open 7 a.m. to 3:30 p.m.
Monday through Friday
– By appointment only
– Minimal charge for patients without Medicaid – \$25 per exam

Discount Dental Plans

1-888-632-5353

dentalplans.com

Call or visit the website to find low-cost dental plans in your area.

Donated Dental Services

3657 Okemos Road, Suite 200

Okemos, MI 48864

517-347-0054

nfdh.org

- Treatment of individuals with serious dental problems
- Qualified applicants must be permanently disabled, chronically ill or elderly
- Appointment only

Eastside Health Center Dental Services

7900 Kercheval

Detroit, MI 48215

313-921-5500

Call for more information.

Hope Dental Clinic

9 S. Adams

Ypsilanti, MI 48197

734-480-9575

- Registration for new patients takes place every 4-6 weeks.
- \$5 donation recommended.
- Medicaid not accepted.

Michigan Dental Program

109 Michigan Ave.

Lansing, MI 48913

1-888-826-6565

michigan.gov

Provides reimbursement for dental services through participating providers for Michigan residents who are HIV positive.

Order of Malta Medical and Dental Clinic at St. Leo's Catholic Church

4860 15th St.

Detroit, MI 48208

Call 313-894-2240 to schedule an appointment.

St. John Riverview Oral and Maxillofacial Clinic

7815 E. Jefferson

Detroit, MI 48214

313-499-4775

- Oral surgery and general dentistry
- Specialty dental services; call for more information
- Reduced fees available

Tri-County Dental Health Council

29350 Southfield Road, #35

Southfield, MI 48076

248-559-7767

dentalhealthcouncil.org

- Provides referrals for free and reduced-cost dentistry
- Accepts Medicaid as well as uninsured and low-income residents of Wayne, Oakland and Macomb counties

University of Detroit Mercy School of Dentistry

2700 MLK Blvd.

Detroit, MI 48208

313-494-6700

- Open 8 a.m. to 5 p.m.
Monday through Friday
- Discounted basic and emergency dental services

University of Michigan School of Dentistry

1011 N. University Ave.

Ann Arbor, MI 48109

734-763-6933 or 1-888-707-2500

- For preventive care, health education, dentures and 24-hour emergency care, call 734-936-6267.
- Fees are lower than private dentists and payment plans can be arranged.
- Patients seen by appointment only.

Washtenaw Children's Dental Clinic

920 Miller

Ann Arbor, MI 48103

734-663-7073

- General dental care is available for low-income children 18 years or younger living in Washtenaw County
- To be eligible, you must not have dental insurance.
- Can see children on Medicaid if parents can pay a small fee.
- You must be participating in a federal lunch program.

Wayne County Community College Dental Hygiene Clinic

8551 Greenfield

Detroit, MI 48226

313-943-4040

- Low-cost cleanings for children and adults by dental hygiene students: \$8 for children, \$10 to \$12 for adults
- Spring and summer 8 a.m. to 5 p.m. Monday through Friday
- Fall and winter 8:30 a.m. to 5:30 p.m. Monday through Friday

Wayne County Department of Public Health Dental Services

Wayne Health Center

33030 Van Born

Wayne, MI 48184

734-727-7100

Taylor Health Center

26650 Eureka Road

Taylor, MI 48180

734-955-3900

- Both locations provide dental exams, X-rays and other services for Medicaid clients up to age 20, and clients 18 and under covered by MICHild and Healthy Kids.
- Sliding scale; proof of income required.

Free and low-cost health centers

1. Free and low-cost clinics

The following is a list of places you can go for free or low-cost medical care. Always call before you go to make sure the hours and services are the same as those listed below.

ACCESS

ACCESS Clinic

6450 Maple

Dearborn, MI 48126

313-216-2230

accesscommunity.org

- Provides a wide variety of health, mental health and social services at seven locations in Dearborn. Call or visit the website for more information or to make an appointment. Available to any resident.
- \$40 first visit, \$30 afterwards. Lab work is discounted. Patients are responsible for 30 percent. Free mammograms and Pap smears for women ages 40 and up. Free HIV testing. Pediatrician available for kids from newborn to 17 years old for a \$25 fee. General practice for ages 18-21 for a \$25 fee; over 21 for a \$40 fee.

Algonac Medical Center

555 St. Clair River Drive

Algonac, Michigan 41-8001

810-794-4917

downrivercs.org

- Sliding scale available
- Open Monday through Saturday
- Call for hours

American Indian Health & Family Services

4880 Lawndale
Detroit, MI 48210
313-846-3718
aihfs.org

- Medical, dental and substance abuse, as well as prevention services
- Eligibility limited to low-income residents in the seven counties of Southeast Michigan; services are not limited to American Indians

Arab-American and Chaldean Council (ACC)

28551 Southfield Road
Lathrup Village, MI 48076
248-559-1990
myacc.org

Offers a variety of health-related services in Wayne, Oakland and Macomb counties

Cabrini Clinic of Most Holy Trinity Catholic Church

1234 Porter St.
Detroit, MI 48226
313-961-7863
cabriniclinic.org
Call for more information.

Cass Community United Methodist Church Clinic

3745 Cass Ave.
Detroit, MI 48201
313-883-2277, ext. 308
casscommunity.org

Open 8 a.m. to 12 p.m. Saturdays.
First come, first served; bring photo ID.

CHASS Clinic (Community Health and Social Service)

Southwest Center
5635 W. Fort St.
Detroit, MI 48209
313-849-3920
chasscenter.org

CHASS Midtown

7436 Woodward Ave.
Detroit, MI 48202
313-556-9907

- No one turned away
- Services focused on low-income African-American and Hispanic individuals
- Sliding scale based on person's income
- Takes insurance

Chelsea Grace Clinic

603 S. Main St.
Chelsea, MI 48118
1-888-331-1174

- Clinic is open one Saturday a month from 9 a.m. to 12 p.m., by appointment.
- Services for the uninsured only
- Call for an appointment

Community Family Health Center

1230 N. Maple
Ann Arbor, MI 48103
734-998-6117

- Full range of primary care, such as checkups, prenatal care, contraception, flu shots, child birth classes and school physicals
- Sliding scale with proof of income for qualified 48103 residents

Corner Health Center

47 N. Huron
Ypsilanti, MI 48197
734-484-3600
cornerhealth.org

- Open 9 a.m. to 6 p.m. Monday through Thursday; 9 a.m. to 5 p.m. Friday
- General medical care, OB/GYN, family planning and counseling for people ages 12 to 21 and their children

Covenant Community Care

559 W. Grand Blvd.

Detroit, MI 48216

313-554-1095

covenantcommunitycare.org

- Family medical care (except prenatal care) by appointment only; sliding scale
- Low-cost clinic; takes appointments
- Need picture ID and latest proof of income
- Accepts most insurance

Detroit Community Health Connection Clinics

Visit dchcquality.org for more information.

East Riverside

13901 E. Jefferson

Detroit, MI 48215

313-822-0900

Eastside Health Center

7900 Kercheval

Detroit, MI 48215

313-921-5500

Bruce Douglas Health Center

6550 W. Warren

Detroit, MI 48210

313-897-7700

Woodward Corridor Family Medical Center

611 Martin Luther King, Jr. Blvd.

Detroit, MI 48215

313-832-6300

The Nolan Family Health Center

111 W. Seven Mile Road

Detroit, MI 48203

313-369-2600

Waller Health Center

60 East Warren

Detroit, MI 48201

313-897-2061

- Medical and some mental health services
- Walk-in clinic opens at 8 a.m. Monday, Tuesday, Thursday, Friday; opens at 11 a.m. on Wednesdays
- Bring picture ID, Social Security card and proof of income
- If in a shelter or treatment center, bring a letter; otherwise there is a \$20 fee

Detroit Health Department Clinics

Grace Ross Community Health Center

14585 Greenfield

Detroit, MI 48227

313-870-3094

Northeast Community Health Center

5400 E. Seven Mile Road

Detroit, MI 48234

313-870-3054

Herman Keifer Family Health Clinic

1151 Taylor

Detroit, MI 48206

313-876-4826

Detroit Medical Clinic

4059 W. Davison

Detroit, MI 48238

313-491-5400

- Open 9 a.m. to 5 p.m.
Monday through Friday
- Offering discounts for uninsured patients; bring photo ID

Detroit Medical Group

8282 Woodward

Detroit, MI 48202

313-874-3440

6455 Gratiot

Detroit, MI 48207

313-921-8600

14071 E. Seven Mile Road

Detroit, MI 48205

313-371-2828

Photo ID required. Free vaccinations and discounted medical services are available for the uninsured. Call for hours.

Dr. Albert B. Cleage Sr. Memorial Health Center

700 Seward St.
Detroit, MI 48202
313-874-1300
abchc.net

– Serves uninsured adults

Family Medical Center of Michigan – Carleton

130 Medical Center Drive
Carleton, MI 48117
734-654-2169

– Call for hours
– Sliding scale; by appointment only
– Dental services also available

Family Medical Center of Michigan – Temperance

8765 Lewis Ave.
Temperance, MI 48182
734-847-3802

– Call for hours
– Sliding scale; by appointment only

Father Pops Clinic

20 Whittmore
Pontiac, MI 48342
248-334-2126

– Free clinic
– Physician available Wednesdays from 1 p.m. to 8 p.m.
– Call ahead

Fort St. Presbyterian Church Clinic

631 W. Fort St.
Detroit, MI 48201
313-961-4533

– For any uninsured person
– Bi-weekly service, call ahead for more information

Gary Burnstein Community Health Clinic

90 W. University
Pontiac, MI 48342
248-758-1690
Call for hours

Great Lakes Medical Clinic

4420 E. Davison
Detroit, MI 48212
313-369-1500

– Walk-ins welcome; \$35 for a comprehensive office visit
– Open 8:30 a.m. to 6 p.m. Monday through Friday; 8:30 a.m. to 1 p.m. Saturday

Health Centers Detroit

hcdmg.org
7633 E. Jefferson, Suite 340
Detroit, MI 48214
313-822-9801

Advance Office Bldg.
23077 Greenfield, Suite 489
Southfield, MI 48075
313-822-9801

University Health Center – 7A
4201 St. Antoine
Detroit, MI 48201
313-745-4091

Walk-ins welcome at Greenfield location.
Walk-ins welcome at St. Antoine and E. Jefferson based on need and availability.
Sliding fee scale for uninsured. Hours at all locations are 8:30 a.m. to 5:30 p.m. Monday through Friday.

Hope Medical Clinic

103 Arnet St.

Ypsilanti, MI 48198

734-481-0111

- General primary care for adults and children without insurance or medical benefits
- All services free
- Medication assistance available

Hope Wayne Medical Clinic

35080 Chestnut Street

Wayne, MI 48184

734-710-6688

- Open 8:30 a.m. - 9:30 a.m. Saturdays
- Free medical care for the uninsured adults
- Walk-in only

HUDA Clinic

1605 W. Davison

Detroit, MI 48238

313-865-8446

hudaclinic.com

- Open 10 a.m. to 2 p.m. Saturdays
- Uninsured are free
- Located inside the Muslim Center of Detroit

Jewish Family Services

Visit jfsdetroit.org, or call 248-592-2300 or 248-592-2313 (Resource Center) for information. All people are welcome. Sliding scale for the uninsured.

Joy Southfield Health Clinic

18917 Joy Road

Detroit, MI 48228

313-581-7773

Latino Family Services Clinic

3815 W. Fort St.

Detroit, MI 48226

313-841-7380

- Open from 9 a.m. to 5 p.m. Monday through Friday
- Health care for the homeless 9 a.m. to 12 p.m. every third Friday of the month.
- Health care for the uninsured by appointment or walk-in.

McAuley Nurse Managed Health Center

5555 Conner St.

Detroit, MI 48213

313-579-1182

- Open 8:30 a.m. to 5 p.m. Mondays, Tuesdays, Wednesdays and Fridays; 8:30 a.m. to 8 p.m. on Thursdays
- Primary care services
- Medicare, Medicaid, private insurance, and HMOS accepted

Mercy Place Clinic

55 Clinton

Pontiac, MI 48342

248-333-0840

- Primary care services for uninsured working adults
- Open 8 a.m. to 4:30 p.m. Monday through Friday by appointment only

Mercy Primary Care Center

5555 Conner St.

Detroit, MI 48213

313-579-4000

- Primary care for adults ages 18 to 64
- Open 8:30 a.m. to 5 p.m. Monday, Tuesday, Wednesday, Friday; 8:30 a.m. to 8 p.m. Thursday, by appointment only
- Call for more information
- By appointment only

Michigan Association of Physicians from India (MAPI) Free Clinic

12701 S. Telegraph Road, Suite 101

Taylor, MI 48180

734-374-3152

- Appointment only
- Primary care for adults without health insurance

Neighbors Caring for Neighbors Clinic

62324 Van Dyke
Washington Twp., MI 48094
586-336-9288

- Primary care for Macomb County residents who lack health insurance
- Appointments preferred; open 9 a.m. to 4 p.m. on Mondays

Neighbors Caring for Neighbors – Mt. Clemens

215 North Ave.
Mt. Clemens, MI 48043
586-469-3750

- Open 9 a.m. to 2 p.m. Tuesday and Friday; 10 a.m. to 3 p.m. Wednesday
- Walk-ins and appointments accepted
- All services are free; donations are accepted
- Schedule six weeks in advance for physicals

New Haven Medical Center

58144 Gratiot Ave.
New Haven, MI 48048
586-749-5197

downrivercs.org

- Open 8:30 a.m. to 7 p.m. Monday through Thursday; 8:30 a.m. to 5 p.m. Fridays; 8:30 a.m. to 11:30 a.m. Saturdays, for emergencies only.
- Sliding scale
- Family practice and OB/GYN services

NOAH at Central United Methodist Church

23 E. Adams Ave.
Detroit, MI 48226
313-965-5422

- 10:30 a.m. to 12 p.m. Monday and Thursday
- Health screenings, referrals, prescription assistance

Oakland Primary Health Services

46 N. Saginaw
Pontiac, MI 48342
248-322-6747

Call for more information

Order of Malta Medical and Dental Clinic at St. Leo's Church

4860 15th St.
Detroit, MI 48208
313-894-2240

- Serves the west side of Detroit only
- Must come in to make an appointment

Packard Community Clinic

3174 Packard
Ann Arbor, MI 48108
734-971-1073

- Sliding scale available; proof of income required
- Primary care for adults and children
- Call for hours

People's Clinic for Better Health

3110 Goulden St.
Port Huron, MI 48060
810-985-4747

- Open Monday through Thursday; call at 6 a.m. to make appointments for same day service.
- For uninsured St. Clair County residents
- By appointment only

POH Children's Clinic

673 MLK Blvd. N.
Pontiac, MI 48342
248-334-0024

- Open Monday, Wednesday and Friday 9 a.m. to 5 p.m., and Tuesday and Thursday 10 a.m. to 6 p.m.
- For children 18 and under who live in Oakland County

Shelter Association Health Clinic

312 W. Huron
Ann Arbor, MI 48103
734-662-2829

- Services for individuals who lack permanent housing
- Walk-ins and appointments accepted
- Washtenaw County residents only
- Call for hours

St. John Community Health Center

3000 Gratiot
Detroit, MI 48207
313-567-7462
– \$15 per office visit
– Appointments only; call for hours
– Must call 1-866-501-3627 to enroll

St. John Oakland Primary Care

27450 Schoenherr, Suite 400
Warren, MI 48088
586-582-7550
Accepts new patients; call for appointment

St. Joseph Mercy Neighborhood Health Clinic

111 N. Huron St., Suite 101
Ypsilanti, MI 48197
734-544-6900
– Primary care
– Fees based on income, but no one denied care
– Call financial aid counselor at 734-544-6906 for consultation
– Appointments only

St. Patrick Senior Center Health Clinic

58 Parsons St.
Detroit, MI 48201
313-833-7080
stpatseniorcenter.com
– Call for hours
– \$35 per year for people ages 55 to 59;
\$5 per year for people age 60 and up.

St. Vincent De Paul Health Center at Immaculate Heart of Mary Church

15055 Hubble
Detroit, MI 48227
313-837-5078
– Call for hours

The Wellness Plan Medical Centers

wellplan.com

Gateway Medical Center

21-888 West Grand Boulevard
Detroit, MI 48202
313-875-4200

Northwest Medical Center

21040 Greenfield Road
Oak Park, MI 48237
248-967-6500

East Area Medical Center

4909 East Outer Drive
Detroit, MI 48234
313-366-2000
– Clinics are open 9 a.m. to 5 p.m. Monday through Friday

Wyandotte Clinic for the Working Uninsured

23050 West Road, Suite 230
Brownstown Twp, MI 48183
734-365-3560
wyandotteclinic.com
– Open Wednesdays 4 p.m. to 7 p.m. by appointment only

Wayne County Department of Public Health Clinics

Medical services by appointment only at the following locations:

Dearborn WIC Clinic

6450 Maple
Dearborn, MI 48126
313-216-2201

Hamtramck WIC Clinic

8626 Joseph Campau
Hamtramck, MI 48212

313-875-5120

- Open 8:30 a.m. to 5 p.m. Monday,
Tuesday, Thursday, Friday;
10:30 a.m. to 6:30 p.m. Wednesday
- WIC services only

Taylor Health Center

26650 Eureka Road
Taylor, MI 48180

734-955-3900

- Open 8 a.m. to 4:30 p.m. Monday,
Tuesday, Thursday and Friday;
11 a.m. to 7:30 p.m. Wednesday

Wayne Health Center

33030 Van Born Road
Wayne, MI 48184

734-727-7100

- Open 8 a.m. to 4:30 p.m. Monday,
Tuesday, Thursday and Friday;
11 a.m. to 7:30 p.m. Wednesday

Western Wayne Family Health Center

2500 Hamlin Ct.
Inkster, MI 48141

313-561-5100

ZIAD Healthcare

15533 Sibley Road
Riverview, MI 48192

313-815-8767

ziadhealthcare.org

- Over 50 Metro Detroit locations in Wayne,
Oakland and Macomb counties
- Pay on a sliding scale
- Call 313-815-8767 for clinic locations

2. School-based health centers

School-based health centers provide services to children and adolescents who attend a school or live near school. These services may include: health screenings, immunizations, treatment of minor injuries, medical exams and lab services. Call your local clinic to find out exactly what services they provide and whether you are eligible.

Macomb County

Henry Ford Health System

Fitzgerald High School Teen Health Center
(Warren)

586-759-9070

New Haven Adolescent Health Clinic

586-749-5173

Oakland County

Jardon-Webb School

(Ferndale/Hazel Park)

248-543-4138

Pontiac Central and Northern High School Teen Health Center

248-451-7147

248-451-7365 (Northern High School)

St. Clair County

Teen Health Center

810-987-1311

Serves all St. Clair County school district students ages 10 to 21.

Washtenaw County

Scarlett Middle School (Ann Arbor)

734-677-2708

Only serves Scarlett students, their siblings, and certain feeder schools.

Stone High School (Ann Arbor)

734-973-9167

– Health Place 101 through the University of Michigan

Ypsi Middle School

734-714-1318

- Full-service health center: medical and mental health center
- Medical and mental health services provided to students of school and families.

Wayne County

Campbell Elementary School Health Center (Detroit)

313-400-0466

C.A.T.C.H. Pediatric Mobile Team

Cornerstone School (Detroit)

313-891-0641

– St. John School-based health center

Hamtramck High School Health Center

313-891-9473

Henry Ford Health System — Cleveland Middle School Health Center (Detroit)

313-366-9050

Henry Ford Health System — School Mobile Health Unit

Serving five Detroit schools

313-874-5426

Henry Ford Health System — Thirkell Elementary School Health Center (Detroit)

313-894-0226

Henry Ford Health System — White Elementary School Health Clinic (Detroit)

313-893-2247

Henry Ford Health System — Youthville Detroit

7375 Woodward, Suite 1570

Detroit, MI 48202

313-309-1475

Howe Elementary School Health Center

313-344-7006

Inkster Teen Health Center

734-729-3650

Individuals ages 10 to 21 and children of Inkster School teenage parents are welcome.

Lincoln Elementary School Healthcare Center (Westland)

734-728-2423

For Lincoln-Jefferson Barnes Elementary students

Napoleon B. Jordan Center at Butzel School (Detroit)

313-866-9973

Newton Health Center at Rutherford Academy (Detroit)

313-838-6822

Nolan Middle School Health Center (Detroit)

313-368-4267

Northwestern High School Teen Health Center (Detroit)

313-596-0700, ext. 388

Osborn Student Health Center (Detroit)

313-372-5974

Remus Robinson Health Center

313-866-5500

Romulus Adolescent Health Center

734-941-1400

Taylor Teen Health Center

734-942-2273

University Teen Health Center (Detroit)

313-596-4733

Hotlines and special programs

American Association of Retired Persons (AARP)

1-888-687-2277

aarp.org

- Works with insurance companies to provide competitive medical and dental insurance rates to older Americans.
- Provides discounts for technology services, restaurants, groceries, travel, legal assistance and more.

AIDS Information and Resources

Please call 1-800-872-AIDS (2437) or visit aidspartnership.org for information about HIV and AIDS.

Alzheimer's Hotline

1-800-272-3900

alz.org

Are you or does someone you know suffer from Alzheimer's disease or memory loss? Do you need to know more about Alzheimer's disease? If so, call the above hotline, sponsored by the Alzheimer's Association.

Barbara Ann Karmanos Cancer Institute

24601 Northwestern Highway

Southfield, MI 48075

1-888-242-2702

For Detroit and Wayne county residents

Breast and Cervical Cancer Control Program

- Screening for women between 40 and 64 years old; uninsured, underinsured
- Free clinical breast exams and mammograms, pelvic exams and pap smears

Depression and suicide resources

Help is available for you or your loved ones suffering from depression or suicidal thoughts. Call 1-800-784-2433 or 1-800-273-8255 anytime for help. Please dial 911 for emergencies.

Domestic violence resources

Are you or someone you know suffering from domestic abuse? Call the 24-hour help line at 1-800-799-SAFE (7233) or visit the website ndvh.org anytime to find out about shelters, free legal services, counseling and other resources in your area. TTY services are available at 1-800-787-3224.

Elderly and Disabled Helpline

1-800-996-6228

This 24-hour, statewide helpline provides information, referrals and resources on abuse and neglect for elderly and disabled citizens. Report suspected abuse by calling this number.

Gospel Against AIDS

2751 E. Jefferson Ave., Suite 301

Detroit, MI 48207

313-341-5989

gospelaa.org

- Faith-based organization that provides preventive education on HIV and AIDS, and sexually transmitted diseases

Lupus Alliance of America

Michigan Indiana Affiliate

26507 Harper Ave.

St. Clair Shores, MI 48081

1-800-705-6677

milupus.org

- Provides education and awareness programs, crisis intervention and on-staff counseling for people with lupus and their families.
- Assists with information and resources regarding insurance, medical care facilities and prescription costs for the underinsured.

Michigan 2-1-1

2-1-1 is a hotline that provides information and referrals to anyone in Michigan about health care, education, housing, family planning, mental health or other social services. Simply pick up the phone and dial "211" to learn more.

Mammogram and Pap Smear Referral Program

1-800-922-6266

The Michigan Department of Community Health provides this free service to women who need information on breast or cervical cancer or are in need of an annual Pap smear or mammogram. Simply call the number above to find women's health resources in your area.

Nursing Home Helpline

1-866-485-9393

cbcmi.org

- Call this number for information on nursing homes in your area or for advice on Medicare and Medicaid referral.
- Nursing home residents and their relatives can also call this number to file complaints.

Partnership for Prescription Assistance

1-888-4PPA-NOW (477-2669)

pparx.org

- Free and low-cost brand name and generic medications are available.
- Know the names of the medications you take.
- Call the 24/7 toll-free number for a trained specialist who will answer your questions and help you apply.

Poison Control

1-800-222-1222

- Provides 24/7 advice on poisonings for humans and animals. For a free brochure, telephone stickers and magnet, call the number above or visit mitoxic.org for further information.
- TTY services are available at 1-800-356-3232 or 313-993-7152, or through free Internet Nextalk services at nextalk.net.

Tobacco Quit Line

1-800-QUIT-NOW (784-8669)

Provides free smoking cessation services to Michigan residents. Call the number above or visit michigan.gov/tobacco for more information.

Mental health and substance abuse services

1. Community mental health

Every county in Michigan has a community mental health agency. These agencies provide mental health and substance abuse services for residents who live in their county. The price you are charged will be based on your ability to pay. To find even more mental health agencies, visit mhweb.org/directory.htm.

Detroit-Wayne County Community Mental Health

640 Temple, 8th floor

Detroit, MI 48201

313-833-2500 or 1-800-241-4949

- 24-hour emergency line: 313-224-7000
- Open 8 a.m. to 5 p.m. Monday through Friday

Macomb County Community Mental Health

22550 Hall Road

Clinton Township, MI 48036

586-469-5275

24-hour emergency line: 586-307-9100

Monroe County Community Mental Health

1001 S. Raisinville Road

Monroe, MI 48161

734-243-7340

– 24-hour emergency line: 1-800-886-7340

Oakland County Community Mental Health

2011 Executive Hills Blvd.

Auburn Hills, MI 48326

248-858-1210

– 24-hour emergency line: 248-543-1991

Salvation Army Adult Rehabilitation Clinic (ARC)

1627 W. Fort St.
Detroit, MI 48216
313-965-7760

- Six-month in-house drug and alcohol rehab program
- Call for more information

St. Clair County Community Mental Health

3111 Electric Ave.
Port Huron, MI 48060
810-985-8900
24-hour emergency line: 1-888-225-4447
or 810-987-6911

Washtenaw County Community Support and Treatment Services

Clinic and Administrative Offices

555 Towner Blvd.
Ypsilanti, MI 48197
734-544-3000
734-544-6820 for clinic
734-544-3050 for access unit
2140 E. Ellsworth
Ann Arbor, MI 48108
734-971-2282

Huron Valley Child Guidance

2940 Ellsworth
Ypsilanti, MI 48197
734-971-9605

2. Additional mental health and substance abuse services

ACCESS

313-945-8138
accesscommunity.org
– Provides a variety of community health and mental health services

Alcoholics Anonymous

aa.org
A free, 12-step program that helps individuals with alcoholism stop drinking. Visit the website or check your phonebook to find a group near you.

Arab-American and Chaldean Council

28551 Southfield Rd
Lathrup Village, MI 48076
248-559-1990

Clinic:
62 W. 7 Mile Road
Detroit, MI, 48203
arabacc.org
– Offers mental health services in Wayne, Oakland, and Macomb counties
– Call 313-369-3130 for more information on programs and services offered

The Guidance Center

guidance-center.org
– Mental health and social services for infants, children, teens and adults
– Call 734-785-7700 to learn more about programs, services and locations

Health Services Access

555 Towner
Ypsilanti, MI 48198
734-544-3050 or 1-800-440-7548
– Assessment, referral and case management of clients seeking substance abuse or mental health treatment

Lifespan Clinical Services

18316 Middlebelt Road
Livonia, MI 48152
1-888-355-5433
– Offering mental health and social services in Wayne County for infants, children and families

Michigan Psychological Services

39520 Woodward, Suite 210

Bloomfield Hills, MI 48304

248-647-8412

General mental health services; sliding scale available

Detroit Department of Health Bureau of Substance Abuse

313-876-4070

– Detroit residents only

– 24/7 hotline (1-800-467-2452)

– Detox, inpatient and outpatient treatment

Southeastern Michigan Community Alliance

25363 Eureka Road

Taylor, MI 48180

1-800-686-6543

semca.org

– Substance abuse services

– Call for more information

– 24-hour phone line

– Serves Wayne and Monroe counties; excludes city of Detroit

Oakland County Health Division PACE Program

248-858-5200

– Substance abuse services for the uninsured or persons with Medicaid living in Oakland County

Operation Get Down Substance Abuse and Mental Health Treatment Program

10100 Harper

Detroit, MI 48213

313-921-9422

Call for more information.

Prescription drug assistance

1. General prescription programs

BCBSM and BCN Medicare Part D Helpline

1-800-485-4415

This helpline is for those who want more information about the Medicare Part D prescription plans offered by Blue Cross Blue Shield of Michigan and Blue Care Network. Also visit our website at bcbsm.com.

Crossroads of Michigan

2424 W. Grand Blvd. (at 15th St.)

Detroit, MI 48208

For the administrative office, call 313-831-0213 or 313-831-2787; for appointments call 313-831-2000
crossroadsofmichigan.org

– Provides one-time emergency prescription assistance by appointment; limited walk-ins.
– For more information on Crossroads, see the *Social Services* section of this brochure.
– Sunday soup kitchen from 12 p.m. to 3 p.m. All are welcome.

Macomb County Senior Prescription Program

586-469-6313

Macomb County residents can receive discounts on their prescriptions at local pharmacies.

The Medicine Program

themedicineprogram.com

Visit this website for information on how to save money on prescriptions.

Michigan Medicare/Medicaid Assistance Program

6105 W. St. Joseph, Suite 204
Lansing, MI 48917
1-800-803-7174
mmapinc.org

This service helps seniors understand doctor and hospital bills, eligibility, enrollments, coverage and appeals. Help with identifying resources for prescription drug assistance, including low-income subsidies, Medicare Part D and the Medicare Savings Program is also available.

Prescription Drug and Patient Assistance Programs

There are many resources on the Internet that provide information on prescription drugs and patient assistance programs. Visit phrma.org, pparxmi.org, rxassist.org, prescriptionrelief.org or needymeds.com. Or call 1-888-477-2669 for more information on lowering your prescription drug bills.

Washtenaw County Prescription Plan

734-544-6886
– For Washtenaw County residents who don't have prescription drug coverage
– There are no income or age restrictions.

World Medical Relief (WMR)

11745 Rosa Parks Blvd.
Detroit, MI 48206
313-866-5333
Provides limited prescription assistance to adults ages 18 and up who live in Wayne, Oakland or Macomb counties.

2. Specialized prescription programs

Hemophilia Foundation of Michigan

1921 W. Michigan Ave.
Ypsilanti, MI 48197
734-544-0015

hfmich.org

- Helps people who have hemophilia find resources to pay for their medications
- Open 9 a.m. to 5 p.m. Monday through Friday

Michigan Parkinson Foundation

30400 Telegraph Rd., Suite 150
Bingham Farms, MI 48025
248-433-1011 or 1-800-852-9781

parkinsonsmi.org

Pays up to \$500 per year for Parkinson's-related medications for those who don't currently have prescription coverage, if they financially qualify.

Myasthenia Gravis Association

5523 E. Nine Mile Rd.
Warren, MI 48091
586-755-9100

mgadetroit-easternmi.org

Financial assistance is available for myasthenia gravis prescriptions for those who qualify.

National Kidney Foundation of Michigan

1169 Oak Valley Drive
Ann Arbor, MI 48108
1-800-482-1455

nkfm.org

The foundation will pay up to \$750 per year towards the cost of medications for people with kidney disease who do not have insurance coverage. Contact the Patient Services Program coordinator at the number above for more information.

Social services

1. Family planning and parenting

Michigan Parenting Helpline

1-800-942-4357

Call this free, anonymous hotline anytime you need help with parenting skills. This hotline, sponsored by the Department of Human Services, also provides referrals and immediate crisis coping.

Northland Family Planning

1-800-447-7354

– Family planning, emergency contraception, routine gynecological exams and other reproductive health services

– Westland, Southfield and Sterling Heights

Parents Anonymous

parentsanonymous.org

– Visit the Parent Anonymous website for more information on their free, weekly support groups.

– The groups help parents learn about community resources, set parenting goals, and give and receive support during difficult times.

– Free child care is available while the groups are in session.

Plan First!

healthcare4mi.com

– Medicaid waiver program for low-income women

– Women must be 19 to 44 years old, a U.S. Citizen and a Michigan resident, and not currently receiving Medicaid

– Services include a yearly physical exam, Pap test, lab tests, birth control prescriptions and supplies, STD testing and treatment, education and counseling

– To apply for Plan First! go to your local health department, or call 2-1-1 or 1-800-642-3195

Planned Parenthood

– Provides reproductive health care, including annual exams, contraception and pregnancy testing. Call for specific information about sterilization for men and women.

– Fees are based on a sliding scale.

– There are 29 clinics throughout Michigan.

– Call 1-800-230-PLAN (7526) or visit miplannedparenthood.org for more information.

2. General social services

ACCESS

6451 Schaefer

Dearborn, MI 48126

313-842-7010

accesscommunity.org

Provides a wide variety of community health, mental health and social services at four locations in Dearborn.

City Mission

20405 Schoolcraft

Detroit, MI 48223

313-541-3531

city-mission.org

Provides mentoring, educational and social services to residents of Detroit's Brightmoor district.

Common Ground Sanctuary

1410 S. Telegraph

Bloomfield Hills, MI 48302

248-456-8150

24-hour crisis line: 1-800-231-1127

commongroundsanctuary.org

– Provides crisis counseling 24/7 to youth, adults and families in crisis in the Oakland County area

– Free legal clinic

– Support groups also available

Crossroads of Michigan

crossroadsofmichigan.org

Main Office

2424 W. Grand Blvd. (15th St.)

Detroit MI 48208

313-831-0213 for questions

313-831-2000 for appointment line

East Office

14641 E Jefferson Ave.

Detroit MI 48215

313-822-3930 for questions

313-822-5200 for appointment line

– This social service ministry provides help to those suffering from drug or alcohol abuse, mental illness, unemployment and hunger.

– Soup kitchen available every Sunday afternoon.

– Employment office offers resume assistance, Internet service for job searches, a copy machine, clothing for interviews and mentoring.

Spectrum Human Services

28303 Joy Road

Westland, MI 48185

734-458-8736

spectrumhuman.org

Social services in Western Wayne County, including foster care, adoption, child care, independent living and group homes.

Starfish Family Services

30000 Hiveley Road

Inkster, MI 48141

734-728-3400

24-hour crisis number: 313-563-5005

starfishonline.org

– Social service programs for families living in Western Wayne County, including counseling, substance abuse treatment, mentoring and parenting skills training.

The Women's Center of America

530 S. Maple

Ann Arbor, MI 48104

734-973-6779

womenscentersemi.org

– Therapy, financial counseling, career services and support groups for women

3. Services for seniors

The following organizations provide various health and social services for seniors and their caretakers. Call the agency in your area to find out more about the services they offer.

Area Agency on Aging 1-B

1-800-852-7795

Serves residents of Livingston, Macomb, Monroe, Oakland, Washtenaw and St. Clair counties.

Macomb County Department of Senior Services

586-469-6313 for general line

Counseling, legal assistance, victim liaison, 911 emergency cell phones, retail discount card, Help with Hire and Grandparents Raising Grandchildren

Michigan Medicare/Medicaid Assistance Program

6105 W. St. Joseph, Suite 204

Lansing, MI 48917

1-800-803-7174

mmapinc.org

This service helps seniors understand doctor and hospital bills, eligibility, enrollments, coverage and appeals. Help with identifying resources for prescription drug assistance, including low-income subsidies, Medicare Part D and the Medicare Savings Program is also available.

Monroe County Opportunity Program

734-241-2775

Oakland County

City of Royal Oak

248-246-3900

Community Services of Oakland

248-542-5860

Farmington Hills Senior Center

248-473-1821

Oakland Livingston Human Services

248-209-2671

Older Persons Commission

248-656-1403

St. Clair County

St. Clair County Council on Aging

810-984-5061

Washtenaw County

Neighborhood Senior Services

734-712-7775

Wayne County

Adult Day Care Center

313-436-2440

Brownstown Twp. Senior and Community Center

734-675-0920

Butzel Family Center

313-628-2100

City of Livonia Civic Park Senior Center

734-466-2555

Dearborn City Hall

313-943-2412

Delray United Action Council

313-842-8620

Detroit Area Agency on Aging

313-446-4444

daa1a.org

Detroit Health Department

313-224-1000

Eton Senior Center

313-277-7765

Focus HOPE

313-494-4600

Ford Senior Center

313-291-7740

Franklin-Wright Settlements, Inc

313-579-1000

The Information Center

734-282-7171

Inkster Senior Services

313-561-2382

LASED Senior Citizens Center

313-841-8840

Lincoln Park Senior Center

313-386-3103

N. American Indian Association

313-535-2966

Northville Area Senior Center

248-349-4140

Plymouth Township Hall – Building

734-453-3840

Senior Resources Department

734-722-7628

September Days Senior Center

734-699-8918

Services for Older Citizens

313-882-9600

St. Patrick's Senior Center

313-833-7080

The Senior Alliance

734-722-2830 or 1-800-815-1112

thesenioralliance.org

Provides resources for seniors ages 60 and up or anyone with a disability through a network of services in Western and Southern Wayne County. Call for more information.

United Home Health Services

734-981-8820

uhhs.org

Virginia Park Citizens Services Corporation

313-894-2830

Wayne Metro Community Services Agency

734-955-6752, ext. 228

State and federal programs

1. For children and pregnant women

Children's Special Health Care Services

1-800-359-3722

This is a program for children and some adults with special health care needs. If your child suffers from a chronic medical condition, such as cerebral palsy, sickle cell disease, epilepsy, diabetes, muscular dystrophy or others, call the number above for more information or visit michigan.gov.

MIChild and Healthy Kids Program

MIChild is a low-cost, statewide program that provides comprehensive health care for children of working families. Children under 19 years of age who are not MIChild eligible and meet the financial guidelines may be eligible for Healthy Kids. Healthy Kids is a Medicaid program that provides health care for low-income families and individuals at no cost. This includes pregnant women, babies and children under the age of 19. There are no copayments or deductibles for either of these programs if you are under 21 years of age. Call 1-888-988-6300 for more information or apply online at healthcare4mi.com.

Women, Infants and Children Program

1-800-942-1636

michigan.gov/wic

This program provides nutritious foods, information on healthy eating and referrals to health care for women, infants and children.

2. For adults

The state of Michigan provides medical insurance to low-income adults ages 18 to 64 through the Medicaid program. Contact the Department of Human Services office in your county to find out if you qualify for Medicaid or visit michigan.gov/dhs.

The numbers below can also be used if you need extra help with the Food Assistance Program, referrals to social service and mental health agencies, or if you want to contact Protective Services regarding child or elder abuse. To find out if you are eligible for state and federal programs, visit the Michigan Assistance and Referral Service at mfia.state.mi.us/mars.

Most Medicaid recipients are eligible for transportation assistance for medical appointments. Talk to a caseworker at the Department of Human Services for more information.

Macomb County Department of Human Services

Mt. Clemens – 586-469-7700

Sterling Heights – 586-254-1500

Warren – 586-427-0600

Child and Adult Protective Services

24-hour referral line – 1-877-412-6109

Monroe County Department of Human Services

903 S. Telegraph

Monroe MI 48161

734-243-7200

Oakland County Department of Human Services

Bloomfield Hills Children's District –
248-975-41-800

Madison Heights – 248-583-8700

Pontiac, Saginaw St. – 248-975-5200

Pontiac, Baldwin Road – 248-975-5400

Walled Lake – 248-669-7600

St. Clair County Department of Human Services

220 Fort St.

Port Huron, MI 48060

810-966-2000

Washtenaw County Department of Human Services

22 Center St.

Ypsilanti, MI 48198

734-481-2000

Wayne County Department of Human Services

Twenty-two locations in the Metro

Detroit area; call Central Operations at

313-396-0200 to find the one nearest you

3. For veterans

The U.S. Veterans Administration Agency provides medical services to all military veterans who have served in the United States Armed Forces. The services are either free or require a small fee. Call 1-877-222-8387 for more information on veterans' health benefits or visit va.gov.

Vision services

Eye Care America

1-800-222-EYES (3937)

eyecareamerica.org

Provides referrals to doctors who perform free or low-cost eye exams and surgery to individuals more than 65 years of age.

Lions Club International

lionsclubs.org

The Lions Club distributes eyeglasses to those in need. For more information, visit their website.

Optometric Institute and Clinic of Detroit, Inc.

Cadillac Place in the New Center Area

3044 W. Grand Blvd., Suite 1-253

Detroit, MI 48202

313-872-2060

– Open 9 a.m. to 5 p.m.

Monday through Friday

– Sliding scale available for vision services

Vision USA

1-800-766-4466

– Free eye care program for uninsured, low-income individuals and their families.

– Register by calling the number above or by visiting aoa.org.

Notes



A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association