

Potentially Inappropriate Medication in Older Adults: Independent of Diagnoses or Conditions

2002 BEERS Criteria – Medications with Severity Rating of High

Drug Category	Common Brand Name (generic name)
Amphetamines and Anorexic Agents	Adderall (amphetamine mixture)
	Bontril (phendimetrazine)
	Desoxyn (methamphetamine)
	Dexedrine (dextroamphetamine)
	Didrex (benzphetamine)
	Ionamin (phentermine)
	Meridia (sibutramine)
	Tenuate (diethylpropion)
Androgens	Android / Virilon / Testred (methyltestosterone)
Antiarrhythmics	Cordarone (amiodarone)
	Norpace and Norpace CR (disopyramide)
Antidepressants	Prozac (fluoxetine daily)
	Elavil (amitriptyline)
	Triavil (amitriptyline-perphenazine)
	Limbitrol (amitriptyline-chlordiazepoxide)
	Sinequan (doxepin)
Antidiabetics	Diabinese (chlorpropamide)
Antiemetics	Tigan (trimethobenzamide)
Antihistamines	Benadryl (diphenhydramine)
	Chlor-Trimeton (chlorpheniramine)
	Periactin (cyproheptadine)
	Phenergan (promethazine)
	Polaramine (dexchlorpheniramine)
	Tripelennamine
Atarax / Vistaril (hydroxyzine)	

Drug Category	Common Brand Name (generic name)
Antihypertensives	Adalat / Procardia (nifedipine - short acting)
	Hylorel (guanadrel)
	Ismelin (guanethidine)
	Aldomet (methyldopa)
	Aldoril (methyldopa-hydrochlorothiazide)
Antimicrobials	Macrochantin (nitrofurantoin)
Antiplatelets	Ticlid (ticlopidine)
Antipsychotics	Mellaril (thioridazine)
	Serentil (mesoridazine)
Anxiolytic	Miltown (meprobamate)
Barbiturates	Butisol (butabarbital)
	Nembutal (pentobarbital)
	Seconal (secobarbital)
Benzodiazepines, Long-acting	Doral (quazepam)
	Librium (chlordiazepoxide)
	Paxipam (halazepam)
	Tranxene (chlorazepate)
	Valium (diazepam)
	Dalmane (flurazepam)
	Librium / Librax / Limbitrol (chlordiazepoxide, chlordiazepoxide-clindium, chlordiazepoxide-amitriptyline)
Benzodiazepines, Short-acting (doses)	Ativan (lorazepam) > 3mg
	Halcion (triazolam) > 0.25mg
	Restoril (temazepam) > 15mg
	Serax (oxazepam) > 60mg
	Xanax (alprazolam) > 2mg
Gastrointestinal Antispasmodic Drugs	Bentyl (dicyclomine)
	Donnatal and others (belladonna alkaloids)
	Levsin / Levsinex (hyoscyamine)
	Pro-Banthine (propantheline)
	Librax (clindium-chlordiazepoxide)
Laxatives	Cascara Aromatic (cascara sagrada)
	Dulcolax (bisacodyl)
	Neoloid (castor oil)
	Mineral Oil

Drug Category	Common Brand Name (generic name)
Muscle Relaxants and Antispasmodics	Norflex (orphenadrine)
	Ditropan (oxybutynin) regular release
	Flexeril (cyclobenzaprine)
	Parafon Forte DSC (chlorzoxazone)
	Robaxin (methocarbamol)
	Skelaxin (metaxalone)
	Soma (carisoprodol)
Narcotic Analgesics	Talwin (pentazocine)
	Demerol (meperidine)
NSAIDS	Anaprox / Aleve (naproxen sodium)
	Daypro (oxaprozin)
	Feldene (piroxicam)
	Indocin and Indocin SR (indomethacin)
	Naprosyn (naproxen)
	Toradol (ketorolac)
Thyroid Replacement	Armour Thyroid (desiccated thyroid)