

Let your genetics be a guide to medications that may work best for you



Your genes can play a role in how well you respond to medications. While each person is unique in how their body processes medications, you can help health care providers find the right medication that may work best for you with a simple test.

Blue Cross Personalized MedicineSM includes the RightMed[®] Test, genetic testing and analysis through OneOme[®], a pharmacogenomics, or PGx, company co-founded by the Mayo Clinic. With a single test, you can feel confident that your treatment is tailored specifically for you and may reduce the risk of any harmful side effects or drug interactions. And there's no cost to you.

The following example can help explain how:

OneOme reviews medications

OneOme reviews Mary's medications and diagnoses. They show she may benefit from pharmacogenomics, or PGx, testing.

Mary takes test Mary completes a simple cheek swab and sends her sample in

for testing.

PGx pharmacist evaluates risks and side effects

Further review identifies that Mary is at risk for side effects. She's taking a high dose of citalopram along with an interacting medication that can cause a serious abnormal heart rhythm.

Primary care provider writes new prescription

Mary and her doctor discuss her results and agree with the recommendation. Her doctor changes Mary's treatment from citalopram to fluoxetine (Prozac®). Mary is happy to know she has avoided a serious reaction.



age 55

Mary takes citalopram (Celexa®) to manage her depression

BCN notifies patient and primary care provider BCN notifies them that Mary's been selected for Blue Cross Personalized

Medicine. She requests a test kit from OneOme that her doctor authorizes.

OneOme processes test

A PGx pharmacist reviews Mary's results against current medications to identify any interactions. The results show Mary is less likely to benefit from citalopram.

Pharmacist alerts primary care provider

The pharmacist alerts Mary's doctor and recommends a safer, more effective alternative antidepressant for her.

OneOme RightMed Test: What to know

Developed by our trusted partner OneOme, the RightMed Test is:

Doctor-prescribed

No cost

There's no cost to you if you're selected for our program.

99% accurate

Genetic testing and lab results are backed by the scientific methods of pharmacogenomics, laboratory and health data experts.

Confidential

Blue Care Network or your employer won't have access to your test results.*

Safe and secure

OneOme complies with all local, state and federal privacy laws.

*OneOme shares your test results only with you, your doctors and a PGx pharmacist through OneOme's secure website. Blue Care Network and your employer aren't involved in the test process and won't have access to the results. The test results won't affect your health care coverage. The PGx pharmacist, you and your prescribing health care provider will determine and agree on any recommended changes.

Questions?

Go to www.myrightmed.com/bcbsm

Or, contact our program administrator, OneOme, directly. Email *support@OneOme.com* or call **1-844-663-6635**.

BCN AdvantageSM is an HMO and HMO-POS plan with a Medicare contract. Enrollment in BCN Advantage depends on contract renewal.

OneOme is an independent company supporting Blue Cross Blue Shield of Michigan and Blue Care Network by providing services related to genetic testing.

Blue Care Network is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.